## City of Chicago Department of Public Health Epidemiology Program Report

# BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM (BRFSS): CHICAGO REFERENCE TABLES 1999 

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# Behavioral Risk Factor Surveillance System (BRFSS): Chicago Reference Tables 1999 <br> Gillian Sheehy, M.P.H. <br> Sandra Thomas, M.D., M.S. 

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## INTRODUCTION AND METHODS

## Introduction

The Behavioral Risk Factor Surveillance System (BRFSS) is a collaboration between the U.S. Centers for Disease Control and Prevention (CDC) and state health departments. This system was designed to gather locally relevant information on health related behaviors related to the leading causes of death in the US. It has expanded to include data on the prevalence of selected health conditions, and access to health services. Each state has options for sample design and data collection within parameters set by CDC.

## Methods

The BRFSS is a telephone based survey system of non-institutionalized adults. The survey is in the field on a continual basis. A probability sample of telephone numbers is generated on a quarterly basis, and provides the sampling frame for identifying eligible households. States conduct interviews during each month in accordance with a prescribed protocol, and incorporate surveillance results into computer files. States edit and correct completed interviews each month. Data are aggregated and tabulated on an annual basis. The data are weighted prior to tabulation and analysis. Weighting data corrects for study design features and variation of the age/race/sex subgroups between the sample and the general population. Weighting allows inferences to be drawn about the entire adult population from the sample of interview respondents.

In Illinois, the state is stratified into 5 regions: Chicago, suburban Cook County, Collar Counties, other Urban Counties, and Rural Counties. The sampling process described above is performed within each region during the data collection phase, and region-specific weights are developed post-collection. These techniques allow valid statistics to be generated for each region, in addition to statewide statistics.

The BRFSS survey instrument is organized in a modular fashion. The five sections are:

1. Fixed Core
2. Two Rotating Cores
3. Optional Modules
4. Emerging Core
5. State-Added Questions

BRFSS: Chicago Reference Tables 1999 Pg. 2
The fixed core is used in all states every year, the rotating cores are used in all states in an alternating fashion- one form is used for odd numbered years, the other form is used for even numbered years. Optional modules are standardized sets of questions on a wide variety of issues available for states to use based on their needs. The emerging core is used to add questions of topical interest, and to evaluate questions for potential use in future surveys. StateAdded questions are unique to each jurisdiction and can be used to cover questions that are not addressed elsewhere in the survey.

Since 1994, the BRFSS in Illinois has varied from the standard methodology by using two forms of the questionnaire. Respondents are randomly allocated to either form. One contains the rotating core for the current year and the other contains the rotating core for the previous year.

The data for the analyses presented in this volume are extracted from BRFSS files provided by the Illinois Department of Public Health (IDPH) for the Chicago stratum. Each questionnaire item was examined for non-response or non-valid response percentages. All items were found to have sufficient valid response rates for further analysis. Frequency tables with percentages were generated for each item. Percentages were based on the universe of valid responses, not the entire respondent pool. Since the Chicago stratum has a much smaller sample size than the statewide sample, responses for many items were collapsed into categories (based on literature review and local needs) to improve the validity and stability of the estimates. The response categories used in this volume may vary from other reports that use BRFSS data. Data are weighted with the appropriate local weights, except for several items which were not weighted due to limited sample size. IDPH may continue to adjust weighting factors, as such frequencies, percents, and unweighted counts may differ between IDPH and CDPH publications.

This volume is organized into sections containing related items. The text for each item is presented, and the skip pattern is defined (for relevant questions). The percentage, weighted frequency and unweighted frequency for each response category for the item are then listed. For questions that were not asked of the entire sample, the frequencies reported will not total to the (estimated) Chicago adult population. Due to rounding, the reported frequencies for a question may not total to 100 percent.

## DEMOGRAPHICS

SEX

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Male | 882,096 | $47 \%$ | 203 |
| Female | $1,003,061$ | $53 \%$ | 353 |

## Age Groups

| $18-24$ year olds | 248,957 | $13 \%$ | 55 |
| :--- | :--- | :--- | ---: |
| $25-34$ year olds | 427,400 | $23 \%$ | 181 |
| $35-44$ year olds | 429,500 | $23 \%$ | 123 |
| $45-54$ year olds | 288,900 | $15 \%$ | 74 |
| $55-64$ year olds | 196,900 | $10 \%$ | 41 |
| $65+$ | 293,500 | $16 \%$ | 82 |

## Age Groups

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| $18-24$ year olds | 248,957 | $13 \%$ | 55 |
| $25-44$ year olds | 856,900 | $45 \%$ | 304 |
| $45-64$ year olds | 485,800 | $26 \%$ | 115 |
| $>=65$ years | 293,500 | $16 \%$ | 82 |

[^0]BRFSS: Chicago Reference Tables 1999 Pg. 4

## Racial Categories

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| White | $1,090,481$ | $58 \%$ | 324 |
| Black | 682,586 | $36 \%$ | 203 |
| Asian, Pacific Islander | 84,807 | $4.5 \%$ | 22 |
| Native American | 1,820 | $.1 \%$ | 1 |
| Other | 25,462 | $1.4 \%$ | 6 |

## Racial Categories

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| White | $1,090,481$ | $58 \%$ | 324 |
| Non-White | 794,676 | $42 \%$ | 232 |

## Hispanic ORIGIN

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 316,514 | $17 \%$ | 105 |
| No | $1,567,033$ | $83 \%$ | 450 |

## Household Income

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Less than $\$ 15,000$ | 212,376 | $13 \%$ | 67 |
| $\$ 15-35,000$ | 339,292 | $20 \%$ | 105 |
| $\$ 35-50,000$ | 488,004 | $30 \%$ | 163 |
| More than $\$ 50,000$ | 612,046 | $37 \%$ | 161 |

[^1]
## Education Level

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Less than high school | 206,953 | $11 \%$ | 70 |
| High school graduate | 572,666 | $30 \%$ | 154 |
| Some college | 501,174 | $27 \%$ | 136 |
| College grad | 604,364 | $32 \%$ | 196 |

## Employment Groups

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Employed | $1,186,975$ | $63 \%$ | 374 |
| Out of work | 149,894 | $8 \%$ | 31 |
| Homemaker/student | 209,213 | $11 \%$ | 56 |
| Retired/unable | 339,075 | $18 \%$ | 95 |

## Marital Status

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Married | 842,694 | $45 \%$ | 198 |
| Widowed | 164,945 | $9 \%$ | 53 |
| Divorced/separated | 212,128 | $11 \%$ | 89 |
| Never married | 595,729 | $32 \%$ | 192 |
| Unmarried couple | 64,408 | $3 \%$ | 22 |

## Household Type

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One adult, no children | 322,039 | $17 \%$ | 166 |
| One adult, with children | 76,732 | $4 \%$ | 53 |
| $>1$ adult, no children | 815,619 | $43 \%$ | 188 |
| $>1$ adult, with children | 667,124 | $36 \%$ | 148 |

[^2]BRFSS: Chicago Reference Tables 1999 Pg. 6
Number of Adults

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| 1 | 398,771 | $21 \%$ | 219 |
| 2 | 813,927 | $43 \%$ | 231 |
| 3 | 428,951 | $23 \%$ | 75 |
| 4 | 180,387 | $10 \%$ | 25 |
| 5 | 14,942 | $1 \%$ | 2 |
| 6 | 32,004 | $2 \%$ | 3 |
| 7 | 16,176 | $1 \%$ | 1 |

## Number of Men

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| 0 | 133,100 | $9 \%$ | 37 |
| 1 | 851,236 | $57 \%$ | 220 |
| 2 | 366,783 | $25 \%$ | 62 |
| 3 | 113,697 | $8 \%$ | 16 |
| 4 | 21,571 | $2 \%$ | 2 |

## Number of Women

|  | Frequency |
| :--- | ---: |
| 0 | 92,214 |
| 1 | 935,020 |
| 2 | 321,178 |
| 3 | 125,231 |
| 4 | 12,743 |

Percent
6\%
63\%
22\%
8\%
1\%

Unweighted Count 23 225 71 17

1

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## Total Number of Children

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| 0 | $1,137,658$ | $60 \%$ | 354 |
| 1 | 295,557 | $16 \%$ | 79 |
| 2 | 271,663 | $14 \%$ | 73 |
| 3 | 117,074 | $6 \%$ | 31 |
| 4 | 41,954 | $2 \%$ | 12 |
| 5 | 6,372 | $.3 \%$ | 1 |
| 6 | 11,235 | $.6 \%$ | 5 |

## Number of Children Age 0-4



| Percent | Unweighted Count |
| ---: | ---: |
| $80 \%$ | 450 |
| $15 \%$ | 75 |
| $5 \%$ | 29 |
| 0 | 0 |
| $.2 \%$ | 1 |

Number of Children Age 5-12

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| 0 | $1,460,509$ | $78 \%$ | 437 |
| 1 | 272,981 | $15 \%$ | 80 |
| 2 | 102,407 | $5 \%$ | 26 |
| 3 | 38,029 | $2 \%$ | 9 |
| 4 | 5,977 | $.3 \%$ | 2 |
| 5 | 1,610 | $.1 \%$ | 1 |

[^3]
## Number of Children Age 13-17

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| 0 | $1,602,743$ | $85 \%$ | 482 |
| 1 | 216,810 | $12 \%$ | 56 |
| 2 | 59,288 | $3 \%$ | 15 |
| 3 | 2,672 | $.1 \%$ | 2 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## GENERAL HEALTH STATUS

## Perception of Health

Would you say that in general your health is: [please read]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Excellent/very good | $1,047,943$ | $56 \%$ | 300 |
| Good/fair | 750,529 | $40 \%$ | 228 |
| Poor | 81,861 | $4 \%$ | 27 |

## Days Physical Health Not Good

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| $1,241,089$ | $66 \%$ | 356 |
| 380,135 | $20 \%$ | 120 |
| 252,349 | $14 \%$ | 77 |

## Days Mental Health Not Good

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Frequency

| None | $1,219,445$ | $65 \%$ | 351 |
| :--- | ---: | ---: | ---: |
| $1-7$ days | 438,256 | $23 \%$ | 138 |
| $8-30$ days | 216,359 | $12 \%$ | 64 |

[^4]BRFSS: Chicago Reference Tables 1999 Pg. 10

## Days Health Limited Usual Activities

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

## Frequency <br> Percent Unweighted Count

| None | 557,122 | $58 \%$ | 170 |
| :--- | ---: | :--- | ---: |
| $1-7$ days | 254,278 | $26 \%$ | 89 |
| $8-30$ days | 157,089 | $16 \%$ | 42 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## HEALTH CARE: ACCESS/INSURANCE

## Have Health Plan

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMO's, or government plans such as Medicare?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | $1,620,739$ | $86 \%$ | 483 |
| No | 264,418 | $14 \%$ | 73 |

Medicare (people with health coverage)
Medicare is a coverage plan for people 65 or over and for certain disabled people. Do you have Medicare?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 347,353 | $23 \%$ | 103 |
| No | $1,173,265$ | $77 \%$ | 357 |

Type of Health Plan (people with health coverage, excluding Medicare) What type of health care coverage do you use to pay for most of your medical care? [please read]

Frequency

| Your employer | 878,155 | $69 \%$ | 271 |
| :--- | ---: | ---: | ---: |
| Someone else's employer | 173,954 | $14 \%$ | 49 |
| Plan bought on own | 108,772 | $8.5 \%$ | 23 |
| Medicare | 26,206 | $2 \%$ | 6 |
| Medicaid or Assistance | 32,883 | $3 \%$ | 16 |
| Military/CHAMPUS/TriCare/VA | 29,836 | $2 \%$ | 6 |
| Some other source | 17,320 | $1.5 \%$ | 7 |

[^5]BRFSS: Chicago Reference Tables 1999 Pg. 12
Time during Last Year without Coverage (people with health coverage, excluding Medicare)
During the past 12 months, was there any time that you did not have any health insurance or coverage?

Frequency Percent Unweighted Count

| Yes | 133,174 | $11 \%$ | 37 |
| :--- | ---: | ---: | ---: |
| No | $1,120,600$ | $89 \%$ | 338 |

When last Had a Health Plan (people with no health coverage)
About how long has it been since you had health care coverage?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within past year | 94,034 | $36 \%$ | 24 |
| $>1$ year or never | 169,071 | $64 \%$ | 47 |

## Avoided Doctor Because of Cost

Was there a time during the last 12 months when you needed to see a doctor, but could not because of the cost?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 241,199 | $13 \%$ | 73 |
| No | $1,643,958$ | $87 \%$ | 483 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

# HEALTH CARE: UTILIZATION/SCREENING 

## A. General Health Care

## Last Routine Checkup

About how long has it been since you last visited a doctor for a routine checkup? (A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.)

Frequency
Percent Unweighted Count

| Within year | $1,428,404$ | $76 \%$ | 424 |
| :--- | ---: | :--- | ---: |
| Within 2 years | 213,082 | $11 \%$ | 64 |
| $>2$ years or never | 242,610 | $13 \%$ | 67 |

## Received Health Department Service (A)

Have you or has anyone in your household ever received a service provided by the county health department?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 64,364 | $12 \%$ | 10 |
| No | 485,671 | $88 \%$ | 64 |

[^6]
## Name One Health Department Service (A)

What is one service provided by your county health department?
AIDS screening ..... 10
Cholesterol test ..... 1
Communicable disease ..... 2
Dental services ..... 2
Diabetes test ..... 1
Family planning ..... 3
Flu/pneumonia shot ..... 10
Health education ..... 5
High blood pressure ..... 1
Home health care ..... 6
Immunization ..... 34
Physical exams ..... 10
Pregnancy testing ..... 4
Prenatal exams/classes ..... 4
Sexually transmitted disease ..... 4
TB testing ..... 3
Vision/hearing screening ..... 1
Water testing ..... 1
Well baby exams ..... 2
WIC ..... 2
Other ..... 12

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## Who Benefits from Health Department (A)

Do you think the county health department benefits the poor or everyone?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| The poor | 576,862 | $35 \%$ | 69 |
| Everyone | $1,043,094$ | $63 \%$ | 144 |
| Other | 41,331 | $2 \%$ | 6 |

## B. Blood Pressure

## Last Blood Pressure Taken (A)

About how long has it been since you last had your blood pressure taken by a doctor, nurse, or other health professional?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within year | $1,705,426$ | $91 \%$ | 238 |
| $>1$ year | 176,858 | $9 \%$ | 22 |

Told Blood Pressure High (A) (people who have had blood pressure taken) Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 443,463 | $24 \%$ | 62 |
| No | $1,441,694$ | $76 \%$ | 199 |

Told Blood Pressure High More Than Once (A) (people who have checked blood pressure and told it is high) Have you been told on more than one occasion that your blood pressure was high, or have you been told this only once?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| More than once | 338,613 | $76 \%$ | 49 |
| Only once | 104,850 | $24 \%$ | 13 |

[^7]BRFSS: Chicago Reference Tables 1999 Pg. 16

## C. Cholesterol

## Had Cholesterol Checked (A)

Blood cholesterol is a fatty substance found in the blood. Have you ever had your blood cholesterol checked?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | $1,334,847$ | $71 \%$ | 184 |
| No | 535,619 | $29 \%$ | 74 |

Last Cholesterol Check (A) (people who have had blood cholesterol checked)
About how long has it been since you last had your blood cholesterol checked?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 941,765 | $71 \%$ | 131 |
| 387,495 | $29 \%$ | 52 |

High Cholesterol (A) (people who have had blood cholesterol checked) Have you ever been told by a doctor or other health professional that your blood cholesterol is high?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 431,249 | $32 \%$ | 52 |
| No | 903,598 | $68 \%$ | 132 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## D. Vaccinations

## Flu Shot (A)

During the past 12 months, have you had a flu shot?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 499,020 | $27 \%$ | 76 |
| No | $1,367,313$ | $73 \%$ | 181 |

Where Had Flu Shot (A) (people who had flu shot in past year)
At what kind of place did you get your last flu shot? [Read only if necessary.]
Frequency Percent Unweighted Count

| Doctor's office | 236,746 | $56 \%$ | 36 |
| :--- | ---: | :---: | ---: |
| Health department | 43,432 | $10 \%$ | 5 |
| Other clinic or health center | 32,003 | $7 \%$ | 7 |
| Store or senior/comm/rec center | 40,153 | $10 \%$ | 6 |
| Hospital or emergency room | 72,201 | $17 \%$ | 10 |

## Pneumonia Vaccination (A)

Have you ever had a pneumonia vaccination?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 336,837 | $19 \%$ | 38 |
| No | $1,461,589$ | $81 \%$ | 205 |

[^8]BRFSS: Chicago Reference Tables 1999 Pg. 18

## E. Colorectal Screening

Blood Stool Test (A) (people age 40+)
A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?
Frequency
Percent
Unweighted Count
226,902
23\% 26
745,908
77\%
95

Yes
No

Last Blood Stool Test (A) (people age 40+ who have used home blood stool test)
When did you have your last blood stool test using a home kit?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within year | 116,256 | $52 \%$ | 15 |
| More than a year ago | 107,341 | $48 \%$ | 10 |

Proctoscopic Exam (A) (people age 40+)
A sigmoidoscopy or colonoscopy is when a tube is inserted in the rectum to view the bowel for signs of cancer and other health problems. Have you ever had this exam?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 296,734 | $31 \%$ | 41 |
| No | 667,384 | $69 \%$ | 80 |



[^9]
## F. Women's Health

Now I have some questions about other health services you may have received.

Had Mammogram (women age 40+)
A mammogram is an $x$-ray of each breast to look for breast cancer. Have you ever had a mammogram?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 492,221 | $87 \%$ | 150 |
| No | 75,543 | $13 \%$ | 22 |

## LAST MAMMOGRAM (women age 40+ who have had a mammogram)

 How long has it been since you had your last mammogram?|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within past year | 426,699 | $87 \%$ | 126 |
| $>1$ year ago | 64,258 | $13 \%$ | 23 |

Why Mammogram (women age 40+ who have had a mammogram)
Was your last mammogram done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Routine checkup | 458,287 | $93 \%$ | 138 |
| Non-cancer breast problem | 25,216 | $5 \%$ | 9 |
| Cancer | 8,717 | $2 \%$ | 3 |

[^10]BRFSS: Chicago Reference Tables 1999 Pg. 20
Had Clinical Breast Exam (women age 18+)
A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps. Have you ever had a clinical breast exam?
Frequency Percent Unweighted Count

| Yes | 850,840 | $86 \%$ | 291 |
| :--- | ---: | ---: | ---: |
| No | 140,573 | $14 \%$ | 58 |

Last Clinical Breast Exam (women age 18+ who have had a clinical breast exam)
How long has it been since your last breast exam?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within past year | 771,558 | $92 \%$ | 266 |
| $>1$ year ago | 71,493 | $8 \%$ | 23 |

Why Clinical Breast Exam (women age 18+ who have had a clinical breast exam)
Was your last breast exam done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Routine checkup | 822,763 | $97 \%$ | 280 |
| Non-cancer breast problem | 20,665 | $2 \%$ | 7 |
| Cancer | 4,797 | $1 \%$ | 2 |

Had Pap Smear (women age 18+)
A Pap smear is a test for cancer of the cervix. Have you ever had a Pap smear?

Frequency

| Yes | 963,500 | $97 \%$ | 336 |
| :--- | :--- | :--- | :--- |

No

34,157

Percent
97\% 336
$3 \% \quad 14$14

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

LAST PAP Smear (women age 18+ who have had a Pap smear) How long has it been since you had your last Pap smear?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within past year | 680,682 | $71 \%$ | 241 |
| $>1$ year | 274,798 | $29 \%$ | 93 |

## Why Pap Smear (women age 18+ who have had a Pap smear)

Was your last Pap smear done as part of a routine exam, or to check a current or previous problem?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Routine checkup | 922,967 | $96 \%$ | 322 |
| Problem/other | 35,186 | $4 \%$ | 13 |

## Had Hysterectomy (women age 18+)

Have you had a hysterectomy? (A hysterectomy is an operation to remove the uterus/womb.)
Frequency

| Yes | 155,269 | $16 \%$ | 43 |
| :--- | ---: | ---: | ---: |
| No | 837,042 | $84 \%$ | 306 |

Pregnant (women age 18-44, no hysterectomy) To your knowledge, are you now pregnant?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 20,117 | $4 \%$ | 8 |
| No | 506,463 | $96 \%$ | 204 |

[^11]BRFSS: Chicago Reference Tables 1999 Pg. 22
Discussed Estrogen (A) (non-pregnant women age 40+, or hysterectomy) Estrogens such as Premarin and progestins such as Provera are female hormones that may be prescribed around the time of menopause, after menopause, or after a hysterectomy. Has your doctor discussed the benefits and risks of estrogen with you?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 164,103 | $44 \%$ | 20 |
| No | 211,307 | $56 \%$ | 38 |

Currently Taking Estrogen (A) (non-pregnant women age 40+, or hysterectomy)
Are you currently taking estrogen pills?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 11,218 | $3 \%$ | 3 |
| 360,598 | $97 \%$ | 54 |

Estrogen for Heart (A) (non-pregnant women age 40+, or hysterectomy,
currently taking estrogen)
Why are you taking estrogen pills? To prevent a heart attack:
Frequency
Percent Unweighted Count
Yes 1

No

ESTROGEN FOR OSTEOPOROSIS (A) (non-pregnant women age 40+, or hysterectomy, currently taking estrogen)
Why are you taking estrogen pills? To treat or prevent bone thinning, bone loss, or osteoporosis: Frequency Percent Unweighted Count

Yes 1

No

[^12]Estrogen for Menopause (A) (non-pregnant women age 40+, or hysterectomy, currently taking estrogen)
Why are you taking estrogen pills? To treat symptoms of menopause such as hot flashes:
Frequency Percent Unweighted Count
Yes 2
No 1

Drink Milk (A) (non-pregnant women age 40+, or hysterectomy) How often do you drink a glass of milk? (Whole, $2 \%$, chocolate or other drinks made with milk.)

Frequency

| Daily | 155,986 | $44 \%$ | 25 |
| :--- | ---: | :--- | :--- |
| Less than daily | 94,687 | $27 \%$ | 18 |
| Never | 100,867 | $29 \%$ | 12 |

CALCIUM SUPPLEmENTS (A) (non-pregnant women age 40+, or hysterectomy) Do you take any calcium supplements on a daily basis?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 134,799 | $36 \%$ | 20 |
| No | 240,612 | $64 \%$ | 38 |

## DISCUSSED OSTEOPOROSIS (A) (non-pregnant women age 40+, or

 hysterectomy)During the past two years, has a doctor, nurse or other health care professional talked with you about the risks of osteoporosis?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 161,825 | $43 \%$ | 20 |
| No | 213,585 | $57 \%$ | 38 |

[^13]BRFSS: Chicago Reference Tables 1999 Pg. 24

## G. Oral Health

## LAST DENTAL VISIT (A)

How long has it been since you last visited a dentist or a dental clinic for any reason? (Include visits to dental specialists, such as orthodontists.)

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| $1,228,644$ | $66 \%$ | 170 |
| 614,738 | $33 \%$ | 87 |
| 10,413 | $1 \%$ | 1 |

## Permanent Teeth (A)

How many of your permanent teeth have been removed because of tooth decay or gum disease? Do not include teeth lost for other reasons, such as injury or orthodontics. (Include teeth lost due to "infection".)

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| None | 959,282 | $51 \%$ | 137 |
| Five or fewer | 608,296 | $32 \%$ | 76 |
| Six or more but not all | 237,619 | $13 \%$ | 36 |
| All | 75,505 | $4 \%$ | 11 |

Teeth Cleaned (A) (people who have visited dentist and have not lost all teeth) How long hast it been since you had your teeth "cleaned" by a dentist or dental hygienist?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| $1,105,482$ | $62 \%$ | 152 |
| 587,018 | $33 \%$ | 87 |
| 87,329 | $5 \%$ | 7 |

[^14]
## CHRONIC DISEASE

## A. Diabetes

## Diabetic

Have you ever been told by a doctor that you have diabetes? [If yes and female, ask "Was this only when you were pregnant?"]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 81,612 | $4 \%$ | 23 |
| Yes, when pregnant | 14,773 | $1 \%$ | 7 |
| No | $1,788,771$ | $95 \%$ | 526 |

## B. Asthma

## Asthma Prevalence (A)

Did a doctor ever tell you that you had asthma?

Frequency
Yes 110,747
No
1,774,410

Percent Unweighted Count
6\% 22
94\%
239

TAKEN ASthma Drugs (A) (people ever told they had asthma) In the last 12 months, have you taken any prescription drugs for asthma?

## Frequency

Yes
No

66,582
44,166

Percent
60\% 14

40\%

[^15]BRFSS: Chicago Reference Tables 1999 Pg. 26
Visited ER FOR Asthma (A) (people ever told they had asthma)
In the past 12 months, how many times have you been to the emergency room because of your asthma?
Frequency Percent Unweighted Count

| At least once | 54,234 | $49 \%$ | 9 |
| :--- | ---: | ---: | ---: |
| None | 56,513 | $51 \%$ | 13 |

Asthma Study Willingness (A) (people ever told they had asthma)
Earlier you indicated you had been diagnosed as having asthma. Would you be willing to provide your name and address for future studies of Illinois residents with asthma?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 55,846 | $50 \%$ | 9 |
| No | 54,901 | $50 \%$ | 13 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## EXERCISE

The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

## Any Exercise (B)

During the past month, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | $1,250,320$ | $66 \%$ | 191 |
| No | 634,837 | $34 \%$ | 104 |


\section*{First Exercise Activity (B) (people who did any exercise in past month) What type of physical activity or exercise did you spend the most time doing during the past month? <br> |  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Exercise Training | 233,181 | $20 \%$ | 39 |
| Sports | 243,903 | $20 \%$ | 44 |
| Walking | 583,932 | $49 \%$ | 85 |
| Hobbies/Other | 134,469 | $11 \%$ | 17 |}

## First Exercise Duration (B) (people who did any exercise in past month)

 When you took part in this activity, for how many minutes or hours did you usually keep at it?|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Less than 20 minutes | 50,240 | $4 \%$ | 7 |
| 20 minutes or more | $1,130,589$ | $96 \%$ | 177 |

[^16]BRFSS: Chicago Reference Tables 1999 Pg. 28
First Exercise Frequency (B) (people who did any exercise in past month)
How many times per week or per month did you take part in this activity during the past month?

Frequency
Less than once a week
1-2 times a week
3 times a week or more
85,454
386,551
771,755
Percent Unweighted Count
7\% 11

31\% 64

62\% 114

Any Other Exercise (B) (people who did any exercise in past month)
Was there another physical activity or exercise that you participated in during the last month?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 518,953 | $42 \%$ | 78 |
| No | 727,710 | $58 \%$ | 112 |

Second Exercise Activity (B) (people who did any exercise plus additional exercise in past month)
What other type of physical activity gave you the next most exercise during the past month?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Exercise Training | 126,460 | $25 \%$ | 21 |
| Sports | 282,170 | $55 \%$ | 37 |
| Walking | 33,262 | $6 \%$ | 8 |
| Hobbies/Other | 74,170 | $14 \%$ | 11 |

Second Exercise Duration (B) (people who did any exercise plus additional exercise in past month)
When you took part in this activity, for how many minutes or hours did you usually keep at it?
Frequency
Percent Unweighted Count
Less than 20 minutes
29,521
6\% 5

20 minutes or more
489,432
94\%
73

[^17]Second Exercise Frequency (B) (people who did any exercise plus additional exercise in past month)
How many times per week or per month did you take part in this activity?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Less than once a week | 105,973 | $22 \%$ | 14 |
| $1-2$ times a week | 172,321 | $36 \%$ | 35 |
| 3 times a week or more | 201,057 | $42 \%$ | 27 |

## Sedentary Lifestyle Risk (B)

A calculated variable. Sedentary means no reported activity. Irregular activity means one or two activities are reported but the duration and frequency of the combined activities is either: a) less than 20 minutes per session, less than three times per week, or both; or b) activity reported does not include complete information for frequency, duration, or both.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Sedentary | 634,837 | $34 \%$ | 104 |
| Irregular Activity | 565,283 | $30 \%$ | 76 |
| Active Lifestyle | 685,037 | $36 \%$ | 115 |

[^18]
## WEIGHT/NUTRITION

## Lose Weight (B)

Are you now trying to lose weight?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 607,520 | $32 \%$ | 110 |
| No | $1,274,385$ | $68 \%$ | 184 |

Maintain Weight (B) (people not trying to lose weight)
Are you now trying to maintain your current weight, that is to keep from gaining weight?

Frequency
Percent
Unweighted Count
Yes
No

761,512
516,125
60\% 101

40\%84

ExERCISING FOR WEIGHT (B) (people trying to lose or maintain weight) Are you using physical activity or exercise to lose weight or keep from gaining weight?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 635,788 | $46 \%$ | 114 |
| No | 733,243 | $54 \%$ | 97 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## Obesity

Defined as a body mass index (BMI) of 30 or greater. Based on BMI calculated from height and weight.
About how much do you weigh without shoes? [round fractions up] About how tall are you without shoes? [round fractions down]
Frequency Percent Unweighted Count

Obese 392.173
$21 \% \quad 121$
Not obese 1,452,319
79\%
421

## Obesity Categories

Based on BMI calculated from height and weight.
About how much do you weigh without shoes? [round fractions up] About how tall are you
without shoes? [round fractions down]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Underweight < 18.5 | 36,410 | $2 \%$ | 13 |
| Normal 18.5-24.9 | 748,554 | $41 \%$ | 223 |
| Overweight 25-29.9 | 667,356 | $36 \%$ | 185 |
| Obese 30-39.9 | 323,253 | $17 \%$ | 103 |
| Morbid Obesity 40 + | 68,920 | $4 \%$ | 18 |

## Difference between Actual \& Ideal Weight (B)

How much would you like to weigh?
(Variable calculated by subtracting answer to this question from actual weight.)

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| None | 804,846 | $44 \%$ | 108 |
| $1-15$ pounds | 458,681 | $25 \%$ | 74 |
| $16-25$ pounds | 185,377 | $10 \%$ | 37 |
| More than 25 pounds | 396,813 | $21 \%$ | 68 |

[^19]BRFSS: Chicago Reference Tables 1999 Pg. 32

## Advised about Weight (B)

In the past 12 months, has a doctor, nurse, or other health professional given you advice about your weight? [probe for which]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes, lose weight | 299,887 | $16 \%$ | 42 |
| Yes, gain/maintain | 121,411 | $6 \%$ | 16 |
| No | $1,460,607$ | $78 \%$ | 236 |

## Advised about Weight (B)

Collapsed from above variable.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 421,298 | $22 \%$ | 58 |
| No | $1,460,607$ | $78 \%$ | 236 |

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.

## Frequency of Drinking Juice (B)

How often do you drink fruit juices such as orange, grapefruit, or tomato?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One or more per day | 998,509 | $53 \%$ | 146 |
| Weekly but not daily | 611,852 | $32 \%$ | 107 |
| Less than weekly | 198,667 | $11 \%$ | 28 |
| Never | 73,238 | $4 \%$ | 13 |

[^20]
## Frequency of Eating Fruit (B)

Not counting juice, how often do you eat fruit?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One or more per day | 846,036 | $45 \%$ | 123 |
| Weekly but not daily | 761,098 | $41 \%$ | 130 |
| Less than weekly | 230,451 | $12 \%$ | 35 |
| Never | 39,807 | $2 \%$ | 5 |

## Frequency of Eating Salad (B)

How often do you eat green salad?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One or more per day | 401,990 | $22 \%$ | 63 |
| Weekly but not daily | $1,122,451$ | $60 \%$ | 179 |
| Less than weekly | 303,028 | $16 \%$ | 43 |
| Never | 44,323 | $2 \%$ | 8 |

## Frequency of Eating Potatoes (B)

How often do you eat potatoes not including french fries, fried potatoes, or potato chips?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One or more per day | 100,436 | $5 \%$ | 15 |
| Weekly but not daily | $1,302,025$ | $69 \%$ | 197 |
| Less than weekly | 364,582 | $19 \%$ | 68 |
| Never | 108,541 | $6 \%$ | 13 |

[^21]BRFSS: Chicago Reference Tables 1999 Pg. 34

## Frequency of Eating Carrots (B)

How often do you eat carrots?
Frequency Percent Unweighted Count
One or more per day
132,021
7\% 21

Weekly but not daily
836,573
46\% 138

Less than weekly 636,899
$35 \%$ 92

Never
196,626
11\% 35

## Frequency of Eating Other Vegetables (B)

Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat? (For example: A serving of vegetables at both lunch and dinner would be two servings.)

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One or more per day | $1,228,918$ | $66 \%$ | 185 |
| Weekly but not daily | 541,710 | $29 \%$ | 90 |
| Less than weekly | 62,034 | $3 \%$ | 12 |
| Never | 35,548 | $2 \%$ | 6 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## SMOKING

## Smoked 100 Cigarettes

Have you smoked at least 100 cigarettes in your entire life?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 832,657 | $44 \%$ | 233 |
| No | $1,050,500$ | $56 \%$ | 323 |

## Smoking Pattern (people who have smoked at least 100 cigarettes)

Do you now smoke cigarettes everyday, some days, or not at all?
Frequency Percent Unweighted Count

| Everyday | 350,128 | $42 \%$ | 94 |
| :--- | ---: | ---: | ---: |
| Some days | 85,072 | $10 \%$ | 23 |
| Not at all | 399,458 | $48 \%$ | 116 |

## Smoking Status

A calculated variable. A current smoker is defined as a respondent who reported smoking 100 cigarettes in lifetime and now smokes every day or some days. A former smoker reported smoking 100 cigarettes in lifetime but currently does not smoke. A non-smoker is a respondent who reported never having smoked 100 cigarettes in lifetime.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Current smoker | 435,199 | $23 \%$ | 117 |
| Former smoker | 399,458 | $21 \%$ | 116 |
| Non-smoker | $1,050,500$ | $56 \%$ | 323 |

[^22]
## BRFSS: Chicago Reference Tables 1999 Pg. 36

Cigarettes Per Day (people who currently smoke everyday) On the average, about how many cigarettes a day do you now smoke?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| 10 or less | 166,214 | $48 \%$ | 41 |
| 11 to 19 | 65,973 | $19 \%$ | 18 |
| 20 or more | 111,758 | $33 \%$ | 33 |

Cigarettes Last 30 Days (people who currently smoke some days)
On the average, when you smoked during the past 30 days, about how many cigarettes did you smoke a day?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| 5 or less | 45,640 | $55 \%$ | 15 |
| More than 5 | 37,822 | $45 \%$ | 7 |

Quit Smoking (people who currently smoke everyday)
During the past 12 months, have you quit smoking for 1 day or longer?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 204,064 | $58 \%$ | 53 |
| No | 146,064 | $42 \%$ | 41 |

Last Smoked Regularly (people who have smoked 100 cigarettes but currently do not smoke at all)
About how long has it been since you last smoked cigarettes regularly, that is, daily?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within past year | 70,000 | $24 \%$ | 21 |
| $1-5$ years ago | 69,342 | $24 \%$ | 27 |
| $5-15$ years ago | 123,926 | $43 \%$ | 35 |
| Never smoked regularly | 24,386 | $9 \%$ | 7 |

[^23]WORK Indoors (B) (people who are employed or self-employed)
While working at your job, are you indoors most of the time?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 950,161 | $84 \%$ | 176 |
| No | 179,617 | $16 \%$ | 28 |


| Which of the following best describes your place of work's official smoking policy for indoor public or common areas, such as lobbies, rest rooms, and lunch rooms? [For workers who visit clients "place of work" means their base location. Please read.] |  |  |  |
| :---: | :---: | :---: | :---: |
|  | Frequency | Percent | Unweighted Count |
| Not allowed in any public areas | 737,600 | 66\% | 135 |
| Allowed in some public areas | 241,655 | 21\% | 2 |
| No policy/allowed all areas | 143,972 | 13\% | 26 |

Workplace Smoking Work areas (B) (people who are employed or selfemployed)
Which of the following best describes your place of work's official smoking policy for work areas?
[For workers who visit clients "place of work" means their base location. Please read.]
Frequency
Percent Unweighted Count

| Not allowed in any public areas | 804,009 | $72 \%$ | 148 |
| :--- | :--- | :--- | :--- |
| Allowed in some public areas | 183,241 | $16 \%$ | 32 |
| No policy/allowed all areas | 139,253 | $12 \%$ | 23 |

[^24]BRFSS: Chicago Reference Tables 1999 Pg. 38

## Opinion on Smoking in Workplace (B)

In the following locations, do you think that smoking should be allowed in all areas, some areas, or not allowed at all? Indoor work areas:

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 42,137 | $2 \%$ | 7 |
| 917,478 | $49 \%$ | 136 |
| 911,779 | $49 \%$ | 149 |

## Opinion on Smoking in Restaurants (B)

In the following locations, do you think that smoking should be allowed in all areas, some areas, or not allowed at all? Restaurants:

$$
\text { Frequency } \quad \text { Percent Unweighted Count }
$$

| All areas | 48,163 | $3 \%$ | 11 |
| :--- | ---: | ---: | ---: |
| Some areas | 658,307 | $36 \%$ | 92 |
| Not allowed | $1,143,941$ | $62 \%$ | 186 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## ALCOHOL

## Drink Any Alcohol (A)

During the past month, have you had at least one drink of any alcoholic beverage such as beer, wine, wine coolers, or liquor?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | $1,060,338$ | $56 \%$ | 152 |
| No | 824,819 | $44 \%$ | 109 |

Frequency of Drinking (A) (people who drank alcohol in past month)
During the past month, how many days per week or per month did you drink any alcoholic beverages, on the average?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Weekly | 564,923 | $54 \%$ | 83 |
| Less than weekly | 482,274 | $46 \%$ | 66 |

Drinks Per Occasion (A) (people who drank alcohol in past month)
A drink is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. On the days when you drank, about how many drinks did you drink on the average?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One | 351,156 | $35 \%$ | 52 |
| Two | 307,053 | $30 \%$ | 40 |
| Three to four | 218,056 | $22 \%$ | 35 |
| Five or more | 133,960 | $13 \%$ | 18 |

[^25]BRFSS: Chicago Reference Tables 1999 Pg. 40
Times Drank More Than 5 Drinks (A) (people who drank alcohol in past month)
Considering all types of alcoholic beverages, how many times during the past month did you have 5 or more drinks on an occasion?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| None | 753,952 | $72 \%$ | 107 |
| One | 83,270 | $8 \%$ | 13 |
| Two | 47,225 | $4 \%$ | 9 |
| Three or more | 169,118 | $16 \%$ | 21 |

## Chronic Drinking Risk (A)

A calculated variable. At risk is defined as respondents who reported that they have had on the average two or more drinks per day or 60 or more drinks a month (based on the total number of drinks per month).

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| At risk | 96,492 | $7 \%$ | 12 |
| Not at risk | $1,329,228$ | $93 \%$ | 177 |

## Binge Drinking Risk (A)

A calculated variable. At risk is defined as respondents who reported that they have had alcoholic beverages in the past month and have had five or more alcoholic drinks on one or more occasions in the past month.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| At risk | 299,613 | $16 \%$ | 43 |
| Not at risk | $1,578,771$ | $84 \%$ | 216 |

[^26]
## Drinking \& Driving Risk (A)

Calculated by labeling "at risk" anyone who answered they had driven when had too much to drink in the past month.

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 68,063 | $4 \%$ | 8 |
| $1,813,114$ | $96 \%$ | 252 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## INJURY PREVENTION

## Child's Use of Bike Helmet (A) (people with a child age 5-15 who rides a bicycle)

During the past year, how often has [that child] worn a bicycle helmet when riding a bicycle?
Would you say always, nearly always, sometimes, seldom, or never:

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Always/nearly always | 130,361 | $34 \%$ | 20 |
| Sometimes/seldom/never | 252,240 | $66 \%$ | 35 |

Check Smoke Detector (A) (people with smoke detectors in home)
When was the last time you or someone else deliberately tested all of the smoke detectors in your home?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within 6 months | $1,125,476$ | $64 \%$ | 152 |
| 6 months - 1 year | 155,684 | $9 \%$ | 25 |
| $>1$ year or never | 449,575 | $26 \%$ | 63 |

## Had Sunburn (A)

The next question is about sunburns, including any time that even a small part of your skin was red for more than 12 hours. Have you had a sunburn within the past 12 months?

Frequency
Percent Unweighted Count
Yes
491,843
26\% 67

No
1,389,290
74\%
193

[^27]NUMBER OF Sunburns (A) (people who have had a sunburn in past 12 months) Including times when even a small part of your skin was red for more than 12 hours, how many sunburns have you had within the past 12 months?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 210,397 | $43 \%$ | 23 |
| 125,663 | $26 \%$ | 19 |
| 148,594 | $31 \%$ | 24 |

[^28]
## HIV/AIDS

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

## A. Education

## Source of HIV/STD Information (B) (people under age 65)

During the past 12 months, what was your main source for information about preventing or reducing your risk of infection with HIV or other sexually transmitted diseases?

Frequency
Percent Unweighted Count

| AIDS/STD hotline | 0 | $0 \%$ | 0 |
| :--- | ---: | ---: | ---: |
| Media | 957,357 | $65 \%$ | 159 |
| Community outreach/schools | 47,622 | $3 \%$ | 10 |
| Medical staff or facility | 192,691 | $13 \%$ | 33 |
| Friends/relatives | 29,697 | $2 \%$ | 5 |
| None/Nowhere | 158,586 | $11 \%$ | 26 |
| Other | 91,203 | $6 \%$ | 20 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

Grade to Begin AIDS Education (people under age 65)
If you had a child in school, at what grade do you think he or she should begin receiving education in school about HIV infection and AIDS?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Kindergarten | 100,163 | $7 \%$ | 33 |
| Elementary (1-5) | 862,979 | $58 \%$ | 270 |
| Middle School $(6-8)$ | 417,327 | $28 \%$ | 117 |
| High School $(9-12)$ | 67,068 | $4 \%$ | 18 |
| Never | 41,553 | $3 \%$ | 8 |

## Encourage Teen to Use Condom (people under age 65)

If you had a teenager who was sexually active, would you encourage him or her to use a condom?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | $1,434,085$ | $92 \%$ | 430 |
| No | 28,762 | $2 \%$ | 5 |
| Give other advice | 96,897 | $6 \%$ | 31 |

## B. Testing

Donate Blood since 1985 (people under age 65 and not currently infected with HIV)
Have you donated blood since March 1985?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 334,135 | $21 \%$ | 108 |
| No | $1,244,649$ | $79 \%$ | 363 |

[^29]
## BRFSS: Chicago Reference Tables 1999 Pg. 46

Last BLOOD DONATION (people under age 65 and not currently infected with HIV, and who have donated blood since 1985)
When did you last donate blood?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within past year | 130,217 | $42 \%$ | 43 |
| $1-2$ years ago | 28,622 | $9 \%$ | 9 |
| $2-3$ years ago | 29,517 | $9 \%$ | 9 |
| $3-4$ years ago | 14,670 | $5 \%$ | 5 |
| More than 4 years ago | 106,736 | $35 \%$ | 35 |

Donated Blood Past 12 Months (people under age 65 and not currently infected with HIV, and who have donated blood since 1985)
Question not asked; recoded from above variable.

Frequency
Yes
No
130,217
179,545

Percent Unweighted Count
42\%
58\%
58

Tested for HIV not Including Blood Donation (people under age 65 and not currently infected with HIV, and who have donated blood since 1985) Except for tests you may have had as part of blood donations, have you ever been tested for HIV? [include saliva test]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 147,669 | $45 \%$ | 52 |
| No | 182,823 | $55 \%$ | 55 |

[^30]Tested for HIV (people under age 65 and not currently infected with HIV, and who have not donated blood since 1985)
Have you ever been tested for HIV? [include saliva test]
Frequency Percent Unweighted Count

| Yes | 634,101 | $52 \%$ | 203 |
| :--- | :--- | :--- | :--- |
| No | 587,400 | $48 \%$ | 155 |

Received AIDS Test (people under age 65 and not currently infected with HIV) [Variable computed by adding the responses to the previous two questions, have you ever been tested for HIV and except for tests you may have had as part of blood donations, have you ever been tested for HIV?]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 781,770 | $50 \%$ | 255 |
| No | 770,223 | $50 \%$ | 210 |

When Last AIDS Test (people under age 65 who have been tested for HIV) When was your last test for HIV? [include saliva test]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within past year | 285,332 | $39 \%$ | 93 |
| 1-2 years ago | 135,828 | $18 \%$ | 43 |
| 2-3 years ago | 40,689 | $6 \%$ | 16 |
| 3-4 years ago | 76,532 | $10 \%$ | 21 |
| More than 4 years ago | 196,548 | $27 \%$ | 70 |

[^31]BRFSS: Chicago Reference Tables 1999 Pg. 48
Reason for HIV Test (people under age 65 who have been tested for HIV) What was the main reason you had your last test for HIV?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Referral/to find out/at risk | 288,709 | $38 \%$ | 99 |
| Mandatory | 164,173 | $22 \%$ | 45 |
| Hospitalization/illness | 45,291 | $6 \%$ | 19 |
| Pregnancy | 106,181 | $14 \%$ | 36 |
| Routine checkup | 112,713 | $15 \%$ | 34 |
| Occupational exposure | 37,363 | $5 \%$ | 12 |

Reason for HIV Test (people under age 65 who have been tested for HIV) Collapsed from above variable.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Routine | 645,117 | $84 \%$ | 209 |
| A problem/other | 124,514 | $16 \%$ | 37 |

Where AIDS Test (people under age 65 who have been tested for HIV) Where did you have your last test for HIV?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 223,698 | $29 \%$ | 75 |
| 248,664 | $32 \%$ | 81 |
| 22,198 | $3 \%$ | 6 |
| 190,163 | $25 \%$ | 64 |
| 48,531 | $6 \%$ | 11 |
| 42,181 | $5 \%$ | 14 |

[^32]Where AIDS Test (people under age 65 who have been tested for HIV)
Collapsed from variable above.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Public facility | 349,635 | $46 \%$ | 111 |
| Private facility | 386,538 | $50 \%$ | 129 |
| At home/other | 33,633 | $4 \%$ | 14 |

Received Results (people under age 65 who have been tested for HIV) Did you receive the results of your last test?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 705,848 | $90 \%$ | 228 |
| 76,789 | $10 \%$ | 27 |

Received Counseling (people under age 65 who have been tested and received results of HIV test)
Did you receive counseling or talk with a health care professional about the results of your test?

Frequency
Yes
No
0

234,949
467,046
33\%
80
67\%
147

[^33]BRFSS: Chicago Reference Tables 1999 Pg. 50

## C. Sexual Behavior/Risk Factors

RISK BEHAVIOR (B) (people under age 65)
The next question lists some situations that may or may not apply to you. Answer yes if any do apply to you and no if none of them apply to you. You do not need to tell me which ones.

You have shared syringes or injection equipment for injecting drugs, vitamins or steroids.
You had anal sex without a condom in the past year.
You had sex with someone known to be HIV-positive in the past year.
Do any of these situations apply to you?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 65,721 | $4 \%$ | 9 |
| No | $1,515,799$ | $96 \%$ | 253 |

RISK OF STD (B) (people under age 65)
What are your chances of getting infected with a sexually transmitted disease or venereal disease other than HIV? Would you say:

Frequency Percent Unweighted Count

| High | 25,807 | $2 \%$ | 4 |
| :--- | ---: | ---: | ---: |
| Medium/low | 451,571 | $29 \%$ | 85 |
| None | $1,102,272$ | $670 \%$ | 172 |

Treated for STD (B) (people under age 65)
In the past 12 months, have you been treated for a sexually transmitted or venereal disease?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 28,119 | $2 \%$ | 3 |
| No | $1,563,538$ | $98 \%$ | 260 |

[^34]
# Where Treated for STD (B) (people under age 65 and treated for STD in past 12 months) <br> Where did you receive treatment for your sexually transmitted disease? 

Frequency
Percent Unweighted Count
Health Dept STD Clinic1
Private physician ..... 1
Other ..... 1
What STD Treated (B) (people under age 65 and treated for STD in past 12 months)

What sexually transmitted disease were you treated for?
Frequency
Percent Unweighted Count

Gonorrhea
Chlamydia ..... 1
Gonorrhea \& chlamydia ..... 1

Number of Sexual Partners (B) (people under age 65 who have had sex in the past 5 years)
Including your spouse or permanent partner, with how many different people have you had sex in the past 12 months?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 228,300 | $16 \%$ | 29 |
| 993,207 | $70 \%$ | 167 |
| 198,969 | $14 \%$ | 38 |

[^35]BRFSS: Chicago Reference Tables 1999 Pg. 52
Condom Use with Only Sex Partner (B) (people under age 65 and who have had sex with only one partner in past year)
In the past 12 months, how often did you use condoms with your sex partner?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Always/nearly always | 249,374 | $25 \%$ | 49 |
| Sometimes/seldom | 254,631 | $26 \%$ | 36 |
| Never | 484,614 | $49 \%$ | 80 |

Condom Use with All Sex Partners (B) (people under age 65 and who have had sex with more than one partner in past year)
In the past 12 months, how often did you use condoms with all your sex partners?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Always/nearly always | 162,945 | $71 \%$ | 27 |
| Sometimes/seldom | 30,175 | $13 \%$ | 5 |
| Never | 36,210 | $16 \%$ | 6 |

Reason No Condom (B) (people under age 65 and who have had sex within past year and did not always use condoms)
What is the main reason you did not always use condoms?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Married | 340,349 | $41 \%$ | 52 |
| Monogamous | 139,531 | $17 \%$ | 25 |
| Want pregnancy/use other | 184,422 | $22 \%$ | 27 |
| method/no need |  |  |  |
| Problem with use/other reason | 173,683 | $21 \%$ | 33 |

[^36]Sex and Alcohol (B) (people under age 65 and who have had sex in the past 5 years)
During the past three months, have you ever had unprotected sex after drinking too much alcohol?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 57,531 | $5 \%$ | 11 |
| $1,175,107$ | $95 \%$ | 199 |

Chance of AIDS (people under age 65, not currently infected with HIV) What are your chances of getting infected with HIV, the virus that causes AIDS? Would you say: [please read]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| High | 50,801 | $3 \%$ | 15 |
| Medium/low | 569,782 | $37 \%$ | 185 |
| None | 939,135 | $60 \%$ | 265 |

[^37]
## SENIORS' HEALTH

I would like to ask you about some everyday activities. Because of a health or physical problem, do you have any difficulty doing the following activities? Please tell me for each activity whether you have no difficulty at all, some difficulty, or if you are unable to do the activity.

## DIFFICULTY BATHING (people age 65+)

Because of a health or physical problem, do you have any difficulty fully bathing or showering yourself without help?
[Do not read interviewer note: Bathing includes taking a full bath to wash one's entire body, whether in a bathtub, shower, or a sponge bath at a sink or wash basin. Bathing includes turning on the water, getting in and out of the tub or shower, washing the entire body, including back and feet, and drying oneself.]

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 255,943 | $90 \%$ | 70 |
| 28,417 | $10 \%$ | 9 |

## Difficulty Dressing (people age 65+)

Because of a health or physical problem, do you have any difficulty dressing and grooming yourself without help?
[Do not read interviewer note: Dressing includes getting clothing, underwear, and shoes from closets or drawers, putting them on, and fastening any buttons or zippers. Grooming includes washing one's face, shampooing and combing hair, brushing and cleaning teeth. For men, it also includes shaving.]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| No difficulty | 270,430 | $95 \%$ | 74 |
| Some difficulty/not able | 13,930 | $5 \%$ | 5 |

[^38]
## Difficulty Eating (people age 65+)

Because of a health or physical problem, do you have any difficulty eating food and drinking liquids yourself without help?
[Do not read interviewer note: Feeding includes cutting food, using a fork or spoon, and drinking from a glass or cup.]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| No difficulty | 284,360 | $100 \%$ | 79 |
| Some difficulty/not able | 0 | $0 \%$ | 0 |

## Difficulty Moving (people age 65+)

Because of a health or physical problem, do you have any difficulty moving in and out of bed or a chair without help?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 238,955 | $84 \%$ | 66 |
| 45,404 | $16 \%$ | 13 |

## Difficulty Using Toilet (people age 65+)

Because of a health or physical problem, do you have any difficulty using the toilet without help? [Do not read interviewer note: Toileting includes getting to the toilet room, onto and off the toilet, cleaning oneself, and adjusting one's clothes after toileting.]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| No difficulty | 284,360 | $100 \%$ | 79 |
| Some difficulty/not able | 0 | $0 \%$ | 0 |

## Difficulty with Bladder/Bowel (people age 65+)

Because of a health or physical problem, do you have any difficulty voluntarily controlling your bladder or your bowels?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 249,082 | $88 \%$ | 68 |
| 35,278 | $12 \%$ | 11 |

[^39]BRFSS: Chicago Reference Tables 1999 Pg. 56

## Difficulty Walking (people age 65+)

Because of a health or physical problem, do you have any difficulty walking on a level surface inside your home?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 267,385 | $94 \%$ | 72 |
| 16,975 | $6 \%$ | 7 |

## Difficulty Getting Out (people age 65+)

Because of a health or physical problem, do you have any difficulty getting to places outside your home and not within walking distance without help? For example, travel alone on buses, taxis, or drive a car. Would you say that you have no difficulty, some difficulty, or you are unable to do it?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| No difficulty | 235,030 | $83 \%$ | 64 |
| Some difficulty/not able | 49,329 | $17 \%$ | 15 |

## Difficulty Writing/Grasping (people age 65+)

Because of a health or physical problem, do you have any difficulty either writing or handling and grasping small objects? Would you say that you have no difficulty, some difficulty, or you are unable to do it?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| No difficulty | 258,389 | $91 \%$ | 70 |
| Some difficulty/not able | 25,971 | $9 \%$ | 9 |

[^40]Next I would like to ask you about your hearing.

Wears Hearing Aid (people age 65+)
Do you wear a hearing aid every day?

Frequency
Yes
5,347
No
279,013

Percent Unweighted Count
2\% 2

98\%
77

## Can Hear (people age 65+)

Can you hear most of the things people say (with a hearing aid if that is how you hear best)?
Frequency
Yes 271,179
Percent Unweighted Count

No
13,181
95\%
76

## 13,

5\%
3

Next, I would like to ask you about your vision. If you use glasses or contact lenses, please answer according to the way you see with them.

## Have Vision (people age 65+)

Do you have vision in both eyes or only one eye?
Frequency
Yes, both eyes
274,140
Percent Unweighted Count

Only one eye/blind in both
10,219
96\% 76
4\%

## Can Read Newsprint (people age 65+ who are not blind)

Can you see well enough to read newspaper print (with your glasses or contacts if that is how you see best)?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 246,700 | $89 \%$ | 70 |
| No | 30,114 | $11 \%$ | 7 |

[^41]

City of Chicago
Richard M. Daley
Mayor
John L. Wilhelm
Commissioner of Health


[^0]:    Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

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