\* \* \* Vanessa - F, 34

## Help 9-1-1 and first responders better assist you during a crisis.

If you are experiencing a behavioral health emergency, you may find it easier to communicate with safety professionals by way of SMS text message. Sign up for a Safety Profile and include any mental health information you feel is important for 9-1-1 so first responders can communicate and assist you during these difficult times. The Safety Profile is free, private, and secure and visible only when 9-1-1 is contacted.

## You can provide 9-1-1 key details such as:

