## City of Chicago Department of Public Health Epidemiology Program Report

# BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM (BRFSS): CHICAGO REFERENCE TABLES 2000 

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# Behavioral Risk Factor Surveillance System (BRFSS): Chicago Reference Tables 2000 

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## INTRODUCTION AND METHODS

## Introduction

The Behavioral Risk Factor Surveillance System (BRFSS) is a collaboration between the U.S. Centers for Disease Control and Prevention (CDC) and state health departments. This system was designed to gather locally relevant information on health related behaviors related to the leading causes of death in the US. It has expanded to include data on the prevalence of selected health conditions, and access to health services. Each state has options for sample design and data collection within parameters set by CDC.

## Methods

The BRFSS is a telephone based survey system of non-institutionalized adults. The survey is in the field on a continual basis. A probability sample of telephone numbers is generated on a quarterly basis, and provides the sampling frame for identifying eligible households. States conduct interviews during each month in accordance with a prescribed protocol, and incorporate surveillance results into computer files. States edit and correct completed interviews each month. Data are aggregated and tabulated on an annual basis. The data are weighted prior to tabulation and analysis. Weighting data corrects for study design features and variation of the age/race/sex subgroups between the sample and the general population. Weighting allows inferences to be drawn about the entire adult population from the sample of interview respondents.

In Illinois, the state is stratified into 5 regions: Chicago, suburban Cook County, Collar Counties, other Urban Counties, and Rural Counties. The sampling process described above is performed within each region during the data collection phase, and region-specific weights are developed post-collection. These techniques allow valid statistics to be generated for each region, in addition to statewide statistics.

The BRFSS survey instrument is organized in a modular fashion. The five sections are:

- Fixed Core
- Two Rotating Cores
- Optional Modules
- Emerging Core
- State-Added Questions


## BRFSS: Chicago Reference Tables 2000 Pg. 2

The fixed core is used in all states every year, the rotating cores are used in all states in an alternating fashion- one form is used for odd numbered years, the other form is used for even numbered years. The rotating cores are used in all states. Optional modules are standardized sets of questions on a wide variety of issues available for states to use based on their needs. The emerging core is used to add questions of topical interest, and to evaluate questions for potential use in future surveys. State-Added questions are unique to each jurisdiction and can be used to cover questions that are not addressed elsewhere in the survey.

Since 1994,the BRFSS in Illinois has varied from the standard methodology by using two forms of the questionnaire - respondents are randomly allocated to either form. One form of the questionnaire contains the rotating core for the current year and the alternate form contains the rotating core for the previous year.

The data for the analyses presented in this volume are extracted from BRFSS files provided by the Illinois Department of Public Health for the Chicago stratum. Each questionnaire item was examined for non-response or non-valid response percentages. All items were found to have sufficient valid response rates for further analysis. Frequency tables with percentages were generated for each item. Percentages were based on the universe of valid responses, not the entire respondent pool. Since the Chicago stratum has a much smaller sample size than the statewide sample, responses for many items were collapsed into categories (based on literature review and local needs) to improve the validity and stability of the estimates. The response categories used in this volume may vary from other reports that use BRFSS data. Data are weighted with the appropriate local weights, except for several items which were not weighted due to limited sample size.

This volume is organized into sections containing related items. The text for each item is presented, and the skip pattern is defined (for relevant questions). The percentage, weighted frequency and unweighted frequency for each response category for the item are then listed. For questions that were not asked of the entire sample, the frequencies reported will not total to the (estimated) Chicago adult population.

## DEMOGRAPHICS

## Sex

|  | Frequency | Percent | Unmeighted Count |
| :--- | ---: | :---: | ---: |
| Male | $1,018,639$ | $48 \%$ | 284 |
| Female | $1,117,533$ | $52 \%$ | 410 |

## Age Groups

|  | Frequency | Percent | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| $18-24$ year olds | 323,726 | $15 \%$ | 68 |
| $25-34$ year olds | 533,199 | $25 \%$ | 203 |
| $35-44$ year olds | 433,268 | $20 \%$ | 139 |
| $45-54$ year olds | 330,507 | $16 \%$ | 115 |
| $55-64$ year olds | 216,689 | $10 \%$ | 83 |
| $65+$ | 298,783 | $14 \%$ | 86 |

## Age Groups

18-24 year olds

## Frequency

323,726
966,467
547,196
298,783

Percent Unweighted Count
$15 \% \quad 68$
45\% 342
26\%
198
14\%

[^0]BRFSS: Chicago Reference Tables 2000 Pg. 4

## Racial Categories

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| White | 987,254 | $46 \%$ | 419 |
| Black | 988,649 | $46 \%$ | 237 |
| Asian, Pacific Islander | 121,141 | $6 \%$ | 25 |
| Native American | 29,367 | $1.5 \%$ | 2 |
| Other | 9,761 | $.5 \%$ | 3 |

## Racial Categories

|  | Frequency | Percent | Unneighted Count |
| :--- | ---: | ---: | ---: |
| White | 987,254 | $46 \%$ | 419 |
| Non-White | $1,148,918$ | $54 \%$ | 267 |

## Hispanic Origin

Yes
No

Frequency
343,052
1,793,119

Percent
16\%
84\%

Unveighted Count 114

579

## Household Income

Less than \$15,000

Frequency
\$15-35,000
\$35-50,000
More than \$50,000

176,101
823,656
337,409
608,762

Percent
9\%
42\%
$17 \%$
31\%

## Unveighted Count

68
252
112
198

[^1]
## Education Level

|  | Frequency | Percent | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| Less than high school | 237,342 | $11 \%$ | 76 |
| High school graduate | 555,521 | $26 \%$ | 168 |
| Some college | 616,078 | $29 \%$ | 182 |
| College grad | 727,230 | $34 \%$ | 268 |

## Employment Groups

|  | Frequency | Percert | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| Employed | $1,351,742$ | $63 \%$ | 475 |
| Out of work | 142,081 | $7 \%$ | 37 |
| Homemaker/student | 219,707 | $10 \%$ | 59 |
| Retired/unable | 422,642 | $20 \%$ | 123 |

## Marital Status

Frequency

Married
Widowed
Divorced/separated
Never married
Unmarried couple
752,445
167,997
263,947
840,424
83,545
Percent
Unweighted Count
$36 \% \quad 216$
8\% 65
$12 \% \quad 115$
40\% 264
4\%
31

## Household Type

One adult, no children
One adult, children
$>1$ adult, no children
>1 adult, children

Frequency
428,018
136,979
854,189
716,986

Percent
20\%
Unweighted Count
249
6\%
65
40\% 204

34\%176

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

BRFSS: Chicago Reference Tables 2000 Pg. 6

## Number of Adults

|  | Frequancy | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| 1 | 564,997 | $26.5 \%$ | 314 |
| 2 | 922,590 | $43 \%$ | 277 |
| 3 | 372,622 | $17.5 \%$ | 64 |
| 4 | 172,136 | $8 \%$ | 29 |
| 5 | 49,541 | $2.5 \%$ | 5 |
| 6 | 46,386 | $2 \%$ | 4 |
| 7 | 7,900 | $.5 \%$ | 1 |

## Number of Men

Frequency

## Percent Unmeighted Count

451,773
21\%
240
1,230,367 58\%
16\%
98,851
18,045
$1 \%$

## Number of Women

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| 0 | 364,819 | $17 \%$ | 138 |
| 1 | $1,255,233$ | $59 \%$ | 458 |
| 2 | 361,471 | $17 \%$ | 76 |
| 3 | 121,342 | $6 \%$ | 20 |
| 4 | 0 | $0 \%$ | 0 |
| 5 | 25,407 | $1 \%$ | 1 |
| 6 | 0 | $0 \%$ | 0 |
| 7 | 7,900 | $.5 \%$ | 1 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## Total Number of Children

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| 0 | $1,282,206$ | $60 \%$ | 453 |
| 1 | 307,609 | $14 \%$ | 101 |
| 2 | 262,080 | $12 \%$ | 74 |
| 3 | 190,314 | $9 \%$ | 42 |
| 4 | 42,945 | $2 \%$ | 14 |
| 5 | 35,293 | $2 \%$ | 8 |
| 6 | 5,241 | $.2 \%$ | 1 |
| 7 or more | 10,482 | $.5 \%$ | 1 |

Number of Children Age 0-4
Frequency
0
1,676,229
271,722

| Percent | Unweighted Count |
| ---: | ---: |
| $78.5 \%$ | 567 |
| $13 \%$ | 81 |
| $7 \%$ | 37 |
| $1 \%$ | 8 |
| $.5 \%$ | 1 |

Number of Children Age 5-12

Frequency
1,619,441
330,796
136,209
43,731
5,995

Percent Unweighted Count
$76 \% \quad 554$
15.5\% 87

6\% 40
2\%
11
.3\%
2

[^2]
## Number of Children Age 13-17

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| 0 | $1,826,496$ | $86 \%$ | 621 |
| 1 | 224,805 | $11 \%$ | 55 |
| 2 | 78,192 | $4 \%$ | 16 |
| 3 | 6,678 | $.3 \%$ | 2 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## GENERAL HEALTH STATUS

## Perception of Health

Would you say that in general your health is: [please read]

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Excellent/very good | $1,160,879$ | $54 \%$ | 371 |
| Good/fair | 907,511 | $43 \%$ | 299 |
| Poor | 67,781 | $3 \%$ | 24 |

## Days Physical Health Not Good

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Frequancy

| None | $1,336,450$ | $63 \%$ | 434 |
| :--- | ---: | ---: | ---: |
| $1-7$ days | 556,304 | $26 \%$ | 177 |
| $8-30$ days | 225,303 | $11 \%$ | 78 |

## Days Mental Health Not Good

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Frequency

| None | $1,442,445$ | $68 \%$ | 455 |
| :--- | ---: | ---: | ---: |
| $1-7$ days | 446,524 | $21 \%$ | 147 |
| $8-30$ days | 238,098 | $11 \%$ | 90 |

[^3]BRFSS: Chicago Reference Tables 2000 Pg. 10
Days Health Limited Usual Activities (people who answered at least one day of poor physical or mental health in past 30 days)
During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

|  | Frequency | Percent | Unneighted Count |
| :--- | ---: | :---: | ---: |
| None | 654,986 | $61 \%$ | 216 |
| $1-7$ days | 270,705 | $25 \%$ | 103 |
| $8-30$ days | 143,053 | $13 \%$ | 47 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## HEALTH CARE ACCESS/INSURANCE

## Have Health Plan

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

Frequency
Yes 1,779,903
No
349,043
Percent
Unweighted Count
84\%
588
16\%
103

## Type of Health Plan (people with health coverage)

What type of health care coverage do you use to pay for most of your medical care? Is it coverage through: [please read]

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Your employer | 981,765 | $68 \%$ | 355 |
| Someone else's employer | 254,018 | $18 \%$ | 65 |
| Plan bought on your own | 95,547 | $7 \%$ | 25 |
| Medicare | 8,458 | $.5 \%$ | 3 |
| Medicaid or Medical Assistance | 55,501 | $4 \%$ | 17 |
| Military/CHAMPUS/TriCare/VA | 8,329 | $.5 \%$ | 3 |
| Some other source | 28,978 | $2 \%$ | 15 |

[^4]Time during Last Year without Coverage (people with health coverage, excluding Medicare)
During the past 12 months, was there any time that you did not have any health insurance or coverage?

|  | Frequency | Percent | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 101,418 | $7 \%$ | 38 |
| No | $1,327,231$ | $93 \%$ | 444 |

Why No Coverage Last 12 Months (A) (people currently with health coverage, excluding Medicare, that at some time in past 12 months did not have coverage)
What was the main reason you were without health care coverage during the past 12 months?

## Frequency <br> Percent Unmeighted Count

Lost job/eligibility 8
Couldn't afford premiums 4
Other 2

Why No Coverage (A) (people with no health coverage)
What is the main reason you are without health care coverage?

| Frequancy | Percent | Unmeighted Count |
| ---: | ---: | ---: |
| 105,529 | $39 \%$ | 14 |
| 14,278 | $5 \%$ | 4 |
| 76,706 | $29 \%$ | 12 |
| 72,051 | $27 \%$ | 42 |

When last Had a Health Plan (people with no health coverage) About how long has it been since you had health care coverage?

Frequency
Within past year
$>1$ year or never

90,500
179,766

Percent Unweighted Count
33\% 30

67\%
55

[^5]Medicare (people with health coverage)
Medicare is a coverage plan for people 65 or over and for certain disabled people. Do you have Medicare?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 389,025 | $22 \%$ | 114 |
| No | $1,389,115$ | $78 \%$ | 473 |

## Avoided Doctor Because of Cost

Was there a time during the last 12 months when you needed to see a doctor, but could not because of the cost?

| Frequency | Percent | Unmeighted Count |
| ---: | ---: | ---: |
| 194,102 | $9 \%$ | 66 |
| $1,933,267$ | $91 \%$ | 626 |

[^6]
## HEALTH CARE UTILIZATION/SCREENING

## A. General Health Care

## Last Routine Checkup

About how long has it been since you last visited a doctor for a routine checkup? [A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.]

Percent
Unveighted Count
79\% 533

| Within year | $1,674,494$ | $79 \%$ | 533 |
| :--- | ---: | :--- | ---: |
| Within 2 years | 207,209 | $10 \%$ | 69 |
| $>2$ years or never | 243,242 | $11 \%$ | 89 |

## Usual Place for Health Care (A)

Is there one particular clinic, health center, doctor's office, or other place that you usually go to if you are sick or need advice about your health?

One Place More Often for Health Care (A) (people who answered more than one place for primary health care)
Is there one of these places that you go to most often when you are sick or need advice about your health?

Frequency
Percent Unweighted Count
Yes
No

[^7]Type of Place (A) (people who have a usual place of health care)
What kind of place is it? Would you say: [please read]
Frequancy Percent Unweighted Count

| Doctor's office or HMO | 910,510 | $51 \%$ | 142 |
| :--- | ---: | ---: | ---: |
| Clinic or heath center | 508,686 | $29 \%$ | 74 |
| Hospital outpatienturgent care | 293,976 | $16 \%$ | 44 |
| Hospital emergency room | 50,414 | $3 \%$ | 5 |
| Some other kind of place | 20,075 | $1 \%$ | 4 |

## Personal Doctor (A) (people who have a usual place of health care)

 Do you have one person you think of as your personal doctor or health care provider?Frequency
Yes, one or more
No

1,517,280
303,190

Percent
Unmeighted Count
83\%
230
17\%
47

## Ever Served in Military (A)

Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

Frequency
Yes
No
159,003
1,971,442
Percent Unweighted Count
7\% 19

93\%
308

Current Military Status (A) (people who ever served in military) Which of the following best describes your current military status? Are you: [please read]

Frequency

| Currently on active duty | 0 | 0 | 0 |
| :--- | ---: | ---: | ---: |
| Currently in reserves | 0 | 0 | 0 |
| No longer in military service | 159,003 | $100 \%$ | 19 |

[^8]Health Care through Military (A) (people who ever served in military) In the last 12 months have you received some or all of your health care from VA facilities?

## Frequency <br> Percent Unveighted Count

Yes, all of my health care
Yes, some of my health care
No, no VA health care received

## B. Blood Pressure

0
0
0
3,590
2\% 1

148,542
98\%
17

## Last Blood Pressure Taken (B)

About how long has it been since you last had your blood pressure taken by a doctor, nurse, or other health professional?

Told Blood Pressure High (B) (people who have had blood pressure taken) Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?

| Frequency | Percent | Unmeighted Count |
| ---: | ---: | ---: |
| 470,365 | $22 \%$ | 82 |
| $1,665,811$ | $78 \%$ | 284 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

Told Blood Pressure High More Than Once (B) (people who have had blood pressure taken and told it is high)
Have you ever been told on more than one occasion that your blood pressure was high, or have you been told this only once?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| More than once | 361,269 | $77 \%$ | 64 |
| Only once | 109,096 | $23 \%$ | 18 |

## C. Cholesterol

## Had Cholesterol Check (B)

Blood cholesterol is a fatty substance found in the blood. Have you ever had your blood cholesterol checked?

Frequancy
Yes 1,549,100
No
581,823

| Percent | Unmeighted Count |
| ---: | ---: |
| $73 \%$ | 280 |
| $27 \%$ | 84 |

Last Cholesterol Check (B) (people who ever had blood cholesterol checked) About how long has it been since you last had your blood cholesterol checked?

Frequency

| Within year | $1,156,293$ | $76 \%$ | 201 |
| :--- | ---: | ---: | ---: |
| $>1$ year ago | 375,248 | $24 \%$ | 74 |

[^9]BRFSS: Chicago Reference Tables 2000 Pg. 18
High Cholesterol (B) (people who ever had blood cholesterol checked)
Have you ever been told by a doctor or other health professional that your blood cholesterol is high?

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 378,862 | $24 \%$ | 74 |
| No | $1,170,238$ | $76 \%$ | 206 |

## D. Vaccinations

## Flu Shot (B)

During the past 12 months, have you had a flu shot?

Frequency
Yes
No
617,342
1,493,620

Percent
29\%
71\%270

## Unveighted Count

92

## Pneumonia Vaccination (B)

Have you ever had a pneumonia vaccination?

Frequency
Yes 307,906
No
1,736,624

Percent Unmeighted Count
15\%
85\%

## E. Colorectal Screening

Blood Stool Test (B) (people age 40+)
A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 252,928 | $26 \%$ | 46 |
| No | 739,177 | $74 \%$ | 301 |

Last Blood Stool Test (B) (people age $40+$ who have used home blood stool test)
When did you have your last blood stool test using a home kit?
Frequency

| Within year | 121,968 | $48 \%$ | 17 |
| :--- | :--- | :--- | :--- |
| More than a year ago | 130,960 | $52 \%$ | 29 |

Why Blood Stool Test (B) (people age 40+ who have used home blood stool test)
Was your last blood stool test done as part of a routine checkup, or because you had symptoms of a problem such as rectal bleeding or a change in bowel habits?

Frequency
Routine
Problem
251,257
1,670

Percent Unveighted Count
99\% 45

1\%

[^10]BRFSS: Chicago Reference Tables 2000 Pg. 20
Sigmoidoscopy Exam (B) (people age 40+)
A sigmoidoscopy or colonoscopy is when a tube is inserted in the rectum to view the bowel for signs of cancer and other health problems. Have you ever had this exam?

Frequency
Yes 315,267
No
671,294

Percent
$32 \%$
68\%121

Last Sigmoidoscopy Exam (A) (people age 40+ who had a sigmoidoscopy or colonoscopy)
When did you have your last sigmoidoscopy or colonoscopy?

## Frequency Percent Unweighted Count

Within past year 159,063
53\% 22
More than 1 year ago
141,212
47\%
31

Why Sigmoidoscopy Exam (B) (people age 40+ who had a sigmoidoscopy or colonoscopy)
Was your last sigmoidoscopy or colonoscopy exam done as part of a routine checkup, or because you had symptoms of a problem such as rectal bleeding or a change in bowel habits?

Frequancy
Routine
Problem
217,645
97,622
Percent Unmeighted Count
69\% 34

31\%
20

[^11]
## F. Women's Health

Now I have some questions about other health services you may have received.

Had Mammogram (women age 40+)
A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 502,385 | $90 \%$ | 191 |
| No | 54,549 | $10 \%$ | 22 |

## LAST MAMMOGRAM (women age 40+ who have had a mammogram)

 How long has it been since you had your last mammogram?|  | Frequancy | Percent | UnmeightedCount |
| :--- | ---: | ---: | ---: |
| Within past year | 469,038 | $94 \%$ | 177 |
| $>1$ year or never | 31,319 | $6 \%$ | 13 |

Why Mammogram (women age 40+ who have had a mammogram) Was your last mammogram done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer?

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Routine checkup | 599,739 | $92 \%$ | 223 |
| Non-cancer breast problem | 47,463 | $7.5 \%$ | 15 |
| Cancer | 2,570 | $.5 \%$ | 1 |

[^12]BRFSS: Chicago Reference Tables 2000 Pg. 22

## Had Clinical Breast Exam (women 18+)

A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps. Have you ever had a clinical breast exam?

Frequancy
Yes
No

921,430
188,958

Percent Unveighted Count
83\% 350
$17 \%$ 57

Last Clinical Breast Exam (women age 18+ who have had a clinical breast exam)
How long has it been since your last breast exam?
Frequency
Within past year 829,767
$>1$ year
80,831
Percent Unveighted Count
91\% 314

9\% 33

Why Clinical Breast Exam (women age 18+ who have had a clinical breast exam)
Was your last breast exam done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer?

Frequency

| Routine checkup | 896,068 | $97 \%$ | 339 |
| :--- | ---: | ---: | ---: |
| Non-cancer breast problem | 18,736 | $2 \%$ | 9 |
| Cancer | 6,626 | $1 \%$ | 2 |

Had Pap Smear (women age 18+)
A Pap smear is a test for cancer of the cervix. Have you ever had a Pap smear?

Frequancy
Yes
No
1,032,325
74,210

Percent Unveighted Count
$93 \% \quad 377$
$7 \% \quad 29$

[^13]LASt Pap Smear (women age 18+ who have had a Pap smear)
How long has it been since you had your last Pap smear?

Frequancy
Within past year 925,501
$>1$ year $\quad 85,240$

Percent Unmeighted Count
92\%
327
8\%
43

Why Pap Smear (women age 18+ who have had a Pap smear)
Was your last Pap smear done as part of a routine exam, or to check a current or previous problem?

|  | Frequency | Percent | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| Routine checkup | 991,334 | $97 \%$ | 356 |
| Problem/other | 30,609 | $3 \%$ | 18 |

## Had Hysterectomy (women age 18+)

Have you had a hysterectomy? [A hysterectomy is an operation to remove the uterus/womb.]
Frequancy

| Yes | 148,544 | $13 \%$ | 60 |
| :--- | ---: | ---: | ---: |
| No | 953,765 | $87 \%$ | 344 |

Pregnant (women age 18-44, no hysterectomy)
To your knowledge, are you now pregnant?

Frequancy
Yes 54,808
No

573,732

Percent
Unweighted Count
$13 \% \quad 60$
87\%
344

|  | Frequancy | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 54,808 | $9 \%$ | 13 |
| No | 573,732 | $91 \%$ | 205 |

[^14]
## CHRONIC DISEASE/IMPAIRMENT

## A. Diabetes

## Diabetic

Have you ever been told by a doctor that you have diabetes? [If yes and female, ask "Was this only when you were pregnant?"]

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 99,821 | $5 \%$ | 42 |
| Yes, when pregnant | 17,210 | $.5 \%$ | 6 |
| No | $2,019,140$ | $94.5 \%$ | 646 |

Age Told Diabetic (A) (people who are diabetic) How old were you when you were told you have diabetes?

Frequency
Less than 50 years old
50 or older
57,960
20,303

Percent Unmeighted Count
$74 \% \quad 13$
$26 \% \quad 5$

Insulin (A) (people who are diabetic)
Are you now taking insulin?

Frequency
Yes
No

37,550
40,713

Percent
48\%
52\%

Unweighted Count 7

11

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

Blood Sugar (A) (people who are diabetic)
About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do not include times when checked by a health professional.

Frequancy

Daily

Weekly
Less than weekly
-

53,026
11,056
10,983

Unmeighted Count
70\%
11
15\%
3
15\% 3

## B. Asthma

## Asthma Prevalence (A)

Did a doctor ever tell you that you had asthma?

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 271,120 | $13 \%$ | 41 |
| No | $1,865,091$ | $87 \%$ | 287 |

## Current Asthma (A) (people ever told they had asthma)

Do you still have asthma?

|  | Frequency | Percent | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 178,995 | $68 \%$ | 30 |
| No | 82,252 | $32 \%$ | 10 |

[^15]
## C. Arthritis

## Had Joint Pain (B)

During the past 12 months, have you had pain, aching, stiffness or swelling in or around a joint?

Frequancy
Yes
No

227,056
1,886,038
Percent
11\%
Unmeighted Count

89\% 53

309

Symptoms on Most Days (B) (people with joint pain in past 12 months)
Were these symptoms present on most days for at least one month?
Frequency
Yes
No
222,521
0
Percent Unveighted Count
$100 \%$
0\%
0

Joint Pain Limits Activities (B) (people with joint pain in past 12 months) Are you now limited in any way in any activities because of joint symptoms?

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 84,536 | $37 \%$ | 20 |
| No | 142,521 | $63 \%$ | 33 |

## Told Arthritic (B)

Have you ever been told by a doctor that you have arthritis?

Frequency
Yes
No

327,692
1,781,866

Percent
$16 \%$
84\%

Unveighted Count
71
290

[^16]
## Type of Arthritis (B) (people with arthritis)

What type of arthritis did the doctor say you have?

## Frequancy

| Osteoarthritis/degenerative | 88,119 | $27 \%$ | 22 |
| :--- | ---: | ---: | ---: |
| Rheumatism | 26,868 | $8 \%$ | 8 |
| Rheumatoid arthritis | 33,457 | $10 \%$ | 8 |
| Other | 78,129 | $24 \%$ | 14 |
| Don't know | 101,120 | $31 \%$ | 19 |

Treated for Arthritis (B) (people with arthritis) Are you currently being treated by a doctor for arthritis?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 118,934 | $36 \%$ | 29 |
| No | 208,758 | $64 \%$ | 42 |

Days with Arthritis Pain (B) (people with arthritis)
During the past 30 days, for about how many days did pain from arthritis make it hard for you to do your usual activities, such as self-care, work, or recreation?

|  | Frequancy | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| 0 | 194,952 | $62 \%$ | 38 |
| $1-14$ | 56,332 | $18 \%$ | 15 |
| $15-30$ | 63,456 | $20 \%$ | 16 |

[^17]
## D. Activity Limitation

Other than Arthritis, Activities Limited (B) (people with arthritis) Are you limited in any activities because of an impairment or health problem other than arthritis?

|  | Frequancy | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 76,491 | $24 \%$ | 18 |
| No | 246,608 | $76 \%$ | 52 |

ACTIVITIES Limited (B) (people without arthritis)
Are you limited in any activities because of an impairment or health problem?

Frequency
Yes
No

147,034
781,686

Percent
16\%
84\%

| Yes | 147,034 | $16 \%$ | 21 |
| :--- | ---: | ---: | ---: |
| No | 781,686 | $84 \%$ | 127 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.
What is Major Impairment (B) (people with limited activities due to impairment other than arthritis)
What is the major impairment or health problem that limits your activities?
Frequency Percent Unveighted Count
Arthritis/rheumatism ..... 1
Back or neck problem ..... 3
Fractures, bone/joint injury ..... 3
Walking problem ..... 2
Lung/breathing problem ..... 5
Hearing problem ..... 1
Eye/vision problem ..... 1
Heart problem ..... 2
Stroke problem ..... 2
Hypertension/high blood pressure ..... 2
Diabetes ..... 2
Cancer ..... 1
Other impairment problem ..... 9What is Major Impairment (B) (people with limited activities due toimpairment other than arthritis)

Collapsed from above variable.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Mobility impairment | 109,737 | $48 \%$ | 14 |
| Sensory impairment | 6,937 | $3 \%$ | 2 |
| Chronic disease impairment | 43,380 | $19 \%$ | 9 |
| Other impairment | 66,892 | $29 \%$ | 9 |

[^18]How Long Limited by Impairment (B) (people with limited activities due to impairment other than arthritis)
For how long have your activities been limited because of your major impairment or health problem?

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Less than a year | 37,360 | $16 \%$ | 7 |
| A year or more | 189,586 | $84 \%$ | 27 |

Need Help with Personal Care (B) (people with limited activities due to impairment other than arthritis)
Because of any impairment or health problem, do you need the help of other persons with your personal care needs, such as eating, bathing, dressing, or getting around the house?

|  | Frequancy | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 84,232 | $37 \%$ | 7 |
| No | 140,416 | $63 \%$ | 26 |

Need Help with Routine Care (B) (people with limited activities due to impairment other than arthritis)
Because of any impairment or health problem, do you need the help of other persons with your routine needs, such as everyday household chores, doing necessary business, shopping, or getting around for other purposes?

|  | Frequancy | Percent | Unneighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 103,799 | $46 \%$ | 10 |
| No | 120,849 | $54 \%$ | 23 |

Need Help with Personal or Routine (B) (people with limited activities due to impairment other than arthritis)
Combination of above variables.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 108,917 | $49 \%$ | 11 |
| No | 115,732 | $51 \%$ | 22 |

[^19]Who Helps with Care (B) (people with limited activities due to impairment other than arthritis and need help with personal and/or routine care)
Who usually helps you with your personal care or routine needs? [If a relative that is paid, code as appropriate relative.]

| Frequency | Percent | Unveighted Count |
| ---: | ---: | ---: |
| 11,200 | $18 \%$ | 3 |
| 44,719 | $71 \%$ | 6 |
| 5,241 | $8 \%$ | 1 |
| 1,670 | $3 \%$ | 1 |

[^20]
## EXERCISE

The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

## Any Exercise (A)

During the past month, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

Frequency Percent Unmeighted Count

| Yes | $1,416,349$ | $66 \%$ | 218 |
| :--- | ---: | :--- | :--- |
| No | 715,458 | $34 \%$ | 109 |

First Exercise Activity (A) (people who did any exercise in past month) What type of physical activity or exercise did you spend the most time doing during the past month?

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Exercise Training | 372,372 | $26 \%$ | 50 |
| Sports | 390,075 | $28 \%$ | 61 |
| Walking | 565,790 | $40 \%$ | 95 |
| Hobbies/Other | 88,113 | $6 \%$ | 12 |

First Exercise Duration (A) (people who did any exercise in past month) When you took part in this activity, for how many minutes or hours did you usually keep at it?

Frequency
Less than 20 minutes
20 minutes or more

66,468
1,310,258

Percent Unveighted Count
5\%
12
95\%
201

First Exercise Frequency (A) (people who did any exercise in past month)

[^21]How many times per week or per month did you take part in this activity during the past month?

Frequency

| Less than once a week | 143,634 | $10 \%$ | 16 |
| :--- | ---: | ---: | ---: |
| $1-2$ times a week | 383,469 | $27 \%$ | 60 |
| 3 times a week or more | 886,047 | $63 \%$ | 141 |

Any Other Exercise (A) (people who did any exercise in past month) Was there another physical activity or exercise that you participated in during the last month?

Frequency
Yes 597,168
No
819,181
Percent
$42 \%$
100
58\%
118

Second Exercise Activity (A) (people who did any exercise plus additional exercise in past month)
What other type of physical activity gave you the next most exercise during the past month?

| Frequency | Percent | Unmeighted Count |
| ---: | ---: | ---: |
| 178,293 | $30 \%$ | 34 |
| 165,169 | $44 \%$ | 40 |
| 90,031 | $15 \%$ | 17 |
| 63,675 | $11 \%$ | 9 |

Second Exercise Duration (A) (people who did any exercise plus additional exercise in past month)
When you took part in this activity, for how many minutes or hours did you usually keep at it?

## Frequency

| Less than 20 minutes | 97,029 | $17 \%$ | 10 |
| :--- | ---: | :--- | :--- |
| 20 minutes or more | 483,661 | $83 \%$ | 88 |

Second Exercise Frequency (A) (people who did any exercise plus additional

[^22]
## exercise in past month)

How many times per week or per month did you take part in this activity?
Frequency Percent
Unmeighted Count
Less than once a week
64,836
11\% 12

1-2 times a week
272,923
46\% 48

3 times a week or more
259,409
43\%
40

## Sedentary Lifestyle Risk (A)

A calculated variable. Sedentary means no reported activity. Irregular activity means one or two activities are reported but the duration and frequency of the combined activities is either: a) less than 20 minutes per session, less than three times per week, or both; or b) activity reported does not include complete information for frequency, duration, or both.

|  | Frequency | Percent | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| Sedentary | 719,861 | $34 \%$ | 110 |
| Irregular Activity | 513,606 | $24 \%$ | 73 |
| Active Lifestyle | 902,743 | $42 \%$ | 145 |

[^23]
## WEIGHT/NUTRITION

## Lose Weight (A)

Are you now trying to lose weight?

|  | Frequancy | Percent | Unneighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 742,902 | $35 \%$ | 119 |
| No | $1,393,309$ | $65 \%$ | 209 |

Maintain Weight (A) (people not trying to lose weight)
Are you now trying to maintain your current weight, that is to keep from gaining weight?

Frequency
Yes
No
718,639
674,669

Percent
Unmeighted Count
52\%
113
48\%
96

Eating less for Weight (A) (people trying to lose or maintain weight) Are you eating fewer calories or less fat to lose weight or keep from gaining weight?

Frequancy
Yes, fewer calories 180,534
Yes, less fat 569,482
Yes, both 307,555
No
403,969

Percent Unweighted Count
12\% 32

39\% 84

21\% 48

28\%
68

[^24]BRFSS: Chicago Reference Tables 2000 Pg. 36
ExERCISING FOR WEIGHT (A) (people trying to lose or maintain weight) Are you using physical activity or exercise to lose weight or keep from gaining weight?

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 929,302 | $64 \%$ | 144 |
| No | 532,239 | $36 \%$ | 88 |

## Obesity

Defined as a body mass index (BMI) of 30 or greater. Based on BMI calculated from height and weight.
About how much do you weigh without shoes? [round fractions up] About how tall are you without shoes? [round fractions down]

Frequency
Obese
Not obese
509,847
1,555,582
Percent Unmeighted Count
25\% 148

75\%
521

## Obesity Categories

Based on BMI calculated from height and weight.
About how much do you weigh without shoes? [round fractions up] About how tall are you without shoes? [round fractions down]

|  | Frequency | Percent | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| Underweight <18.5 | 32,006 | $2 \%$ | 14 |
| Normal 18.5-24.9 | 759,195 | $37 \%$ | 277 |
| Overweight 25-29.9 | 764,381 | $37 \%$ | 230 |
| Obese 30-39.9 | 441,879 | $21 \%$ | 126 |
| Morbid Obesity $40+$ | 67,968 | $3 \%$ | 22 |

[^25]
## Advised about Weight (A)

In the past 12 months, has a doctor, nurse, or other health professional given you advice about your weight? [probe for which]

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Yes, lose weight | 299,670 | $14 \%$ | 49 |
| Yes, gain/maintain | 70,758 | $3 \%$ | 10 |
| No | $1,765,783$ | $83 \%$ | 269 |

## Advised about Weight (A)

[collapsed from above variable]

|  | Frequency | Percent | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 370,428 | $17 \%$ | 59 |
| No | $1,765,783$ | $83 \%$ | 269 |

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.

## Frequency of Drinking JUice (A)

How often do you drink fruit juices such as orange, grapefruit, or tomato?
Frequency

| One or more per day | 987,951 | $46 \%$ | 143 |
| :--- | :---: | :---: | :---: |
| Weekly but not daily | 821,024 | $39 \%$ | 122 |
| Less than weekly | 206,558 | $10 \%$ | 41 |
| Never | 112,207 | $5 \%$ | 19 |

[^26]BRFSS: Chicago Reference Tables 2000 Pg. 38

## Frequency of Eating Fruit (A)

Not counting juice, how often do you eat fruit?

| Frequency | Percent | Unmeighted Count |
| ---: | ---: | ---: |
| 984,191 | $46 \%$ | 151 |
| 893,388 | $42 \%$ | 133 |
| 203,113 | $10 \%$ | 33 |
| 39,882 | $2 \%$ | 7 |

## Frequency of Eating Salad (A)

How often do you eat green salad?

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| One or more per day | 508,137 | $24 \%$ | 68 |
| Weekly but not daily | $1,244,801$ | $59 \%$ | 195 |
| Less than weekly | 239,832 | $11 \%$ | 36 |
| Never | 129,974 | $6 \%$ | 24 |

## Frequency of Eating Potatoes (A)

How often do you eat potatoes not including french fries, fried potatoes, or potato chips?

Frequancy

| One or more per day | 182,964 | $9 \%$ | 23 |
| :--- | ---: | ---: | ---: |
| Weekly but not daily | $1,374,960$ | $65 \%$ | 209 |
| Less than weekly | 419,946 | $20 \%$ | 74 |
| Never | 144,201 | $7 \%$ | 18 |

[^27]
## Frequency of Eating Carrots (A)

How often do you eat carrots?

|  | Frequency | Percent | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| One or more per day | 194,811 | $9 \%$ | 29 |
| Weekly but not daily | $1,108,503$ | $53 \%$ | 156 |
| Less than weekly | 464,818 | $22 \%$ | 88 |
| Never | 305,823 | $15 \%$ | 44 |

## Frequency of Eating Other Vegetables (A)

Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat? [For example: A serving of vegetables at both lunch and dinner would be two servings.]

Frequency
One or more per day
Weekly but not daily
Less than weekly
Never
1,239,911
752,406
81,237
39,967

Percent
59\%
36\%
4\%
2\%
6

## Take Vitamins (B)

Do you currently take any vitamin pills or supplements?
Frequency
Yes 1,136,749
No
976,345

| Percent | Unweighted Count |
| ---: | ---: |
| $54 \%$ | 210 |
| $46 \%$ | 152 |

Take Multivitamins (B) (people who currently take vitamins) Are any of these a multivitamin?

|  | Frequancy | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 975,589 | $86 \%$ | 174 |
| No | 154,478 | $14 \%$ | 35 |

[^28]BRFSS: Chicago Reference Tables 2000 Pg. 40
Take Vitamins with Folic Acid (B) (people who currently take vitamins)
Do any of the vitamin pills or supplements you take contain folic acid?

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 558,305 | $49 \%$ | 105 |
| No | 282,820 | $25 \%$ | 53 |
| Don't know/not sure | 295,624 | $26 \%$ | 52 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## SMOKING

## Smoked 100 Cigarettes

Have you smoked at least 100 cigarettes in your entire life?

|  | Frequency | Percent | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 866,996 | $41 \%$ | 301 |
| No | $1,269,175$ | $59 \%$ | 393 |

Smoking Pattern (people who have smoked at least 100 cigarettes)
Do you now smoke cigarettes everyday, some days, or not at all?

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Everyday | 255,088 | $29 \%$ | 96 |
| Some days | 151,091 | $17 \%$ | 57 |
| Not at all | 460,817 | $53 \%$ | 148 |

## Smoking Status

A calculated variable. A current smoker is defined as a respondent who reported smoking 100 cigarettes in lifetime and now smokes everyday or some days. A former smoker reported smoking 100 cigarettes in lifetime but currently does not smoke. A non-smoker is a respondent who reported never having smoked 100 cigarettes in lifetime.

|  | Frequency | Percert | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| Current smoker | 406,179 | $19 \%$ | 153 |
| Former smoker | 460,817 | $22 \%$ | 148 |
| Non-smoker | $1,269,175$ | $59 \%$ | 393 |

[^29]BRFSS: Chicago Reference Tables 2000 Pg. 42
Cigarettes Per Day (people who currently smoke everyday) On the average, about how many cigarettes a day do you now smoke?

|  | Frequency | Percent | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| 10 or less | 101,197 | $40 \%$ | 40 |
| 11 to 19 | 33,332 | $13 \%$ | 15 |
| 20 or more | 119,724 | $47 \%$ | 40 |

## Cigarettes Last 30 Days (people who currently smoke some days)

 On the average, when you smoked during the past 30 days, about how many cigarettes did you smoke a day?Frequancy Percent Unweighted Count
5 or less
106,458
72\% 41

More than 5
41,415
28\%
14

Quit Smoking (people who currently smoke everyday or some days)
During the past 12 months, have you quit smoking for 1 day or longer?

Frequency
Yes 142,263
No
112,825
Percent
56\%
Unmeighted Count 52

44\%
44

Last Smoked Regularly (people who have smoked 100 cigarettes but currently do not smoke at all)
About how long has it been since you last smoked cigarettes regularly, that is, daily?
Frequency
75,211
385,606
Percent
Unveighted Count
Within past year
More than 1 year ago/never
16\% 20

84\% 128

[^30]
## Smoked in Home (A)

In the past 30 days has anyone, including yourself, smoked cigarettes, cigars, or pipes anywhere inside your home?

|  | Frequancy | Percent | Unneighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 622,879 | $30 \%$ | 97 |
| No | $1,484,501$ | $70 \%$ | 227 |

## Opinion on Smoking in Restaurants (A)

In the following locations, do you think that smoking should be allowed in all areas, some areas, or not allowed at all? Restaurants:

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| All areas | 33,808 | $2 \%$ | 8 |
| Some areas | 768,706 | $37 \%$ | 127 |
| Not allowed at all | $1,250,239$ | $61 \%$ | 184 |

## Opinion on Smoking in Workplace (A)

In the following locations, do you think that smoking should be allowed in all areas, some areas, or not allowed at all? Indoor work areas:

## Frequency

All areas
Some areas 430,803
Not allowed at all
18,059

1,610,413

Percent
$1 \%$
Unweighted Count

21\%
78\%
68
248

[^31]
## ALCOHOL

## DRINK ANY Alcohol (B)

During the past month, have you had at least one drink of any alcoholic beverage such as beer, wine, wine coolers, or liquor?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | $1,210,574$ | $57 \%$ | 216 |
| No | 925,602 | $43 \%$ | 150 |

Frequency of Drinking (B) (people who drank alcohol in past month) During the past month, how many days per week or per month did you drink any alcoholic beverages, on the average?

Frequency
Weekly
Less than weekly

610,589
586,199

Percent Unveighted Count
51\% 125

49\%

Drinks Per Occasion (B) (people who drank alcohol in past month)
A drink is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. On the days when you drank, about how many drinks did you drink on the average?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One | 481,767 | $41 \%$ | 76 |
| Two | 339,781 | $29 \%$ | 64 |
| Three to four | 235,964 | $20 \%$ | 50 |
| Five or more | 115,056 | $10 \%$ | 21 |

[^32]
## Times Drank More Than 5 Drinks (B) (people who drank alcohol in past month)

Considering all types of alcoholic beverages, how many times during the past month did you have 5 or more drinks on an occasion?

|  | Frequancy | Percent | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| None | 937,848 | $78 \%$ | 156 |
| One | 111,491 | $9 \%$ | 21 |
| Two | 44,430 | $4 \%$ | 12 |
| Three or more | 104,553 | $9 \%$ | 26 |

## Chronic Drinking Risk (B)

A calculated variable. At risk is defined as respondents who reported that they have had on the average two or more drinks per day or 60 or more drinks a month in the past month (based on the total number of drinks per month).

## Frequency

At risk
Not at risk
102,240
1,514,976

Percent Unveighted Count
6\% 17

94\%
244

## Binge Drinking Risk (B)

A calculated variable. At risk is defined as respondents who reported that they have had alcoholic beverages in the past month and have had five or more alcoholic drinks on one or more occasions in the past month.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| At risk | 260,473 | $12 \%$ | 59 |
| Not at risk | $1,863,450$ | $88 \%$ | 306 |

[^33]BRFSS: Chicago Reference Tables 2000 Pg. 46

## Drinking \& Driving Risk (B)

Calculated by labeling "at risk" anyone who answered they had driven when they had too much to drink in the past month.

| Frequency | Percent | Unmeighted Count |
| ---: | ---: | ---: |
| 43,036 | $2 \%$ | 9 |
| $2,091,435$ | $98 \%$ | 356 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## INJURY PREVENTION

Child's Use of Bike Helmet (B) (people with a child age 5-15 who rides a bicycle)
During the past year, how often has [that child] worn a bicycle helmet when riding a bicycle?
Would you say always, nearly always, sometimes, seldom, or never:

Frequency

| Always/nearly always | 201,135 | $39 \%$ | 30 |
| :--- | ---: | :--- | :--- |
| Sometimes/seldom | 76,126 | $15 \%$ | 11 |
| Never | 244,059 | $47 \%$ | 30 |

Check Smoke Detector (B) (those with smoke detectors in home)
When was the last time you or someone else deliberately tested all of the smoke detectors in your home?
Frequancy Percent Unweighted Count
Within 6 months
6 months - 1 year

1,390,799
75\% 226
>1 year or never
361,882
20\% 67

97,410
5\%
20

[^34]
## HIV/AIDS

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

## A. Education

Grade to Begin AIDS Education (people under age 65)
If you had a child in school, at what grade do you think he or she should begin receiving education in school about HIV infection and AIDS?

Frequency
Kindergarten
Elementary (1-5)
Middle School (6-8)
High School (9-12)
Never
80,547
981,247
550,637
89,011
18,695

Percent Unweighted Count
5\% 25

57\% 335

32\% 168

5\% 31

1\%
5

## Encourage Teen to Use Condom (people under age 65)

If you had a teenager who was sexually active, would you encourage him or her to use a condom?

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Yes | $1,625,402$ | $89 \%$ | 541 |
| No | 34,770 | $2 \%$ | 9 |
| Give other advice | 161,902 | $9 \%$ | 50 |

[^35]
## B. Testing

DONATE BLOOD SINCE 1985 (people under age 65 and not currently infected with HIV)
Have you donated blood since March 1985?

|  | Frequancy | Percent | Unveighted Count |
| :--- | ---: | :---: | ---: |
| Yes | 449,920 | $25 \%$ | 169 |
| No | $1,355,219$ | $75 \%$ | 431 |

Donated Blood Past 12 Months (people under age 65 and not currently infected with HIV, and who have donated blood since 1985)
Have you donated blood in the past 12 months?

|  | Frequency | Percent | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 147,300 | $33 \%$ | 52 |
| No | 302,621 | $67 \%$ | 117 |

Tested for HiV not Including Blood Donation (people under age 65 and not currently infected with HIV, and who have donated blood since 1985)
Except for tests you may have had as part of blood donations, have you ever been tested for HIV? [include saliva test]

```
Yes
```

Frequancy
223,823
221,899

Percent Unveighted Count
50\% 93

50\%

[^36]TESTED FOR HIV (people under age 65 and not currently infected with HIV, and who have not donated blood since 1985)
Have you ever been tested for HIV? [include saliva test]

|  | Frequency | Percent | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 708,880 | $53 \%$ | 241 |
| No | 631,417 | $47 \%$ | 186 |

Tested for HiV Past 12 Months Not Including Blood Donation (people under age 65 who have been tested for HIV and have donated blood since 1985) Not including your blood donations, have you been tested for HIV in the past 12 months?

Frequancy

| Yes | 91,317 | $41 \%$ | 34 |
| :--- | ---: | ---: | :--- |
| No | 132,505 | $59 \%$ | 59 |

Tested for HIV Past 12 Months (people under age 65 who have been tested for HIV and have not donated blood since 1985) Have you been tested for HIV in the past 12 months?

Frequency
Yes
357,242
No
362,247

Percent
50\%
103
50\%

[^37]Reason for HIV Test (people under age 65 who have been tested for HIV) What was the main reason you had your last test for HIV?

## Frequency

| Referral/to find out/at risk | 148,035 | $32 \%$ | 48 |
| :--- | ---: | ---: | ---: |
| Mandatory | 61,298 | $13 \%$ | 21 |
| Hospitalization/illness | 32,000 | $7 \%$ | 6 |
| Pregnancy | 89,635 | $19 \%$ | 22 |
| Routine checkup | 96,882 | $21 \%$ | 29 |
| Occupational exposure | 8,071 | $2 \%$ | 2 |
| Other | 26,631 | $6 \%$ | 10 |

Reason for HIV Test (people under age 65 who have been tested for HIV) Collapsed from above variable.

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Routine | 371,846 | $80 \%$ | 114 |
| A problem/other | 90,706 | $20 \%$ | 24 |

Where AIDS Test (people under age 65 who have been tested for HIV) Where did you have your last test for HIV?

## Frequancy

| Private doctor | 183,907 | $40 \%$ | 54 |
| :--- | ---: | ---: | ---: |
| Public clinic | 118,638 | $26 \%$ | 32 |
| Mandatory site | 10,980 | $2 \%$ | 5 |
| Hospital | 112,536 | $24 \%$ | 32 |
| Reproductive health clinic | 12,537 | $3 \%$ | 6 |
| Home test/other | 23,953 | $5 \%$ | 9 |

[^38]BRFSS: Chicago Reference Tables 2000 Pg. 52
Where AIDS Test (people under age 65 who have been tested for HIV) Collapsed from variable above.

|  | Frequency | Percent | Unneighted Count |
| :--- | ---: | ---: | ---: |
| Public facility | 183,031 | $40 \%$ | 55 |
| Private facility | 263,600 | $57 \%$ | 77 |
| At home/other | 14,141 | $3 \%$ | 5 |

Received Results (people under age 65 who have been tested for HIV) Did you receive the results of your last test?

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 432,512 | $94 \%$ | 130 |
| No | 30,039 | $6 \%$ | 8 |

Received Counseling (people under age 65 who have been tested for HIV and received results)
Did you receive counseling or talk with a health care professional about the results of your test?

Frequency
Yes 167,114
No
265,398
Percent Unveighted Count
$39 \% \quad 47$
61\%
83

ChAnce of AIDS (people under age 65)
What are your chances of getting infected with HIV, the virus that causes AIDS? Would you say: [please read]

|  | Frequency | Percent | Unveighted Count |
| :--- | ---: | ---: | ---: |
| High | 44,474 | $2 \%$ | 15 |
| Medium/low | 674,578 | $38 \%$ | 228 |
| None | $1,072,295$ | $60 \%$ | 352 |

[^39]
## SENIORS' HEALTH

## Provided Care (A)

There are situations where people provide regular care or assistance to a family member or friend who is elderly or has a long-term illness or disability. During the past month, did you provide any such care or assistance to a family member or friend who is 60 years of age or older?
Frequency
Percent Unveighted Count
14\%
39
1,836,596
86\%
289

Yes 299,614
No

## Who to Call for Care (A)

Who would you call to arrange short or long-term care in the home for an elderly relative or friend who was no longer able to care for themselves? [Read only if necessary.]

|  | Frequancy | Percert | Unmeighted Count |
| :--- | ---: | ---: | ---: |
| Relative or friend | 696,283 | $33 \%$ | 104 |
| Would provide care myself | 370,497 | $17 \%$ | 55 |
| Nursing home | 83,236 | $4 \%$ | 18 |
| Home health service | 213,301 | $10 \%$ | 28 |
| Personal physician | 107,120 | $5 \%$ | 12 |
| Area agency on aging | 70,953 | $3 \%$ | 10 |
| Hospice | 9,381 | $.4 \%$ | 2 |
| Hospital nurse | 11,203 | $.5 \%$ | 2 |
| Minister/priestrabbi | 6,582 | $.3 \%$ | 1 |
| Other | 112,457 | $5 \%$ | 19 |
| Don't know who to call | 455,198 | $21 \%$ | 77 |

[^40]BRFSS: Chicago Reference Tables 2000 Pg. 54

## Who to Call for Care (A)

Collapsed from previous variable.

|  | Frequancy | Percent | Unneighted Count |
| :--- | ---: | ---: | ---: |
| Relative/friend | 696,283 | $33 \%$ | 104 |
| Would provide care myself | 370,497 | $17 \%$ | 55 |
| Health professional | 495,194 | $23 \%$ | 72 |
| Don't know who to call | 455,198 | $21 \%$ | 77 |
| Other | 119,039 | $6 \%$ | 20 |

That's my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.

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City of Chicago
Richard M. Daley
Mayor
John L. Wilhelm
Commissioner of Health


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