




Commissioner Julie Morita, M.D.
January 15, 2019



Today's Agenda

1. Chicago's Public Health History
 2. Building a Healthier Chicago: Recent Successes
 3. Improving Health: Policy, Systems &
Environmental Changes
 4. What's Next?
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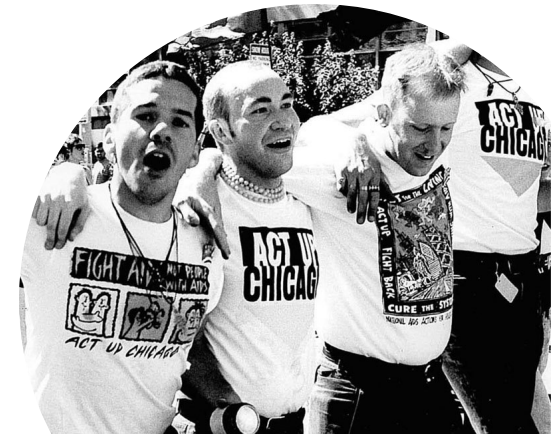
Chicago's Public Health History

- **1834: Board of Health formed to combat cholera**
- **1837: City of Chicago incorporated**
- **1855: Chicago's first sewers constructed**
- **1869: Board of Health instituted vaccine requirements**
- **1900: Flow of Chicago River reversed**
- **1909: Chicago required milk pasteurization**
- **1922: City launched first venereal disease campaign**

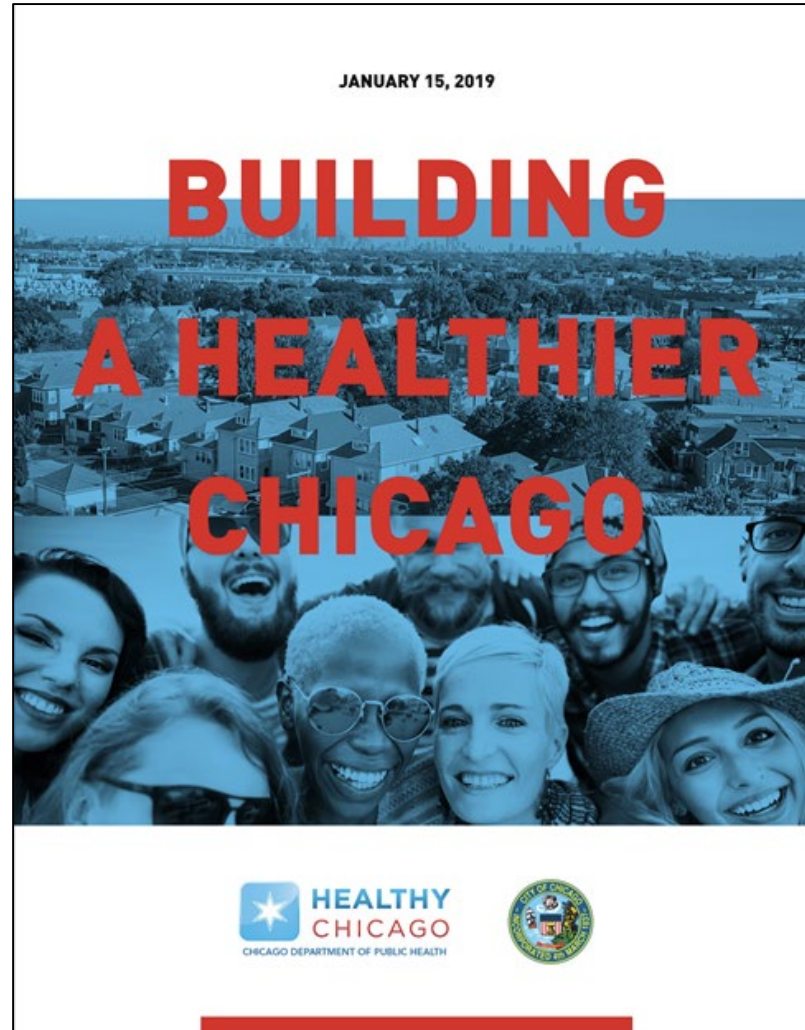


Chicago's Public Health History

- **1959: First mental health clinic opened**
- **1970: First primary care clinic opened**
- **1991: Federally Qualified Health Centers created**
- **2010: Affordable Care Act passed with increased FQHC funding**
- **2012: CDPH partnered with FQHCs and consolidated mental health services**
- **2016: Healthy Chicago 2.0 published**

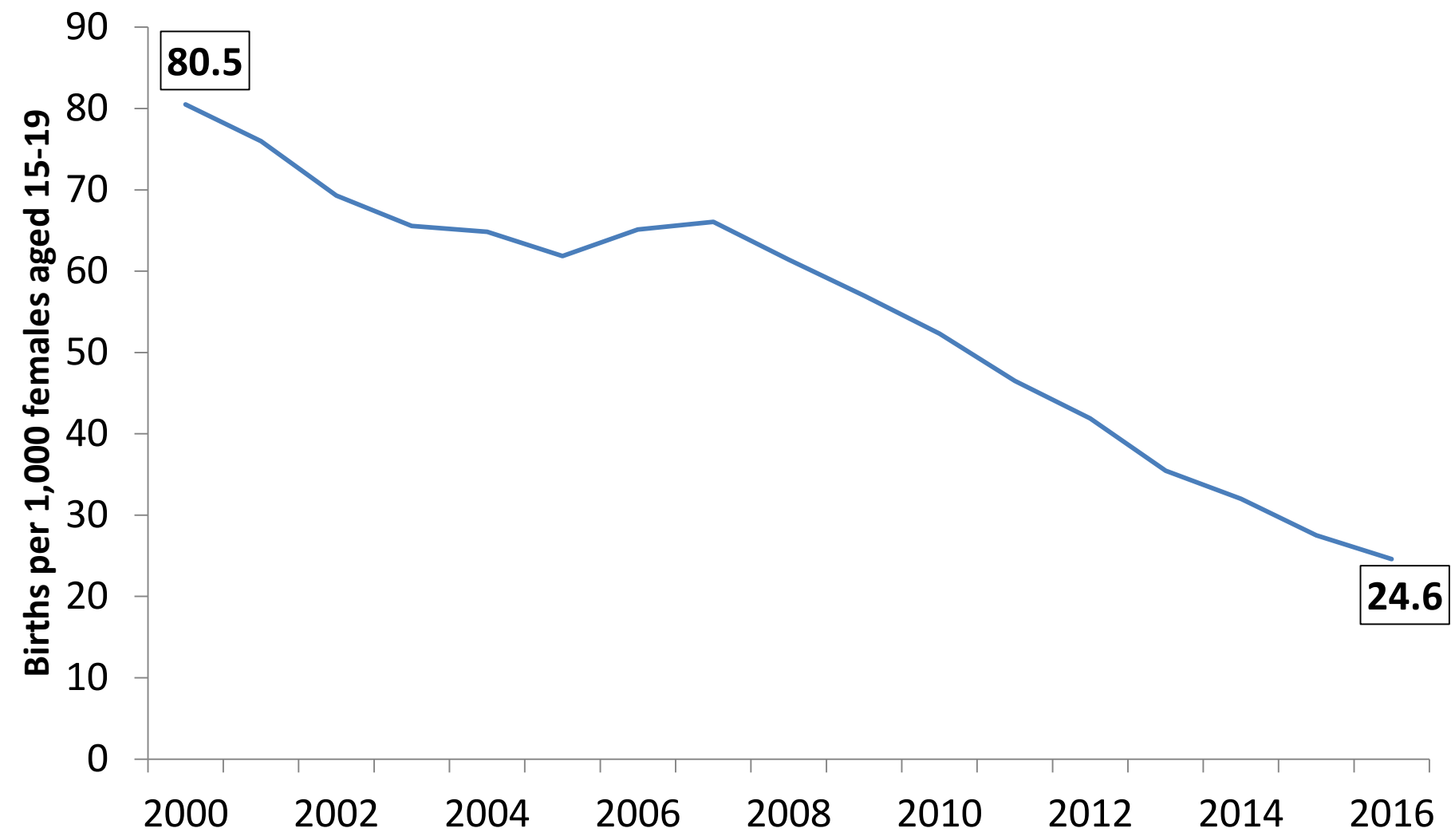


Recent Successes

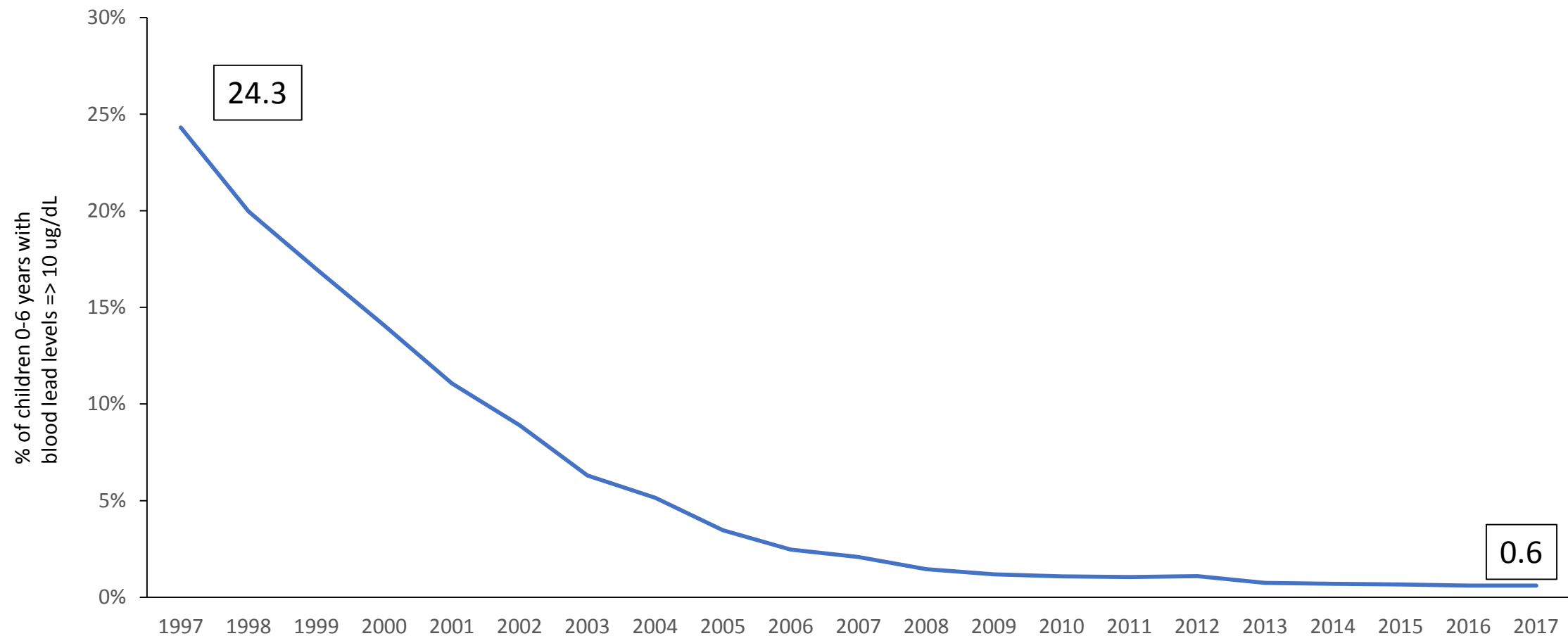




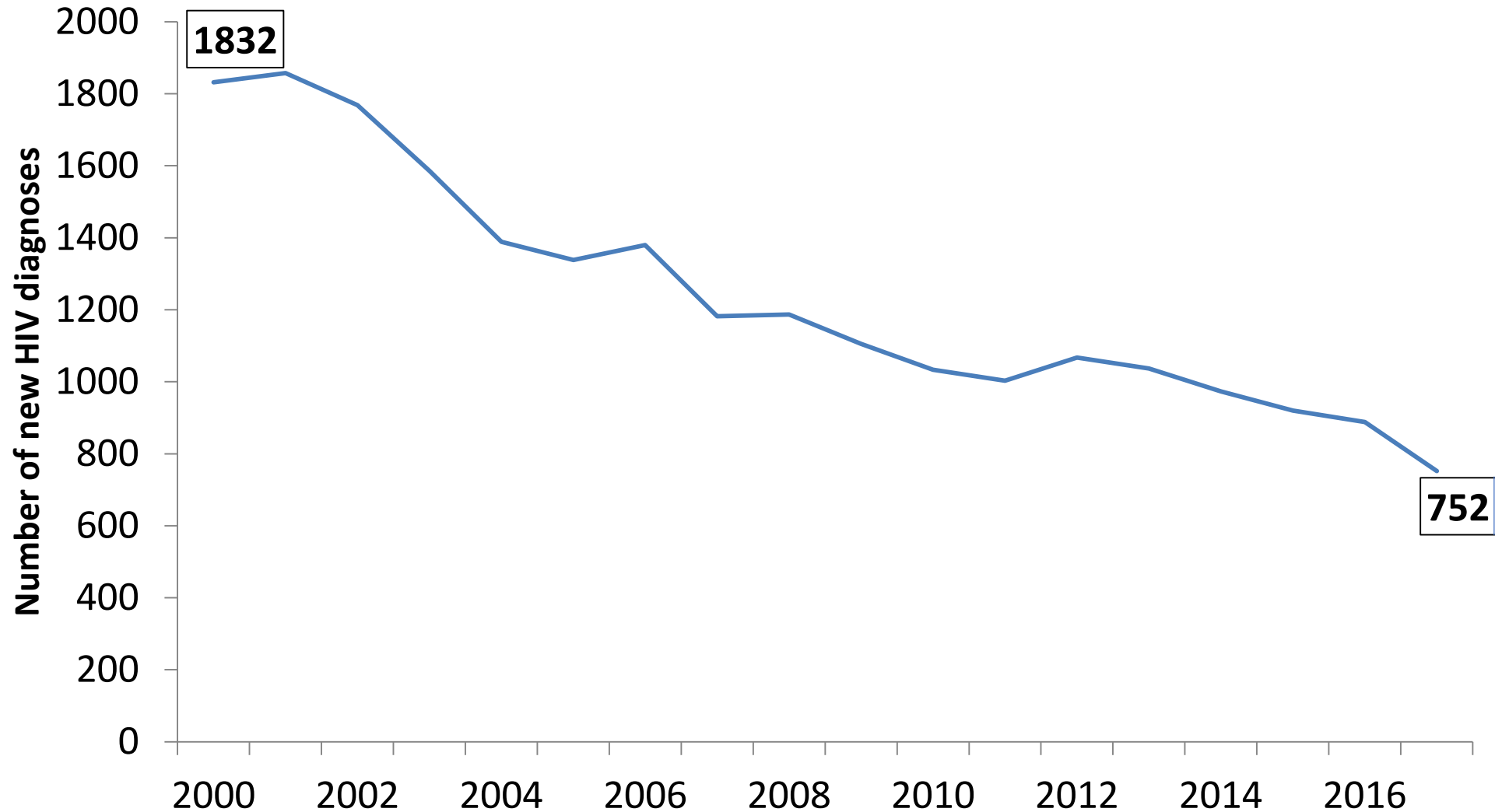
Birth Rate for Chicago Teens, 2000-2016



Percent of Chicago Children with Elevated Blood Lead Levels 1997-2017

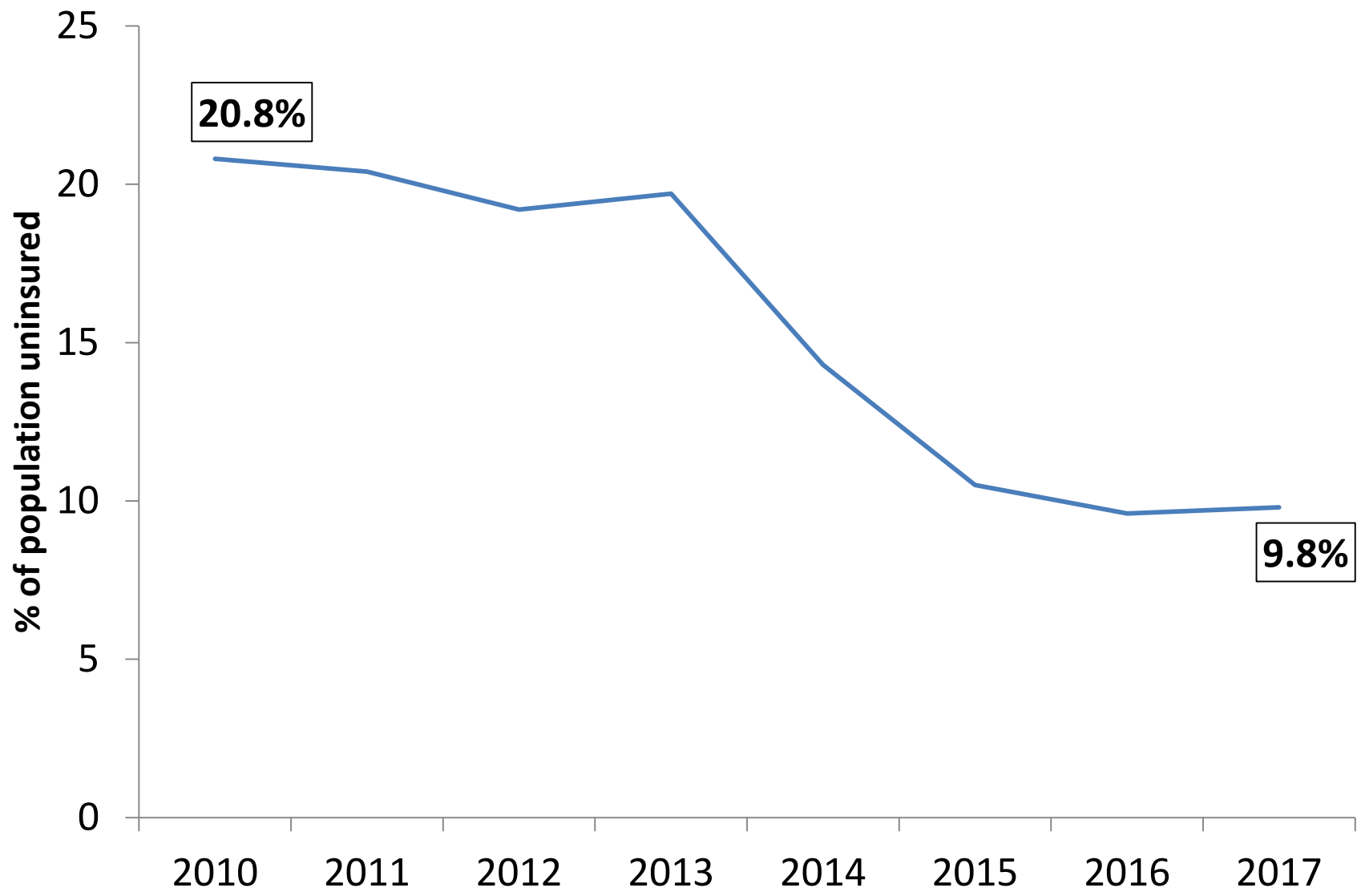


Chicagoans Newly Diagnosed with HIV, 2000-2017



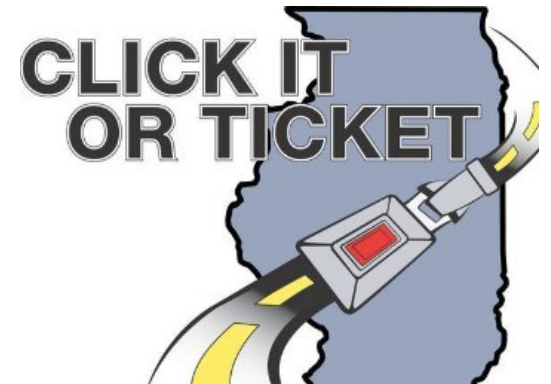


Percent of Uninsured Chicagoans, 2010-2017



Public Health Approach for Improving Health

Policy, systems and environmental change



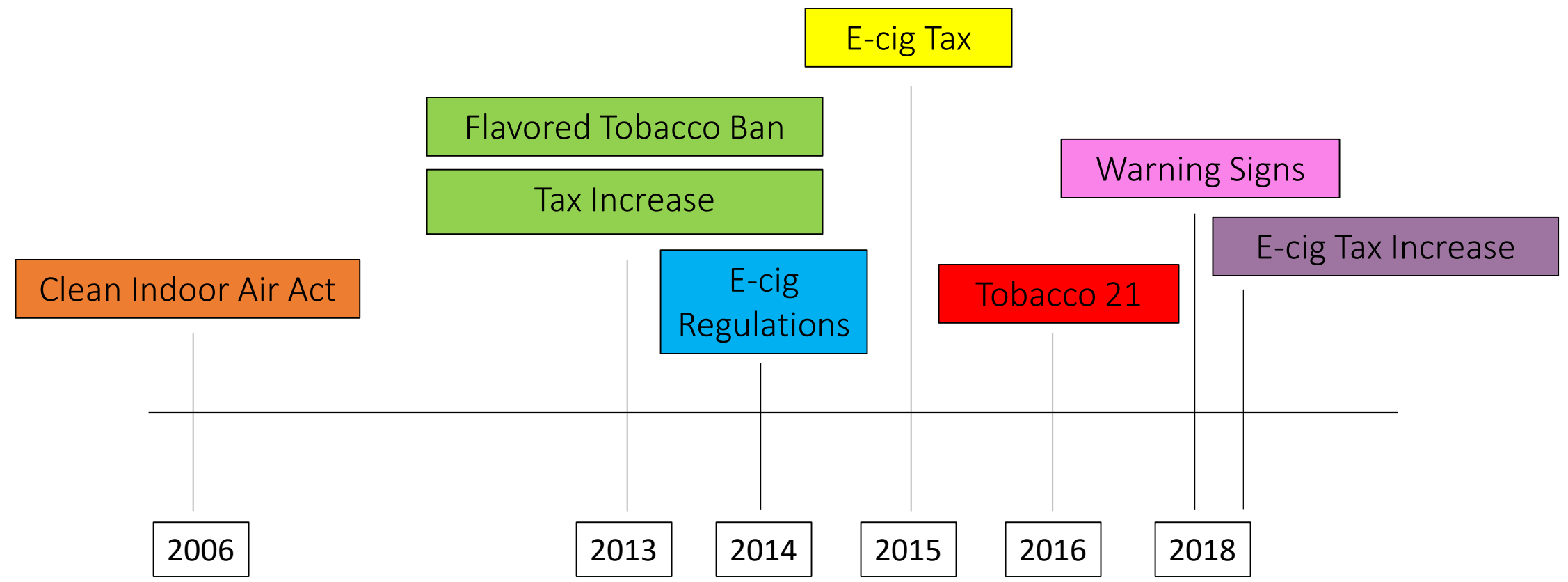


Improving Health through Policy Changes

**Make tobacco less affordable, less accessible
and less attractive to children**



City Policies to Prevent Tobacco Use



It takes a city – our partners



BOYS & GIRLS CLUBS OF CHICAGO

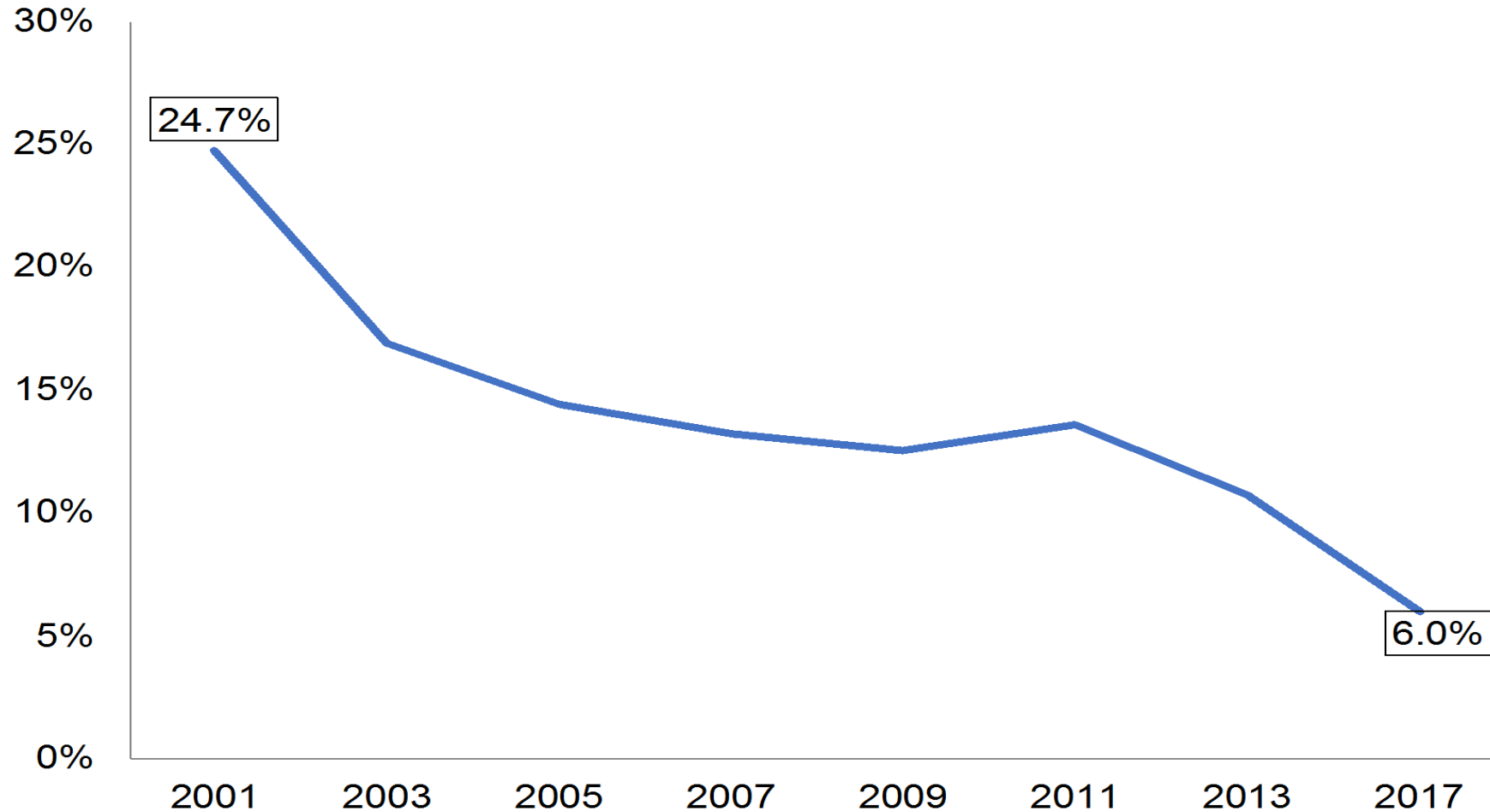


THE UNIVERSITY OF CHICAGO MEDICINE

CENTER ON 3656 N. HALSTED



Percent of Chicago High School Students Currently Smoking, 2001-2017



Improving Health through System Changes

Increase access to school health services

Improving Chicago's mental health system



Increasing cigarette and e-cigarette taxes makes tobacco products less affordable for children and generates revenue to support health services for children.

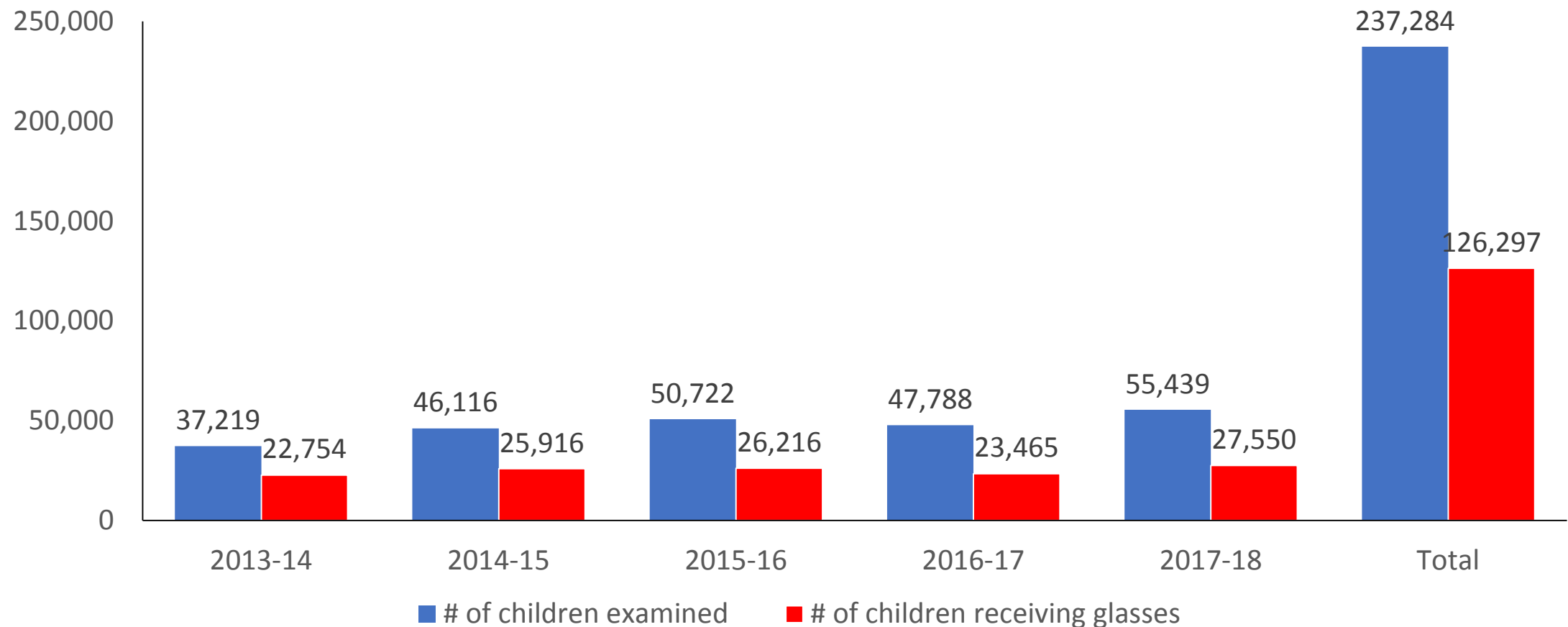


School Based Vision Program



Many CPS students lack access to vision care
In 2011, 9% of CPS kindergarteners had the required vision
exam

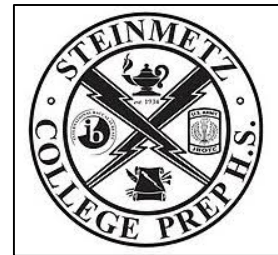
School Based Vision Program: Number of Students Receiving Services, 2013- 2018



It takes a city – our partners



New School Based Health Centers, 2015-2019



Improving Health through Systems Changes

Increase access to school health services

Improving Chicago's mental health system

National Policy Impacts Local Mental Health System

- **Affordable Care Act**

- More than 2.4 million (90%) of Chicagoans insured
- Increased funding for Federally Qualified Health Centers and required them to expand mental health services

- **Federally Qualified Health Centers (FQHCs)**

- Provide comprehensive primary and preventive care, including behavioral services regardless of patients' ability to pay
- Number of sites increased by > 80%

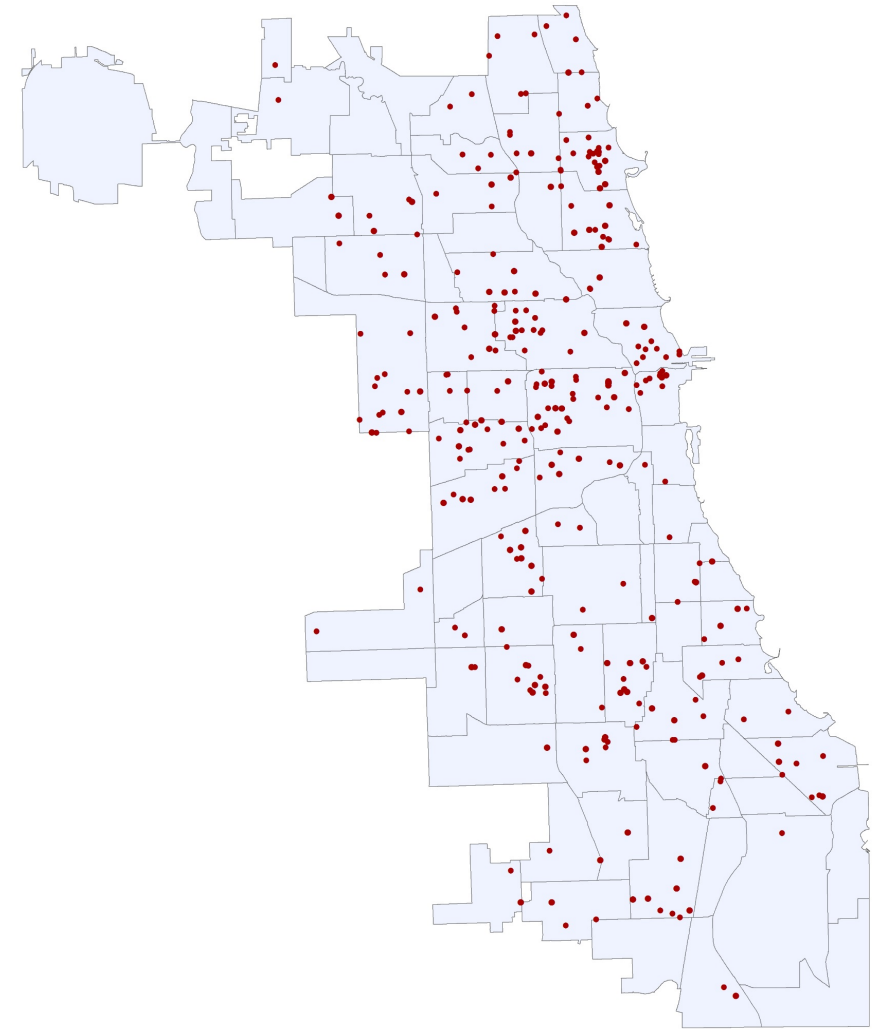


Chicago FQHCs



Mental Health: CDPH's New Role

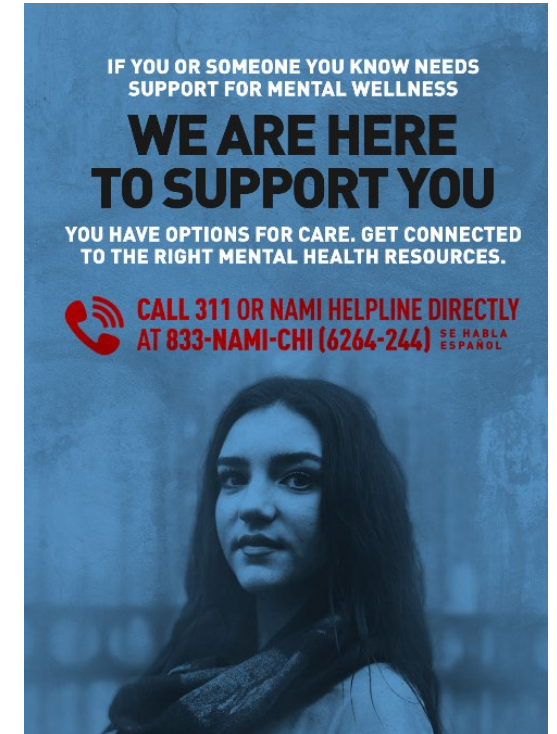
- Defining the System
 - More than 250 sites across the city
 - Includes FQHCs (> 60), hospitals and clinics
- Identifying Gaps
 - Mental illness stigmatized
 - Residents don't know where to get care
 - Residents are worried about healthcare costs
- Optimizing CDPH services
 - Providing services for most vulnerable



Mental Health Facilities in Chicago

Filling the Gaps, 2019

- Expansion of 311/NAMI Helpline
 - Expands weeknights and weekend hours
 - Provides additional language options
 - Strengthens resource directory
- Walk-in crisis counseling and psychiatry services
 - Supports communities in need of services
 - Supports expansion of capacity at existing FQHCs
- Support community mental health response for traumatic events
 - Fulfills community, church and aldermanic requests



Linking Residents to Services

NAMI Helpline: 833-NAMI-CHI

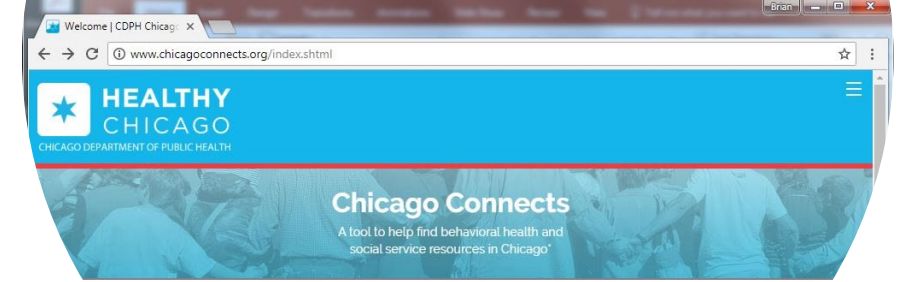
Navigation and support for individuals and families

ChicagoConnects.org

Find and connect to a provider near you

OvercomeOpioids.org

Destigmatize and understand how to recognize and recover from opioid addiction

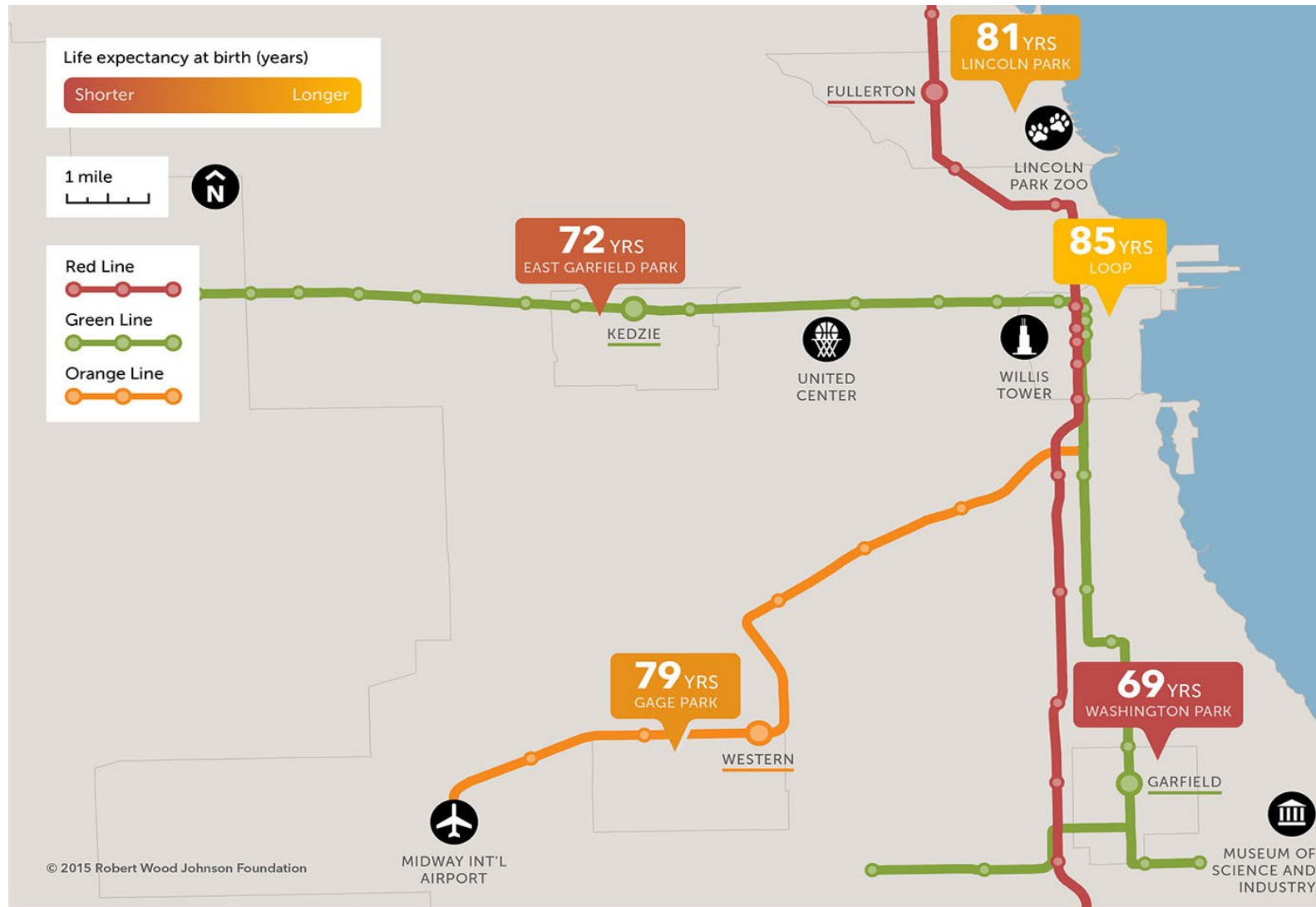




Improving Health through Environmental Changes

Addressing Root Causes of Health

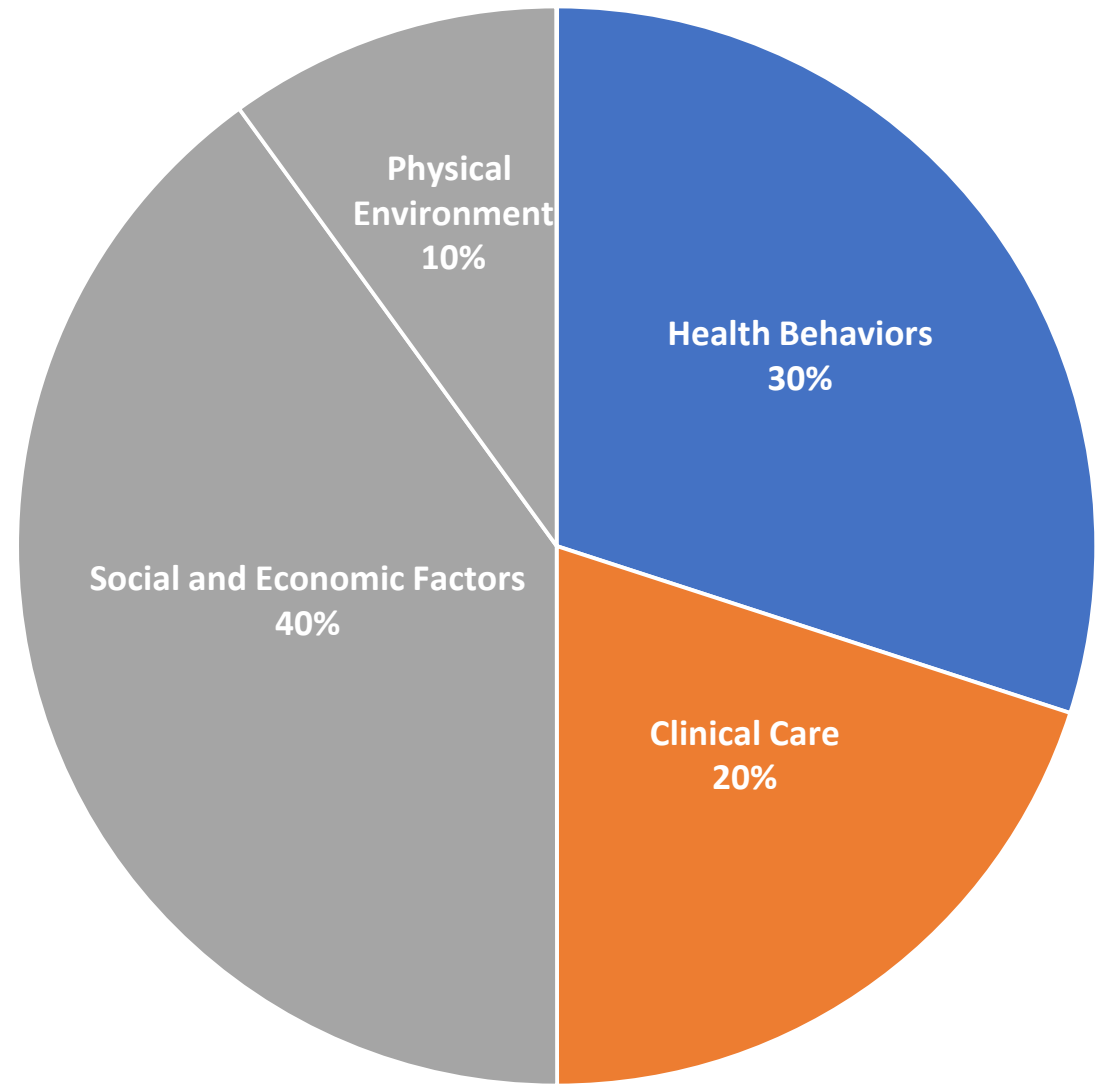
Average Life Expectancy, Select Chicago Communities, 2010





Factors Affecting Length and Quality of Life

Root Causes





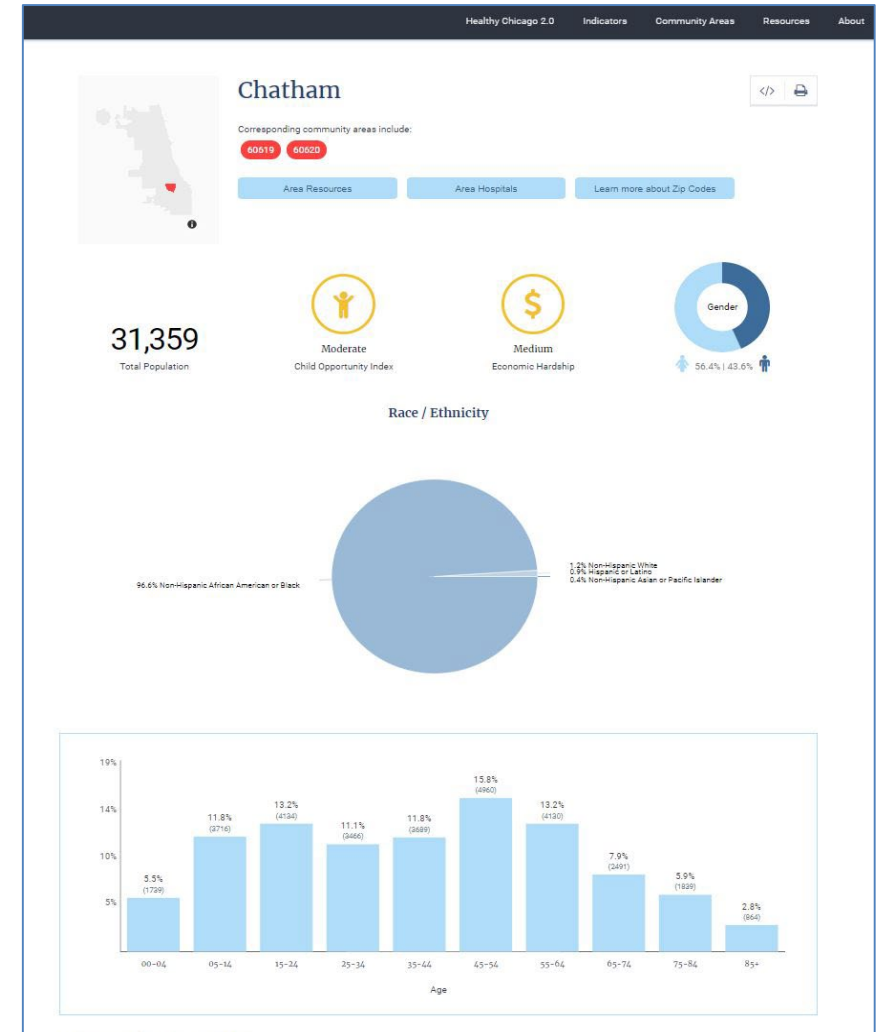
Prioritizes Health Equity

- Leveraging Data
- Emphasizing Collaboration
- Prioritizing Root Causes

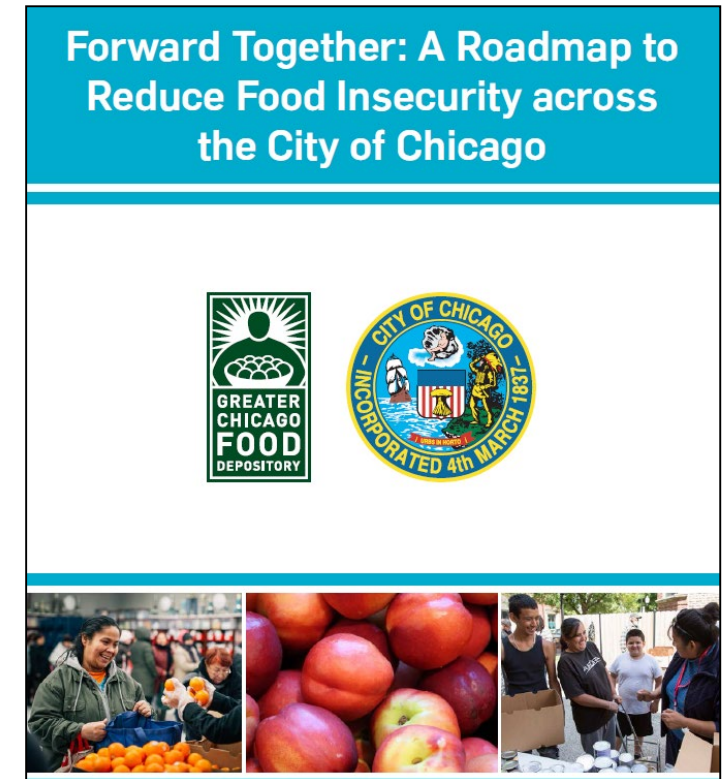
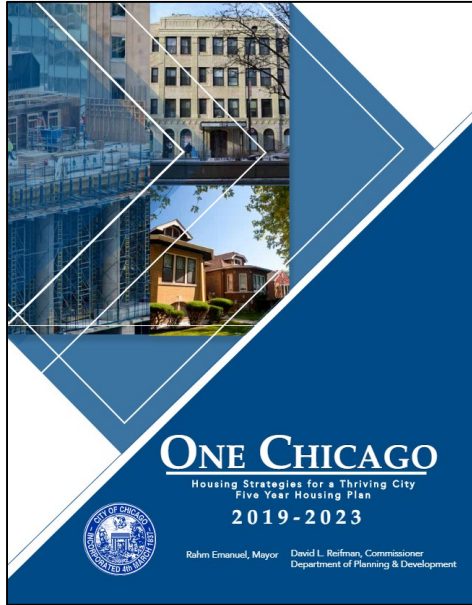
Leveraging Data

www.ChicagoHealthAtlas.org

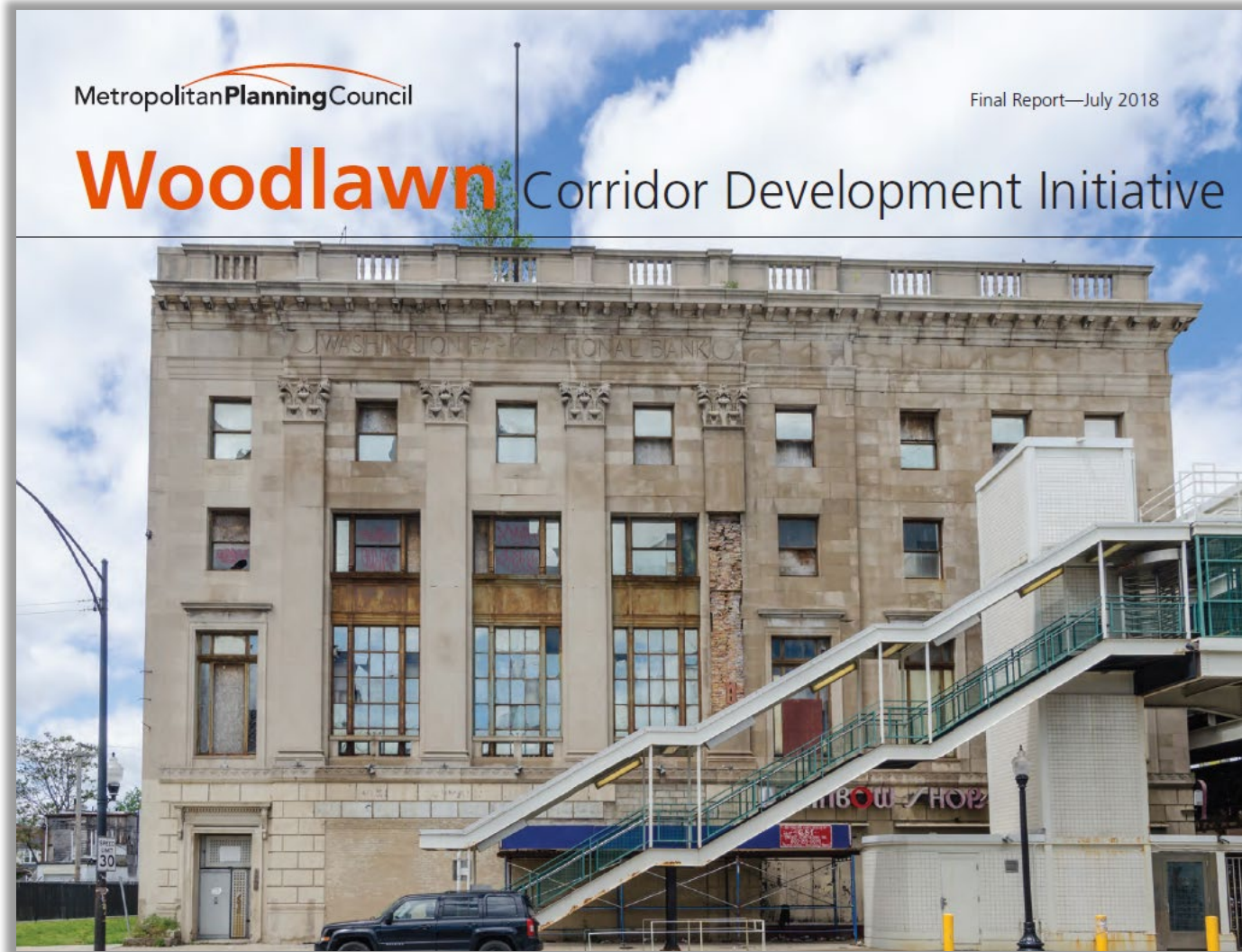
- Open-source public health data for over 150 indicators
- See how health changes across groups, over time and in different neighborhoods



Emphasizing Collaboration: City Agencies

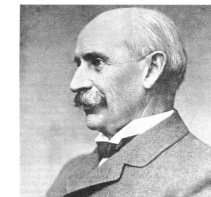
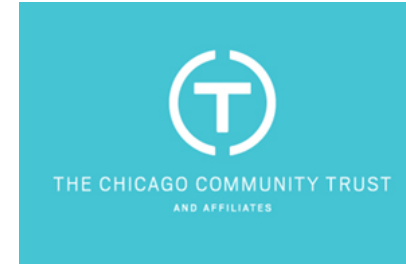


Prioritizing Root Causes: Community Development



Prioritizing Root Causes: Housing

Flexible Housing Pool



The Otho S. A. Sprague Memorial Institute





What's Next?





Ongoing Challenges

Obesity

Opioids

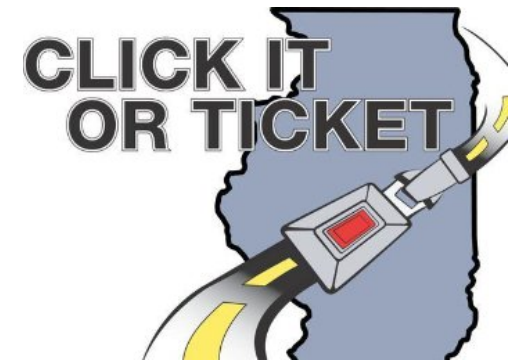
Infant Mortality

Violence



Public Health Approach for Addressing the Root Causes of Health

Policy, systems and environmental change



A dark, nighttime photograph of the Chicago skyline, featuring several prominent skyscrapers with illuminated windows and architectural details. The image is used as a background for the text.

***“Talent wins games, but teamwork...
wins championships.”***

- Michael Jordan



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www.CityofChicago.org/Health