# City of Chicago Department of Public Health Epidemiology Program Report

# BEHAVIORAL RISK FACTOR SURVEILLANCE System (BRFSS): Chicago Reference Tables 1999

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# Behavioral Risk Factor Surveillance System (BRFSS): Chicago Reference Tables 1999

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# **TABLE OF CONTENTS**

# **INTRODUCTION AND METHODS**

#### Introduction

The Behavioral Risk Factor Surveillance System (BRFSS) is a collaboration between the U.S. Centers for Disease Control and Prevention (CDC) and state health departments. This system was designed to gather locally relevant information on health related behaviors related to the leading causes of death in the US. It has expanded to include data on the prevalence of selected health conditions, and access to health services. Each state has options for sample design and data collection within parameters set by CDC.

#### Methods

The BRFSS is a telephone based survey system of non-institutionalized adults. The survey is in the field on a continual basis. A probability sample of telephone numbers is generated on a quarterly basis, and provides the sampling frame for identifying eligible households. States conduct interviews during each month in accordance with a prescribed protocol, and incorporate surveillance results into computer files. States edit and correct completed interviews each month. Data are aggregated and tabulated on an annual basis. The data are weighted prior to tabulation and analysis. Weighting data corrects for study design features and variation of the age/race/sex subgroups between the sample and the general population. Weighting allows inferences to be drawn about the entire adult population from the sample of interview respondents.

In Illinois, the state is stratified into 5 regions: Chicago, suburban Cook County, Collar Counties, other Urban Counties, and Rural Counties. The sampling process described above is performed within each region during the data collection phase, and region-specific weights are developed post-collection. These techniques allow valid statistics to be generated for each region, in addition to statewide statistics.

The BRFSS survey instrument is organized in a modular fashion. The five sections are:

- 1. Fixed Core
- 2. Two Rotating Cores
- 3. Optional Modules
- 4. Emerging Core
- 5. State-Added Questions

The *fixed core* is used in all states every year, the *rotating cores* are used in all states in an alternating fashion- one form is used for odd numbered years, the other form is used for even numbered years. *Optional modules* are standardized sets of questions on a wide variety of issues available for states to use based on their needs. The *emerging core* is used to add questions of topical interest, and to evaluate questions for potential use in future surveys. *State-Added questions* are unique to each jurisdiction and can be used to cover questions that are not addressed elsewhere in the survey.

Since 1994, the BRFSS in Illinois has varied from the standard methodology by using two forms of the questionnaire. Respondents are randomly allocated to either form. One contains the rotating core for the current year and the other contains the rotating core for the previous year.

The data for the analyses presented in this volume are extracted from BRFSS files provided by the Illinois Department of Public Health (IDPH) for the Chicago stratum. Each questionnaire item was examined for non-response or non-valid response percentages. All items were found to have sufficient valid response rates for further analysis. Frequency tables with percentages were generated for each item. Percentages were based on the universe of valid responses, not the entire respondent pool. Since the Chicago stratum has a much smaller sample size than the statewide sample, responses for many items were collapsed into categories (based on literature review and local needs) to improve the validity and stability of the estimates. The response categories used in this volume may vary from other reports that use BRFSS data. Data are weighted with the appropriate local weights, except for several items which were not weighted due to limited sample size. IDPH may continue to adjust weighting factors, as such frequencies, percents, and unweighted counts may differ between IDPH and CDPH publications.

This volume is organized into sections containing related items. The text for each item is presented, and the skip pattern is defined (for relevant questions). The percentage, weighted frequency and unweighted frequency for each response category for the item are then listed. *For questions that were not asked of the entire sample, the frequencies reported will not total to the (estimated) Chicago adult population.* Due to rounding, the reported frequencies for a question may not total to 100 percent.

# DEMOGRAPHICS

Sex			
	Frequency	Percent	Unweighted Count
Male	882,096	47%	203
Female	1,003,061	53%	353

#### AGE GROUPS

	Frequency	Percent	Unweighted Count
18-24 year olds	248,957	13%	55
25-34 year olds	427,400	23%	181
35-44 year olds	429,500	23%	123
45-54 year olds	288,900	15%	74
55-64 year olds	196,900	10%	41
65+	293,500	16%	82

# AGE GROUPS

	Frequency	Percent	Unweighted Count
18-24 year olds	248,957	13%	55
25-44 year olds	856,900	45%	304
45-64 year olds	485,800	26%	115
>= 65 years	293,500	16%	82

#### **RACIAL CATEGORIES**

	Frequency	Percent	Unweighted Count
White	1,090,481	58%	324
Black	682,586	36%	203
Asian, Pacific Islander	84,807	4.5%	22
Native American	1,820	.1%	1
Other	25,462	1.4%	6

#### **RACIAL CATEGORIES**

	Frequency	Percent	Unweighted Count
White	1,090,481	58%	324
Non-White	794,676	42%	232

# HISPANIC ORIGIN

	Frequency	Percent	Unweighted Count
Yes	316,514	17%	105
No	1,567,033	83%	450

# **HOUSEHOLD INCOME**

	Frequency	Percent	Unweighted Count
Less than \$15,000	212,376	13%	67
\$15-35,000	339,292	20%	105
\$35-50,000	488,004	30%	163
More than \$50,000	612,046	37%	161

## **EDUCATION LEVEL**

	Frequency	Percent	Unweighted Count
Less than high school	206,953	11%	70
High school graduate	572,666	30%	154
Some college	501,174	27%	136
College grad	604,364	32%	196

#### **EMPLOYMENT GROUPS**

	Frequency	Percent	Unweighted Count
Employed	1,186,975	63%	374
Out of work	149,894	8%	31
Homemaker/student	209,213	11%	56
Retired/unable	339,075	18%	95

# **MARITAL STATUS**

	Frequency	Percent	Unweighted Count
Married	842,694	45%	198
Widowed	164,945	9%	53
Divorced/separated	212,128	11%	89
Never married	595,729	32%	192
Unmarried couple	64,408	3%	22

#### **HOUSEHOLD TYPE**

	Frequency	Percent	Unweighted Count
One adult, no children	322,039	17%	166
One adult, with children	76,732	4%	53
> 1 adult, no children	815,619	43%	188
> 1 adult, with children	667,124	36%	148

# NUMBER OF ADULTS

	Frequency	Percent	Unweighted Count
1	398,771	21%	219
2	813,927	43%	231
3	428,951	23%	75
4	180,387	10%	25
5	14,942	1%	2
6	32,004	2%	3
7	16,176	1%	1

# NUMBER OF MEN

	Frequency	Percent	Unweighted Count
0	133,100	9%	37
1	851,236	57%	220
2	366,783	25%	62
3	113,697	8%	16
4	21,571	2%	2

#### NUMBER OF WOMEN

	Frequency	Percent	Unweighted Count
0	92,214	6%	23
1	935,020	63%	225
2	321,178	22%	71
3	125,231	8%	17
4	12,743	1%	1

#### **TOTAL NUMBER OF CHILDREN**

	Frequency	Percent	Unweighted Count
0	1,137,658	60%	354
1	295,557	16%	79
2	271,663	14%	73
3	117,074	6%	31
4	41,954	2%	12
5	6,372	.3%	1
6	11,235	.6%	5

## NUMBER OF CHILDREN AGE 0-4

	Frequency	Percent	Unweighted Count
0	1,495,439	80%	450
1	288,639	15%	75
2	94,216	5%	29
3	0	0	0
4	3,220	.2%	1

#### NUMBER OF CHILDREN AGE 5-12

	Frequency	Percent	Unweighted Count
0	1,460,509	78%	437
1	272,981	15%	80
2	102,407	5%	26
3	38,029	2%	9
4	5,977	.3%	2
5	1,610	.1%	1

# NUMBER OF CHILDREN AGE 13-17

	Frequency	Percent	Unweighted Count
0	1,602,743	85%	482
1	216,810	12%	56
2	59,288	3%	15
3	2,672	.1%	2

# **GENERAL HEALTH STATUS**

### **PERCEPTION OF HEALTH**

Would you say that in general your health is: [please read]

	Frequency	Percent	Unweighted Count
Excellent/very good	1,047,943	56%	300
Good/fair	750,529	40%	228
Poor	81,861	4%	27

# **DAYS PHYSICAL HEALTH NOT GOOD**

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

	Frequency	Percent	Unweighted Count
None	1,241,089	66%	356
1-7 days	380,135	20%	120
8-30 days	252,349	14%	77

# DAYS MENTAL HEALTH NOT GOOD

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

	Frequency	Percent	Unweighted Count
None	1,219,445	65%	351
1-7 days	438,256	23%	138
8-30 days	216,359	12%	64

# **DAYS HEALTH LIMITED USUAL ACTIVITIES**

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

07	Frequency	Percent	Unweighted Count
None	557,122	58%	170
1-7 days	254,278	26%	89
8-30 days	157,089	16%	42

# HEALTH CARE: ACCESS/INSURANCE

# HAVE HEALTH PLAN

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMO's, or government plans such as Medicare?

-	Frequency	Percent	Unweighted Count
Yes	1,620,739	86%	483
No	264,418	14%	73

# MEDICARE (people with health coverage)

*Medicare is a coverage plan for people 65 or over and for certain disabled people. Do you have Medicare?* 

	Frequency	Percent	Unweighted Count
Yes	347,353	23%	103
No	1,173,265	77%	357

**TYPE OF HEALTH PLAN** (people with health coverage, excluding Medicare)

What type of health care coverage do you use to pay for most of your medical care? [please read]

	Frequency	Percent	Unweighted Count
Your employer	878,155	69%	271
Someone else's employer	173,954	14%	49
Plan bought on own	108,772	8.5%	23
Medicare	26,206	2%	6
Medicaid or Assistance	32,883	3%	16
Military/CHAMPUS/TriCare/VA	29,836	2%	6
Some other source	17,320	1.5%	7

# TIME DURING LAST YEAR WITHOUT COVERAGE (people with health coverage,

# excluding Medicare)

During the past 12 months, was there any time that you did not have any health insurance or coverage?

0	Frequency	Percent	Unweighted Count
Yes	133,174	11%	37
No	1,120,600	89%	338

# WHEN LAST HAD A HEALTH PLAN (people with no health coverage)

About how long has it been since you had health care coverage?

C	Frequency	Percent	Unweighted Count
Within past year	94,034	36%	24
> 1 year or never	169,071	64%	47

#### **AVOIDED DOCTOR BECAUSE OF COST**

Was there a time during the last 12 months when you needed to see a doctor, but could not because of the cost?

	Frequency	Percent	Unweighted Count
Yes	241,199	13%	73
No	1,643,958	87%	483

# HEALTH CARE: UTILIZATION/SCREENING

# A. General Health Care

# LAST ROUTINE CHECKUP

About how long has it been since you last visited a doctor for a routine checkup? (A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.)

	Frequency	Percent	Unweighted Count
Within year	1,428,404	76%	424
Within 2 years	213,082	11%	64
> 2 years or never	242,610	13%	67

# **RECEIVED HEALTH DEPARTMENT SERVICE (A)**

Have you or has anyone in your household ever received a service provided by the county health department?

	Frequency	Percent	Unweighted Count
Yes	64,364	12%	10
No	485,671	88%	64

# NAME ONE HEALTH DEPARTMENT SERVICE (A)

*What is one service provided by your county health department?* 

aı	Frequency	Percent	Unweighted Count
	AIDS screening		10
	Cholesterol test		1
	Communicable disease		2
	Dental services		2
	Diabetes test		1
	Family planning		3
	Flu/pneumonia shot		10
	Health education		5
	High blood pressure		1
	Home health care		6
	Immunization		34
	Physical exams		10
	Pregnancy testing		4
	Prenatal exams/classes		4
	Sexually transmitted disease		4
	TB testing		3
	Vision/hearing screening		1
	Water testing		1
	Well baby exams		2
	WIC		2
	Other		12

## WHO BENEFITS FROM HEALTH DEPARTMENT (A)

Do you think the county health department benefits the poor or everyone?

	Frequency	Percent	Unweighted Count
The poor	576,862	35%	69
Everyone	1,043,094	63%	144
Other	41,331	2%	6

# **B.** Blood Pressure

# LAST BLOOD PRESSURE TAKEN (A)

About how long has it been since you last had your blood pressure taken by a doctor, nurse, or other health professional?

	Frequency	Percent	Unweighted Count
Within year	1,705,426	91%	238
> 1 year	176,858	9%	22

**TOLD BLOOD PRESSURE HIGH (A)** (people who have had blood pressure taken) *Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?* 

	Frequency	Percent	Unweighted Count
Yes	443,463	24%	62
No	1,441,694	76%	199

# TOLD BLOOD PRESSURE HIGH MORE THAN ONCE (A) (people who have

checked blood pressure and told it is high)

Have you been told on more than one occasion that your blood pressure was high, or have you been told this only once?

2	Frequency	Percent	Unweighted Count
More than once	338,613	76%	49
Only once	104,850	24%	13

# C. Cholesterol

#### HAD CHOLESTEROL CHECKED (A)

Blood cholesterol is a fatty substance found in the blood. Have you ever had your blood cholesterol checked?

	Frequency	Percent	Unweighted Count
Yes	1,334,847	71%	184
No	535,619	29%	74

LAST CHOLESTEROL CHECK (A) (people who have had blood cholesterol

checked)

About how long has it been since you last had your blood cholesterol checked?

C C	Frequency	Percent	Unweighted Count
Within year	941,765	71%	131
> 1 year ago	387,495	29%	52

**HIGH CHOLESTEROL (A)** (people who have had blood cholesterol checked) *Have you ever been told by a doctor or other health professional that your blood cholesterol is high?* 

	Frequency	Percent	Unweighted Count
Yes	431,249	32%	52
No	903,598	68%	132

# **D.** Vaccinations

#### FLU SHOT (A)

During the past 12 mon	ths, have you had a flu shot?		
	Frequency	Percent	Unweighted Count
Yes	499,020	27%	76
No	1,367,313	73%	181

WHERE HAD FLU SHOT (A) (people who had flu shot in past year)

At what kind of place did you get your last flu shot? [Read only if necessary.]

<i>,</i> ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Frequency	Percent	Unweighted Count
Doctor's office	236,746	56%	36
Health department	43,432	10%	5
Other clinic or health center	32,003	7%	7
Store or senior/comm/rec center	40,153	10%	6
Hospital or emergency room	72,201	17%	10

# **PNEUMONIA VACCINATION (A)**

Have you ever had a pneumonia vaccination?

	Frequency	Percent	Unweighted Count
Yes	336,837	19%	38
No	1,461,589	81%	205

# E. Colorectal Screening

#### **BLOOD STOOL TEST (A)** (people age 40+)

A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?

	Frequency	Percent	Unweighted Count
Yes	226,902	23%	26
No	745,908	77%	95

**LAST BLOOD STOOL TEST (A)** (people age 40+ who have used home blood stool test)

When did you have your last blood stool test using a home kit?

	Frequency	Percent	Unweighted Count
Within year	116,256	52%	15
More than a year ago	107,341	48%	10

# **PROCTOSCOPIC EXAM (A)** (people age 40+)

A sigmoidoscopy or colonoscopy is when a tube is inserted in the rectum to view the bowel for signs of cancer and other health problems. Have you ever had this exam?

5	Frequency	Percent	Unweighted Count
Yes	296,734	31%	41
No	667,384	69%	80

LAST PROCTOSCOPIC EXAM (A) (people age 40+ who had a sigmoidoscopy or

#### colonoscopy)

When did you have your last sigmoidoscopy or colonoscopy?

, , , ,	Frequency	Percent	Unweighted Count
Within 5 years	253,042	87%	33
More than 5 years ago	38,562	13%	7

# F. Women's Health

Now I have some questions about other health services you may have received.

# HAD MAMMOGRAM (women age 40+)

A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?

	Frequency	Percent	Unweighted Count
Yes	492,221	87%	150
No	75,543	13%	22

# LAST MAMMOGRAM (women age 40+ who have had a mammogram)

How long has it been since you had your last mammogram?

	Frequency	Percent	Unweighted Count
Within past year	426,699	87%	126
> 1 year ago	64,258	13%	23

## **WHY MAMMOGRAM** (women age 40+ who have had a mammogram)

Was your last mammogram done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer?

, , , , , , , , , , , , , , , , , , ,	Frequency	Percent	Unweighted Count
Routine checkup	458,287	93%	138
Non-cancer breast problem	25,216	5%	9
Cancer	8,717	2%	3

#### HAD CLINICAL BREAST EXAM (women age 18+)

A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps. Have you ever had a clinical breast exam?

1 2	Frequency	Percent	Unweighted Count
Yes	850,840	86%	291
No	140,573	14%	58

# LAST CLINICAL BREAST EXAM (women age 18+ who have had a clinical breast

exam)

How long has it been since your last breast exam?

0	Frequency	Percent	Unweighted Count
Within past year	771,558	92%	266
> 1 year ago	71,493	8%	23

**WHY CLINICAL BREAST EXAM** (women age 18+ who have had a clinical breast exam)

Was your last breast exam done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer?

	Frequency	Percent	Unweighted Count
Routine checkup	822,763	97%	280
Non-cancer breast problem	20,665	2%	7
Cancer	4,797	1%	2

#### HAD PAP SMEAR (women age 18+)

A Pap smear is a test for cancer of the cervix. Have you ever had a Pap smear?

	Frequency	Percent	Unweighted Count
Yes	963,500	97%	336
No	34,157	3%	14

# **LAST PAP SMEAR** (women age 18+ who have had a Pap smear)

How long has it been since you had your last Pap smear?

	Frequency	Percent	Unweighted Count
Within past year	680,682	71%	241
> 1 year	274,798	29%	93

# WHY PAP SMEAR (women age 18+ who have had a Pap smear)

*Was your last Pap smear done as part of a routine exam, or to check a current or previous problem?* 

	Frequency	Percent	Unweighted Count
Routine checkup	922,967	96%	322
Problem/other	35,186	4%	13

### HAD HYSTERECTOMY (women age 18+)

Have you had a hysterectomy? (A hysterectomy is an operation to remove the uterus/womb.)

	Frequency	Percent	Unweighted Count
Yes	155,269	16%	43
No	837,042	84%	306

#### **PREGNANT** (women age 18-44, no hysterectomy)

To your knowledge, are you now pregnant?

,	Frequency	Percent	Unweighted Count
Yes	20,117	4%	8
No	506,463	96%	204

**DISCUSSED ESTROGEN (A)** (non-pregnant women age 40+, or hysterectomy) Estrogens such as Premarin and progestins such as Provera are female hormones that may be prescribed around the time of menopause, after menopause, or after a hysterectomy. Has your doctor discussed the benefits and risks of estrogen with you?

	Frequency	Percent	Unweighted Count
Yes	164,103	44%	20
No	211,307	56%	38

# CURRENTLY TAKING ESTROGEN (A) (non-pregnant women age 40+, or

hysterectomy)

Are you currently taking estrogen pills?

	Frequency	Percent	Unweighted Count
Yes	11,218	3%	3
No	360,598	97%	54

#### **ESTROGEN FOR HEART (A)** (non-pregnant women age 40+, or hysterectomy,

currently taking estrogen)

Why are you	taking estrogen	vills? To	prevent a	heart attack:
			F	

	Frequency	Percent	Unweighted Count
Yes			1
No			2

#### ESTROGEN FOR OSTEOPOROSIS (A) (non-pregnant women age 40+, or

hysterectomy, currently taking estrogen)

Why are you taking estrogen pills? To treat or prevent bone thinning, bone loss, or osteoporosis:

	Frequency	Percent	Unweighted Count
Yes			1
No			2

# ESTROGEN FOR MENOPAUSE (A) (non-pregnant women age 40+, or

hysterectomy, currently taking estrogen)

Why are you taking estrogen pills? To treat symptoms of menopause such as hot flashes:

	Frequency	Percent	Unweighted Count
Yes			2
No			1

#### **DRINK MILK (A)** (non-pregnant women age 40+, or hysterectomy)

How often do you drink a glass of milk? (Whole, 2%, chocolate or other drinks made with milk.)

	Frequency	Percent	Unweighted Count
Daily	155,986	44%	25
Less than daily	94,687	27%	18
Never	100,867	29%	12

**CALCIUM SUPPLEMENTS (A)** (non-pregnant women age 40+, or hysterectomy) *Do you take any calcium supplements on a daily basis?* 

	Frequency	Percent	Unweighted Count
Yes	134,799	36%	20
No	240,612	64%	38

#### DISCUSSED OSTEOPOROSIS (A) (non-pregnant women age 40+, or

hysterectomy)

During the past two years, has a doctor, nurse or other health care professional talked with you about the risks of osteoporosis?

	Frequency	Percent	Unweighted Count
Yes	161,825	43%	20
No	213,585	57%	38

# G. Oral Health

# LAST DENTAL VISIT (A)

How long has it been since you last visited a dentist or a dental clinic for any reason? (Include visits to dental specialists, such as orthodontists.)

1	Frequency	Percent	Unweighted Count
Within past year	1,228,644	66%	170
More than 1 year ago	614,738	33%	87
Never	10,413	1%	1

### **PERMANENT TEETH (A)**

How many of your permanent teeth have been removed because of tooth decay or gum disease? Do not include teeth lost for other reasons, such as injury or orthodontics. (Include teeth lost due to "infection".)

	Frequency	Percent	Unweighted Count
None	959,282	51%	137
Five or fewer	608,296	32%	76
Six or more but not all	237,619	13%	36
All	75,505	4%	11

**TEETH CLEANED (A)** (people who have visited dentist and have not lost all teeth) *How long hast it been since you had your teeth "cleaned" by a dentist or dental hygienist?* 

	Frequency	Percent	Unweighted Count
Within past year	1,105,482	62%	152
More than one year ago	587,018	33%	87
Never	87,329	5%	7

# **CHRONIC DISEASE**

# A. Diabetes

#### DIABETIC

Have you ever been told by a doctor that you have diabetes? [If yes and female, ask "Was this only when you were pregnant?"]

	Frequency	Percent	Unweighted Count
Yes	81,612	4%	23
Yes, when pregnant	14,773	1%	7
No	1,788,771	95%	526

# **B.** Asthma

#### **ASTHMA PREVALENCE (A)**

Did a doctor ever tell you that you had asthma?

	Frequency	Percent	Unweighted Count
Yes	110,747	6%	22
No	1,774,410	94%	239

# TAKEN ASTHMA DRUGS (A) (people ever told they had asthma)

*In the last 12 months, have you taken any prescription drugs for asthma?* 

,	Frequency	Percent	Unweighted Count
Yes	66,582	60%	14
No	44,166	40%	8

## VISITED ER FOR ASTHMA (A) (people ever told they had asthma)

In the past 12 months, how many times have you been to the emergency room because of your asthma?

	Frequency	Percent	Unweighted Count
At least once	54,234	49%	9
None	56,513	51%	13

# ASTHMA STUDY WILLINGNESS (A) (people ever told they had asthma)

Earlier you indicated you had been diagnosed as having asthma. Would you be willing to provide your name and address for future studies of Illinois residents with asthma?

v	Frequency	Percent	Unweighted Count
Yes	55,846	50%	9
No	54,901	50%	13

# EXERCISE

The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

# ANY EXERCISE (B)

During the past month, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

	Frequency	Percent	Unweighted Count
Yes	1,250,320	66%	191
No	634,837	34%	104

**FIRST EXERCISE ACTIVITY (B)** (people who did any exercise in past month) *What type of physical activity or exercise did you spend the most time doing during the past month?* 

	Frequency	Percent	Unweighted Count
Exercise Training	233,181	20%	39
Sports	243,903	20%	44
Walking	583,932	49%	85
Hobbies/Other	134,469	11%	17

**FIRST EXERCISE DURATION (B)** (people who did any exercise in past month) When you took part in this activity, for how many minutes or hours did you usually keep at it?

	Frequency	Percent	Unweighted Count
Less than 20 minutes	50,240	4%	7
20 minutes or more	1,130,589	96%	177

**FIRST EXERCISE FREQUENCY (B)** (people who did any exercise in past month) *How many times per week or per month did you take part in this activity during the past month?* 

	Frequency	Percent	Unweighted Count
Less than once a week	85,454	7%	11
1-2 times a week	386,551	31%	64
3 times a week or more	771,755	62%	114

# ANY OTHER EXERCISE (B) (people who did any exercise in past month)

Was there another physical activity or exercise that you participated in during the last month?

	1 /	Frequency	Percent	Unweighted Count
Yes		518,953	42%	78
No		727,710	58%	112

# SECOND EXERCISE ACTIVITY (B) (people who did any exercise plus additional

#### exercise in past month)

What other type of physical activity gave you the next most exercise during the past month?

	Frequency	Percent	Unweighted Count
Exercise Training	126,460	25%	21
Sports	282,170	55%	37
Walking	33,262	6%	8
Hobbies/Other	74,170	14%	11

**SECOND EXERCISE DURATION (B)** (people who did any exercise plus additional exercise in past month)

When you took part in this activity, for how many minutes or hours did you usually keep at it?

	Frequency	Percent	Unweighted Count
Less than 20 minutes	29,521	6%	5
20 minutes or more	489,432	94%	73

# **SECOND EXERCISE FREQUENCY (B)** (people who did any exercise plus additional exercise in past month)

How many times per week or per month did you take part in this activity?

V I I	Frequency	Percent	Unweighted Count
Less than once a week	105,973	22%	14
1-2 times a week	172,321	36%	35
3 times a week or more	201,057	42%	27

# SEDENTARY LIFESTYLE RISK (B)

A calculated variable. Sedentary means no reported activity. Irregular activity means one or two activities are reported but the duration and frequency of the combined activities is either: a) less than 20 minutes per session, less than three times per week, or both; or b) activity reported does not include complete information for frequency, duration, or both.

1	Frequency	Percent	Unweighted Count
Sedentary	634,837	34%	104
Irregular Activity	565,283	30%	76
Active Lifestyle	685,037	36%	115

# WEIGHT/NUTRITION

# LOSE WEIGHT (B)

Are you now trying to lose weight?

	Frequency	Percent	Unweighted Count
Yes	607,520	32%	110
No	1,274,385	68%	184

### MAINTAIN WEIGHT (B) (people not trying to lose weight)

Are you now trying to maintain your current weight, that is to keep from gaining weight?

	Frequency	Percent	Unweighted Count
Yes	761,512	60%	101
No	516,125	40%	84

**EXERCISING FOR WEIGHT (B)** (people trying to lose or maintain weight) *Are you using physical activity or exercise to lose weight or keep from gaining weight?* 

	Frequency	Percent	Unweighted Count
Yes	635,788	46%	114
No	733,243	54%	97

# **OBESITY**

Defined as a body mass index (BMI) of 30 or greater. Based on BMI calculated from height and weight.

About how much do you weigh without shoes? [round fractions up] About how tall are you without shoes? [round fractions down]

	Frequency	Percent	Unweighted Count
Obese	392,173	21%	121
Not obese	1,452,319	79%	421

# **OBESITY CATEGORIES**

Based on BMI calculated from height and weight. About how much do you weigh without shoes? [round fractions up] About how tall are you without shoes? [round fractions down]

L	Frequency	Percent	Unweighted Count
Underweight < 18.5	36,410	2%	13
Normal 18.5-24.9	748,554	41%	223
Overweight 25-29.9	667,356	36%	185
Obese 30-39.9	323,253	17%	103
Morbid Obesity 40 +	68,920	4%	18

# DIFFERENCE BETWEEN ACTUAL & IDEAL WEIGHT (B)

How much would you like to weigh?

(Variable calculated by subtracting answer to this question from actual weight.)

·	Frequency	Percent	Unweighted Count
None	804,846	44%	108
1-15 pounds	458,681	25%	74
16-25 pounds	185,377	10%	37
More than 25 pounds	396,813	21%	68

#### **ADVISED ABOUT WEIGHT (B)**

In the past 12 months, has a doctor, nurse, or other health professional given you advice about your weight? [probe for which]

	Frequency	Percent	Unweighted Count
Yes, lose weight	299,887	16%	42
Yes, gain/maintain	121,411	6%	16
No	1,460,607	78%	236

#### **ADVISED ABOUT WEIGHT (B)**

Collapsed from above variable.

	Frequency	Percent	Unweighted Count
Yes	421,298	22%	58
No	1,460,607	78%	236

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.

#### **FREQUENCY OF DRINKING JUICE (B)**

How often do you drink fruit juices such as orange, grapefruit, or tomato?

	Frequency	Percent	Unweighted Count
One or more per day	998,509	53%	146
Weekly but not daily	611,852	32%	107
Less than weekly	198,667	11%	28
Never	73,238	4%	13

# FREQUENCY OF EATING FRUIT (B)

Not counting juice, how often do you eat fruit?

	Frequency	Percent	Unweighted Count
One or more per day	846,036	45%	123
Weekly but not daily	761,098	41%	130
Less than weekly	230,451	12%	35
Never	39,807	2%	5

## FREQUENCY OF EATING SALAD (B)

How often do you eat green salad?

	Frequency	Percent	Unweighted Count
One or more per day	401,990	22%	63
Weekly but not daily	1,122,451	60%	179
Less than weekly	303,028	16%	43
Never	44,323	2%	8

## FREQUENCY OF EATING POTATOES (B)

How often do you eat potatoes not including french fries, fried potatoes, or potato chips?

	Frequency	Percent	Unweighted Count
One or more per day	100,436	5%	15
Weekly but not daily	1,302,025	69%	197
Less than weekly	364,582	19%	68
Never	108,541	6%	13

## FREQUENCY OF EATING CARROTS (B)

How often do you eat carrots?

	Frequency	Percent	Unweighted Count
One or more per day	132,021	7%	21
Weekly but not daily	836,573	46%	138
Less than weekly	636,899	35%	92
Never	196,626	11%	35

#### FREQUENCY OF EATING OTHER VEGETABLES (B)

Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat? (For example: A serving of vegetables at both lunch and dinner would be two servings.)

	Frequency	Percent	Unweighted Count
One or more per day	1,228,918	66%	185
Weekly but not daily	541,710	29%	90
Less than weekly	62,034	3%	12
Never	35,548	2%	6

# **SMOKING**

#### **SMOKED 100 CIGARETTES**

Have you smoked at least 100 cigarettes in your entire life?

	Frequency	Percent	Unweighted Count
Yes	832,657	44%	233
No	1,050,500	56%	323

# SMOKING PATTERN (people who have smoked at least 100 cigarettes)

Do you now smoke cigarettes everyday, some days, or not at all?

_	Frequency	Percent	Unweighted Count
Everyday	350,128	42%	94
Some days	85,072	10%	23
Not at all	399,458	48%	116

## **Smoking Status**

A calculated variable. A current smoker is defined as a respondent who reported smoking 100 cigarettes in lifetime and now smokes every day or some days. A former smoker reported smoking 100 cigarettes in lifetime but currently does not smoke. A non-smoker is a respondent who reported never having smoked 100 cigarettes in lifetime.

1	Frequency	Percent	Unweighted Count
Current smoker	435,199	23%	117
Former smoker	399,458	21%	116
Non-smoker	1,050,500	56%	323

#### **CIGARETTES PER DAY** (people who currently smoke everyday)

On the average, about how many cigarettes a day do you now smoke?

C C	Frequency	Percent	Unweighted Count
10 or less	166,214	48%	41
11 to 19	65,973	19%	18
20 or more	111,758	33%	33

#### CIGARETTES LAST 30 DAYS (people who currently smoke some days)

On the average, when you smoked during the past 30 days, about how many cigarettes did you smoke a day?

	Frequency	Percent	Unweighted Count
5 or less	45,640	55%	15
More than 5	37,822	45%	7

## **QUIT SMOKING** (people who currently smoke everyday)

During the past 12 months, have you quit smoking for 1 day or longer?

0 1	Frequency	Percent	Unweighted Count
Yes	204,064	58%	53
No	146,064	42%	41

# LAST SMOKED REGULARLY (people who have smoked 100 cigarettes but

currently do not smoke at all)

About how long has it been since you last smoked cigarettes regularly, that is, daily?

	Frequency	Percent	Unweighted Count
Within past year	70,000	24%	21
1-5 years ago	69,342	24%	27
5-15 years ago	123,926	43%	35
Never smoked regularly	24,386	9%	7

WORK INDOORS (B) (people who are employed or self-employed)

While working at your job, are you indoors most of the time?

	Frequency	Percent	Unweighted Count
Yes	950,161	84%	176
No	179,617	16%	28

#### WORKPLACE SMOKING PUBLIC AREAS (B) (people who are employed or self-

#### employed)

Which of the following best describes your place of work's official smoking policy for indoor public or common areas, such as lobbies, rest rooms, and lunch rooms? [For workers who visit clients "place of work" means their base location. Please read.]

	Frequency	Percent	Unweighted Count
Not allowed in any public areas	737,600	66%	135
Allowed in some public areas	241,655	21%	42
No policy/allowed all areas	143,972	13%	26

WORKPLACE SMOKING WORK AREAS (B) (people who are employed or self-

#### employed)

Which of the following best describes your place of work's official smoking policy for work areas? [For workers who visit clients "place of work" means their base location. Please read.]

1	Frequency	Percent	Unweighted Count
Not allowed in any public areas	804,009	72%	148
Allowed in some public areas	183,241	16%	32
No policy/allowed all areas	139,253	12%	23

#### **OPINION ON SMOKING IN WORKPLACE (B)**

In the following locations, do you think that smoking should be allowed in all areas, some areas, or not allowed at all? Indoor work areas:

	Frequency	Percent	Unweighted Count
All areas	42,137	2%	7
Some areas	917,478	49%	136
Not allowed	911,779	49%	149

#### **OPINION ON SMOKING IN RESTAURANTS (B)**

In the following locations, do you think that smoking should be allowed in all areas, some areas, or not allowed at all? Restaurants:

	Frequency	Percent	Unweighted Count
All areas	48,163	3%	11
Some areas	658,307	36%	92
Not allowed	1,143,941	62%	186

# ALCOHOL

# **DRINK ANY ALCOHOL (A)**

During the past month, have you had at least one drink of any alcoholic beverage such as beer, wine, wine coolers, or liquor?

	Frequency	Percent	Unweighted Count
Yes	1,060,338	56%	152
No	824,819	44%	109

**FREQUENCY OF DRINKING (A)** (people who drank alcohol in past month) During the past month, how many days per week or per month did you drink any alcoholic beverages, on the average?

	Frequency	Percent	Unweighted Count
Weekly	564,923	54%	83
Less than weekly	482,274	46%	66

## DRINKS PER OCCASION (A) (people who drank alcohol in past month)

A drink is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. On the days when you drank, about how many drinks did you drink on the average?

0	Frequency	Percent	Unweighted Count
One	351,156	35%	52
Two	307,053	30%	40
Three to four	218,056	22%	35
Five or more	133,960	13%	18

# TIMES DRANK MORE THAN 5 DRINKS (A) (people who drank alcohol in past

#### month)

*Considering all types of alcoholic beverages, how many times during the past month did you have 5 or more drinks on an occasion?* 

	Frequency	Percent	Unweighted Count
None	753,952	72%	107
One	83,270	8%	13
Тwo	47,225	4%	9
Three or more	169,118	16%	21

## **CHRONIC DRINKING RISK (A)**

A calculated variable. At risk is defined as respondents who reported that they have had on the average two or more drinks per day or 60 or more drinks a month (based on the total number of drinks per month).

	Frequency	Percent	Unweighted Count
At risk	96,492	7%	12
Not at risk	1,329,228	93%	177

# **BINGE DRINKING RISK (A)**

A calculated variable. At risk is defined as respondents who reported that they have had alcoholic beverages in the past month and have had five or more alcoholic drinks on one or more occasions in the past month.

_	Frequency	Percent	Unweighted Count
At risk	299,613	16%	43
Not at risk	1,578,771	84%	216

# **DRINKING & DRIVING RISK (A)**

Calculated by labeling "at risk" anyone who answered they had driven when had too much to drink in the past month.

	Frequency	Percent	Unweighted Count
At risk	68,063	4%	8
Not at risk	1,813,114	96%	252

# **INJURY PREVENTION**

**CHILD'S USE OF BIKE HELMET (A)** (people with a child age 5-15 who rides a bicycle)

During the past year, how often has [that child] worn a bicycle helmet when riding a bicycle? Would you say always, nearly always, sometimes, seldom, or never:

	Frequency	Percent	Unweighted Count
Always/nearly always	130,361	34%	20
Sometimes/seldom/never	252,240	66%	35

CHECK SMOKE DETECTOR (A) (people with smoke detectors in home)

When was the last time you or someone else deliberately tested all of the smoke detectors in your home?

	Frequency	Percent	Unweighted Count
Within 6 months	1,125,476	64%	152
6 months - 1 year	155,684	9%	25
> 1 year or never	449,575	26%	63

# HAD SUNBURN (A)

The next question is about sunburns, including any time that even a small part of your skin was red for more than 12 hours. Have you had a sunburn within the past 12 months?

•	Frequency	Percent	Unweighted Count
Yes	491,843	26%	67
No	1,389,290	74%	193

**NUMBER OF SUNBURNS (A)** (people who have had a sunburn in past 12 months) *Including times when even a small part of your skin was red for more than 12 hours, how many sunburns have you had within the past 12 months?* 

	Frequency	Percent	Unweighted Count
One	210,397	43%	23
Two	125,663	26%	19
Three or more	148,594	31%	24

# HIV/AIDS

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

# A. Education

# **SOURCE OF HIV/STD INFORMATION (B)** (people under age 65)

During the past 12 months, what was your main source for information about preventing or reducing your risk of infection with HIV or other sexually transmitted diseases?

	Frequency	Percent	Unweighted Count
AIDS/STD hotline	0	0%	0
Media	957,357	65%	159
Community outreach/schools	47,622	3%	10
Medical staff or facility	192,691	13%	33
Friends/relatives	29,697	2%	5
None/Nowhere	158,586	11%	26
Other	91,203	6%	20

# GRADE TO BEGIN AIDS EDUCATION (people under age 65)

If you had a child in school, at what grade do you think he or she should begin receiving education in school about HIV infection and AIDS?

	Frequency	Percent	Unweighted Count
Kindergarten	100,163	7%	33
Elementary (1-5)	862,979	58%	270
Middle School (6-8)	417,327	28%	117
High School (9-12)	67,068	4%	18
Never	41,553	3%	8

# **ENCOURAGE TEEN TO USE CONDOM** (people under age 65)

If you had a teenager who was sexually active, would you encourage him or her to use a condom?

	Frequency	Percent	Unweighted Count
Yes	1,434,085	92%	430
No	28,762	2%	5
Give other advice	96,897	6%	31

# **B.** Testing

**DONATE BLOOD SINCE 1985** (people under age 65 and not currently infected with HIV)

Have you donated blood since March 1985?

	Frequency	Percent	Unweighted Count
Yes	334,135	21%	108
No	1,244,649	79%	363

**LAST BLOOD DONATION** (people under age 65 and not currently infected with HIV, and who have donated blood since 1985)

When did you last donate blood?

,	Frequency	Percent	Unweighted Count
Within past year	130,217	42%	43
1-2 years ago	28,622	9%	9
2-3 years ago	29,517	9%	9
3-4 years ago	14,670	5%	5
More than 4 years ago	106,736	35%	35

**DONATED BLOOD PAST 12 MONTHS** (people under age 65 and not currently infected with HIV, and who have donated blood since 1985)

Question not asked; recoded from above variable.

	Frequency	Percent	Unweighted Count
Yes	130,217	42%	43
No	179,545	58%	58

**TESTED FOR HIV NOT INCLUDING BLOOD DONATION** (people under age 65 and not currently infected with HIV, and who have donated blood since 1985) *Except for tests you may have had as part of blood donations, have you ever been tested for HIV?* [include saliva test]

	Frequency	Percent	Unweighted Count
Yes	147,669	45%	52
No	182,823	55%	55

**TESTED FOR HIV** (people under age 65 and not currently infected with HIV, and who have <u>not</u> donated blood since 1985)

*Have you ever been tested for HIV?* [include saliva test]

	Frequency	Percent	Unweighted Count
Yes	634,101	52%	203
No	587,400	48%	155

**RECEIVED AIDS TEST** (people under age 65 and not currently infected with HIV) [Variable computed by adding the responses to the previous two questions, *have you ever been tested for HIV and except for tests you may have had as part of blood donations, have you ever been tested for HIV?*]

	Frequency	Percent	Unweighted Count
Yes	781,770	50%	255
No	770,223	50%	210

**WHEN LAST AIDS TEST** (people under age 65 who have been tested for HIV) *When was your last test for HIV?* [include saliva test]

	Frequency	Percent	Unweighted Count
Within past year	285,332	39%	93
1-2 years ago	135,828	18%	43
2-3 years ago	40,689	6%	16
3-4 years ago	76,532	10%	21
More than 4 years ago	196,548	27%	70

**REASON FOR HIV TEST** (people under age 65 who have been tested for HIV) *What was the main reason you had your last test for HIV?* 

5	Frequency	Percent	Unweighted Count
Referral/to find out/at risk	288,709	38%	99
Mandatory	164,173	22%	45
Hospitalization/illness	45,291	6%	19
Pregnancy	106,181	14%	36
Routine checkup	112,713	15%	34
Occupational exposure	37,363	5%	12

**REASON FOR HIV TEST** (people under age 65 who have been tested for HIV)

Collapsed from above variable.

1	Frequency	Percent	Unweighted Count
Routine	645,117	84%	209
A problem/other	124,514	16%	37

# WHERE AIDS TEST (people under age 65 who have been tested for HIV)

Where did you have your last test for HIV?

	Frequency	Percent	Unweighted Count
Private doctor	223,698	29%	75
Public clinic	248,664	32%	81
Mandatory site	22,198	3%	6
Hospital	190,163	25%	64
Reproductive health clinic	48,531	6%	11
Home test/other	42,181	5%	14

**WHERE AIDS TEST** (people under age 65 who have been tested for HIV) Collapsed from variable above.

	Frequency	Percent	Unweighted Count
Public facility	349,635	46%	111
Private facility	386,538	50%	129
At home/other	33,633	4%	14

# **RECEIVED RESULTS** (people under age 65 who have been tested for HIV)

Did you receive the results of your last test?

v	Frequency	Percent	Unweighted Count
Yes	705,848	90%	228
No	76,789	10%	27

**RECEIVED COUNSELING** (people under age 65 who have been tested and received results of HIV test)

Did you receive counseling or talk with a health care professional about the results of your test?

	Frequency	Percent	Unweighted Count
Yes	234,949	33%	80
No	467,046	67%	147

# C. Sexual Behavior/Risk Factors

## **RISK BEHAVIOR (B)** (people under age 65)

The next question lists some situations that may or may not apply to you. Answer yes if any do apply to you and no if none of them apply to you. You do not need to tell me which ones.

You have shared syringes or injection equipment for injecting drugs, vitamins or steroids. You had anal sex without a condom in the past year.

You had sex with someone known to be HIV-positive in the past year.

Do any of these situations apply to you?

	Frequency	Percent	Unweighted Count
Yes	65,721	4%	9
No	1,515,799	96%	253

## **RISK OF STD (B)** (people under age 65)

What are your chances of getting infected with a sexually transmitted disease or venereal disease other than HIV? Would you say:

	Frequency	Percent	Unweighted Count
High	25,807	2%	4
Medium/low	451,571	29%	85
None	1,102,272	670%	172

## **TREATED FOR STD (B)** (people under age 65)

In the past 12 months, have you been treated for a sexually transmitted or venereal disease?

-	Frequency	Percent	Unweighted Count
Yes	28,119	2%	3
No	1,563,538	98%	260

# WHERE TREATED FOR STD (B) (people under age 65 and treated for STD in past 12 months)

# 12 months)

Where did you receive treatment for your sexually transmitted disease?

v	Frequency	Percent	Unweighted Count
Health Dept STD Clinic			1
Private physician			1
Other			1

# WHAT STD TREATED (B) (people under age 65 and treated for STD in past 12

#### months)

What sexually transmitted disease were you treated for?

·	Frequency	Percent	Unweighted Count
Gonorrhea			1
Chlamydia			1
Gonorrhea & chlamydia			1

# NUMBER OF SEXUAL PARTNERS (B) (people under age 65 who have had sex in

#### the past 5 years)

Including your spouse or permanent partner, with how many different people have you had sex in the past 12 months?

	Frequency	Percent	Unweighted Count
None	228,300	16%	29
One only	993,207	70%	167
More than one	198,969	14%	38

**CONDOM USE WITH ONLY SEX PARTNER (B)** (people under age 65 and who have had sex with only one partner in past year)

In the past 12 months, how often did you use condoms with your sex partner?

-	Frequency	Percent	Unweighted Count
Always/nearly always	249,374	25%	49
Sometimes/seldom	254,631	26%	36
Never	484,614	49%	80

**CONDOM USE WITH ALL SEX PARTNERS (B)** (people under age 65 and who have had sex with more than one partner in past year)

In the past 12 months, how often did you use condoms with all your sex partners?

1	Frequency	Percent	Unweighted Count
Always/nearly always	162,945	71%	27
Sometimes/seldom	30,175	13%	5
Never	36,210	16%	6

**REASON NO CONDOM (B)** (people under age 65 and who have had sex within

# past year and did not always use condoms)

What is the main reason you did not always use condoms?

·	Frequency	Percent	Unweighted Count
Married	340,349	41%	52
Monogamous	139,531	17%	25
Want pregnancy/use other method/no need	184,422	22%	27
Problem with use/other reason	173,683	21%	33

# **SEX AND ALCOHOL (B)** (people under age 65 and who have had sex in the past 5 years)

During the past three months, have you ever had unprotected sex after drinking too much alcohol?

	Frequency	Percent	Unweighted Count
Yes	57,531	5%	11
No	1,175,107	95%	199

# CHANCE OF AIDS (people under age 65, not currently infected with HIV)

What are your chances of getting infected with HIV, the virus that causes AIDS? Would you say: [please read]

	Frequency	Percent	Unweighted Count
High	50,801	3%	15
Medium/low	569,782	37%	185
None	939,135	60%	265

# **SENIORS' HEALTH**

I would like to ask you about some everyday activities. Because of a health or physical problem, do you have any difficulty doing the following activities? Please tell me for each activity whether you have no difficulty at all, some difficulty, or if you are unable to do the activity.

## **DIFFICULTY BATHING** (people age 65+)

Because of a health or physical problem, do you have any difficulty fully bathing or showering yourself without help?

[Do not read interviewer note: Bathing includes taking a full bath to wash one's entire body, whether in a bathtub, shower, or a sponge bath at a sink or wash basin. Bathing includes turning on the water, getting in and out of the tub or shower, washing the entire body, including back and feet, and drying oneself.]

2	Frequency	Percent	Unweighted Count
No difficulty	255,943	90%	70
Some difficulty/not able	28,417	10%	9

# **DIFFICULTY DRESSING** (people age 65+)

Because of a health or physical problem, do you have any difficulty dressing and grooming yourself without help?

[Do not read interviewer note: Dressing includes getting clothing, underwear, and shoes from closets or drawers, putting them on, and fastening any buttons or zippers. Grooming includes washing one's face, shampooing and combing hair, brushing and cleaning teeth. For men, it also includes shaving.]

	Frequency	Percent	Unweighted Count
No difficulty	270,430	95%	74
Some difficulty/not able	13,930	5%	5

# **DIFFICULTY EATING** (people age 65+)

Because of a health or physical problem, do you have any difficulty eating food and drinking liquids yourself without help?

[Do not read interviewer note: Feeding includes cutting food, using a fork or spoon, and drinking from a glass or cup.]

	Frequency	Percent	Unweighted Count
No difficulty	284,360	100%	79
Some difficulty/not able	0	0%	0

#### **DIFFICULTY MOVING** (people age 65+)

Because of a health or physical problem, do you have any difficulty moving in and out of bed or a chair without help?

	Frequency	Percent	Unweighted Count
No difficulty	238,955	84%	66
Some difficulty/not able	45,404	16%	13

# **DIFFICULTY USING TOILET** (people age 65+)

Because of a health or physical problem, do you have any difficulty using the toilet without help? [Do not read interviewer note: Toileting includes getting to the toilet room, onto and off the toilet, cleaning oneself, and adjusting one's clothes after toileting.]

er, ereanning enrecent, and acja	Frequency	Percent	Unweighted Count
No difficulty	284,360	100%	79
Some difficulty/not able	0	0%	0

## **DIFFICULTY WITH BLADDER/BOWEL** (people age 65+)

Because of a health or physical problem, do you have any difficulty voluntarily controlling your bladder or your bowels?

	Frequency	Percent	Unweighted Count
No difficulty	249,082	88%	68
Some difficulty/not able	35,278	12%	11

#### **DIFFICULTY WALKING** (people age 65+)

Because of a health or physical problem, do you have any difficulty walking on a level surface inside your home?

	Frequency	Percent	Unweighted Count
No difficulty	267,385	94%	72
Some difficulty/not able	16,975	6%	7

## **DIFFICULTY GETTING OUT** (people age 65+)

Because of a health or physical problem, do you have any difficulty getting to places outside your home and not within walking distance without help? For example, travel alone on buses, taxis, or drive a car. Would you say that you have no difficulty, some difficulty, or you are unable to do it?

	Frequency	Percent	Unweighted Count
No difficulty	235,030	83%	64
Some difficulty/not able	49,329	17%	15

## **DIFFICULTY WRITING/GRASPING** (people age 65+)

Because of a health or physical problem, do you have any difficulty either writing or handling and grasping small objects? Would you say that you have no difficulty, some difficulty, or you are unable to do it?

	Frequency	Percent	Unweighted Count
No difficulty	258,389	91%	70
Some difficulty/not able	25,971	9%	9

Next I would like to ask you about your hearing.

#### **WEARS HEARING AID** (people age 65+)

Do you wear a hearing aid every day?

~	U	Frequency	Percent	Unweighted Count
Yes		5,347	2%	2
No		279,013	98%	77

#### **CAN HEAR** (people age 65+)

*Can you hear most of the things people say (with a hearing aid if that is how you hear best)?* 

	Frequency	Percent	Unweighted Count
Yes	271,179	95%	76
No	13,181	5%	3

Next, I would like to ask you about your vision. If you use glasses or contact lenses, please answer according to the way you see <u>with</u> them.

#### HAVE VISION (people age 65+)

Do you have vision in both eyes or only one eye?

	Frequency	Percent	Unweighted Count
Yes, both eyes	274,140	96%	76
Only one eye/blind in both	10,219	4%	3

#### **CAN READ NEWSPRINT** (people age 65+ who are not blind)

Can you see well enough to read newspaper print (with your glasses or contacts if that is how you see best)?

	Frequency	Percent	Unweighted Count
Yes	246,700	89%	70
No	30,114	11%	7



City of Chicago Richard M. Daley Mayor

John L. Wilhelm Commissioner of Health