



PUBLIC SERVICE PHONE NUMBERS

Call 911 for emergency services

Call 311 for non-emergency services

CHILDREN AND YOUTH SERVICES

FOOD ASSISTANCE

**My CHI. My Future.**

<https://explore.mychimymyfuture.org/>

My CHI. My Future. is a citywide initiative to connect every young person in the city to meaningful out-of-school opportunities. Explore the website and download the mobile app for more information.

**Healthy CPS Hotline**

773-553-5437

The Children and Family Benefits Unit (CFBU) provides families with social services support, including Medicaid and SNAP enrollment. CFBU can connect you to free and low-cost food, healthcare, and emergency resources to keep your family healthy and safe.

**Greater Chicago Food Depository Benefits Hotline**

773-843-5416

The Greater Chicago Food Depository benefits hotline helps people access SNAP, Medicaid, & other benefits programs.

**La Casa Norte's Fresh Market**

773-246-4900 | 3533 W. North Ave

Offers food pantry services between 11:00 AM and 2:00 PM on Monday, Tuesday, and Wednesday

COMMUNITY SERVICE CENTERS

HEALTH AND WELLNESS

**Trina Davila Community Service Center**

312-744-2014 | 4300 West North Avenue

Community Service Centers help individuals and families in need access a wide range of resources from shelter, food and clothing to domestic violence assistance, job training/placement & services for the formerly incarcerated.

**Cook County Belmont Cragin Health Center**

773-395-7400 | 5501 W. Fullerton Ave.

The Belmont Cragin Health Center is operated through Cook County in Chicago and provides primary health care and supportive services regardless of a patient's ability to pay.

**Planned Parenthood – Wicker Park**

773-468-1600 | 11250 S. Halsted

Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care.

DOMESTIC VIOLENCE SUPPORT

HOUSING AND SHELTERS

**Illinois Domestic Violence Hotline**

1-877-863-6338

24-hour, toll-free hotline that provides confidential connection to domestic violence and community-based services. Bilingual and bi-cultural Spanish speaking support, as well 240 other languages, is available.

*If you're experiencing homelessness, you should call 311*

**La Casa Norte – Casa Corazon North Youth Drop-In Center**

773-246-4900 | 3533 W. North Ave

La Casa Norte provides youth and families confronting homelessness with access to housing and comprehensive support services. For more information on youth shelters and services, visit <https://www.streetlightchicago.org>

## JOB TRAINING

### **The Chicago Cook Workforce Partnership**

800-720-2515

The Partnership operates the largest publicly-funded workforce development system in the nation, serving Chicago and Cook County. Through a network of more than 90 agencies, The Partnership helps people find the training and career opportunities they seek. All services are free.

### **Association House of Chicago**

773-772-7170 | 1116 N. Kedzie Ave

Provides job training, coaching, and job placement services for under-employed and unemployed individuals. Provides all services in both English and Spanish.

## MENTAL HEALTH

*If you're experiencing a mental health crisis, call 988*

### **988**

988 is the new national hotline staffed 24/7 for individuals experiencing mental health distress. Phone and text support is available.

### **Thresholds**

773-572-5500 | [intake@thresholds.org](mailto:intake@thresholds.org)

Thresholds provides a comprehensive array of clinical services and supports for people with mental illness. Thresholds serves all clients regardless of ability to pay. If you or a loved one is in need of more information about Threshold's services, please contact their central intake line.

## SENIOR SERVICES

### **Chicago Senior Services Hotline**

213-744-4016

By placing a call to the Senior Services Hotline, an older person or caregiver can receive information about all of the support services offered by the Chicago Department of Family and Support Services.

### **Northwest (Copernicus) Senior Center**

312-744-6681 | 3160 N. Milwaukee Avenue

DFSS Senior Centers serve as community focal points that connect seniors to social, recreational, economic, and educational resources that enhance the quality of their lives.

## OTHER COMMUNITY RESOURCES

### **Humboldt Park Branch – Chicago Public Library**

312-744-2244 | 1605 N Troy St

### **14<sup>th</sup> District Police Station – Shakespeare**

312-744-8290 | 2150 North California Ave