## City of Chicago Department of Public Health Epidemiology Program Report

# BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM (BRFSS): CHICAGO REFERENCE TABLES 2001 

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# Behavioral Risk Factor Surveillance System (BRFSS): Chicago Reference Tables 2001 

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## INTRODUCTION AND METHODS

## Introduction

The Behavioral Risk Factor Surveillance System (BRFSS) is a collaboration between the U.S. Centers for Disease Control and Prevention (CDC) and state health departments. This system was designed to gather locally relevant information on health related behaviors related to the leading causes of death in the US. It has expanded to include data on the prevalence of selected health conditions, and access to health services. Each state has options for sample design and data collection within parameters set by CDC.

## Methods

The BRFSS is a telephone based survey system of non-institutionalized adults. The survey is in the field on a continual basis. A probability sample of telephone numbers is generated on a quarterly basis, and provides the sampling frame for identifying eligible households. States conduct interviews during each month in accordance with a prescribed protocol, and incorporate surveillance results into computer files. States edit and correct completed interviews each month. Data are aggregated and tabulated on an annual basis. The data are weighted prior to tabulation and analysis. Weighting data corrects for study design features and variation of the age/race/sex subgroups between the sample and the general population. Weighting allows inferences to be drawn about the entire adult population from the sample of interview respondents.

In Illinois, the state is stratified into 5 regions: Chicago, suburban Cook County, Collar Counties, other Urban Counties, and Rural Counties. The sampling process described above is performed within each region during the data collection phase, and region-specific weights are developed post-collection. These techniques allow valid statistics to be generated for each region, in addition to statewide statistics.

The BRFSS survey instrument is organized in a modular fashion. The five sections are:

1. Fixed Core
2. Two Rotating Cores
3. Optional Modules
4. Emerging Core
5. State-Added Questions

## BRFSS: Chicago Reference Tables 2001 Pg. 2

The fixed core is used in all states every year, the rotating cores are used in all states in an alternating fashion- one form is used for odd numbered years, the other form is used for even numbered years. The rotating cores are used in all states. Optional modules are standardized sets of questions on a wide variety of issues available for states to use based on their needs. The emerging core is used to add questions of topical interest, and to evaluate questions for potential use in future surveys. State-Added questions are unique to each jurisdiction and can be used to cover questions that are not addressed elsewhere in the survey.

Since 1994,the BRFSS in Illinois has varied from the standard methodology by using two forms of the questionnaire - respondents are randomly allocated to either form. One form of the questionnaire contains the rotating core for the current year and the alternate form contains the rotating core for the previous year.

The data for the analyses presented in this volume are extracted from BRFSS files provided by the Illinois Department of Public Health for the Chicago stratum. Each questionnaire item was examined for non-response or non-valid response percentages. All items were found to have sufficient valid response rates for further analysis. Frequency tables with percentages were generated for each item. Percentages were based on the universe of valid responses, not the entire respondent pool. Since the Chicago stratum has a much smaller sample size than the statewide sample, responses for many items were collapsed into categories (based on literature review and local needs) to improve the validity and stability of the estimates. The response categories used in this volume may vary from other reports that use BRFSS data. Data are weighted with the appropriate local weights, except for several items which were not weighted due to limited sample size.

This volume is organized into sections containing related items. The text for each item is presented, and the skip pattern is defined (for relevant questions). The percentage, weighted frequency and unweighted frequency for each response category for the item are then listed. For questions that were not asked of the entire sample, the frequencies reported will not total to the (estimated) Chicago adult population. Due to rounding, the reported frequencies for a question may not total to 100 percent.

## DEMOGRAPHICS

## SEX

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Male | $1,018,574$ | $48 \%$ | 327 |
| Female | $1,117,601$ | $52 \%$ | 467 |

## Age Groups

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| $18-24$ year olds | 323,715 | $15 \%$ | 99 |
| $25-34$ year olds | 533,199 | $25 \%$ | 207 |
| $35-44$ year olds | 433,268 | $20 \%$ | 145 |
| $45-54$ year olds | 330,498 | $15 \%$ | 132 |
| $55-64$ year olds | 216,689 | $10 \%$ | 84 |
| $65+$ | 298,806 | $14 \%$ | 124 |

## Age Groups

| $18-24$ year olds | 323,715 | $15 \%$ | 99 |
| :--- | ---: | :--- | ---: |
| $25-44$ year olds | 966,467 | $45 \%$ | 352 |
| $45-64$ year olds | 547,187 | $26 \%$ | 216 |
| $65+$ | 298,806 | $14 \%$ | 124 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## Racial Categories

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| White | 976,989 | $46 \%$ | 402 |
| Black | 735,133 | $34 \%$ | 263 |
| Asian, Pacific Islander | 108,369 | $5 \%$ | 28 |
| Native American | 31,247 | $1 \%$ | 9 |
| Multiple Race | 71,387 | $3 \%$ | 27 |
| Other | 213,052 | $10 \%$ | 62 |

## Racial Categories

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| White | 987,279 | $46 \%$ | 407 |
| Non-White | $1,148,896$ | $54 \%$ | 384 |

## Hispanic Origin

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 388,017 | $18 \%$ | 125 |
| No | $1,748,158$ | $82 \%$ | 669 |

## Household Income

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Less than $\$ 15,000$ | 218,042 | $11 \%$ | 98 |
| $\$ 15-35,000$ | 714,822 | $37 \%$ | 267 |
| $\$ 35-50,000$ | 324,650 | $17 \%$ | 125 |
| More than $\$ 50,000$ | 690,114 | $35 \%$ | 226 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## Education Level

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Less than high school grad | 260,238 | $12 \%$ | 106 |
| High school graduate | 503,474 | $24 \%$ | 184 |
| Some college | 648,953 | $30 \%$ | 216 |
| College graduate | 721,959 | $34 \%$ | 287 |

## Employment Groups

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| $1,392,345$ | $65 \%$ | 525 |
| 200,326 | $9 \%$ | 54 |
| 191,728 | $9 \%$ | 68 |
| 346,567 | $16 \%$ | 146 |

## Employer

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Federal Government | 5,654 | $1 \%$ | 5 |
| State Government | 39,098 | $7 \%$ | 16 |
| Local Government | 56,678 | $9 \%$ | 16 |
| Private Company | 382,246 | $64 \%$ | 120 |
| Non-Profit Organizations | 62,499 | $10 \%$ | 29 |
| Something Else | 52,304 | $9 \%$ | 29 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

BRFSS: Chicago Reference Tables 2001 Pg. 6

## Marital Status

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Married | 821,720 | $39 \%$ | 249 |
| Widowed | 178,756 | $8 \%$ | 82 |
| Divorced/separated | 303,931 | $14 \%$ | 147 |
| Never married | 766,776 | $36 \%$ | 292 |
| Unmarried couple | 63,028 | $3 \%$ | 23 |

## Household Type

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One adult, no children | 414,969 | $19 \%$ | 279 |
| One adult, children | 92,996 | $4 \%$ | 68 |
| $>1$ adult, no children | 803,502 | $38 \%$ | 240 |
| $>1$ adult, children | 824,708 | $39 \%$ | 207 |

## Number of Adults

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| 1 | 507,965 | $24 \%$ | 347 |
| 2 | 881,852 | $41 \%$ | 298 |
| 3 | 416,692 | $20 \%$ | 96 |
| 4 | 175,652 | $8 \%$ | 34 |
| 5 | 98,325 | $5 \%$ | 13 |
| 6 or more | 55,689 | $2 \%$ | 6 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## Number of Men

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| 0 | 405,542 | $19 \%$ | 258 |
| 1 | $1,175,969$ | $55 \%$ | 422 |
| 2 | 415,558 | $19 \%$ | 90 |
| 3 | 107,888 | $5 \%$ | 19 |
| 4 or more | 31,217 | $2 \%$ | 5 |

## Number of Women

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| 0 | 323,717 | $15 \%$ | 166 |
| 1 | $1,228,726$ | $58 \%$ | 501 |
| 2 | 397,087 | $19 \%$ | 97 |
| 3 | 166,273 | $8 \%$ | 27 |
| 4 | 20,372 | $1 \%$ | 3 |

## Total Number of Children

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| 0 | $1,218,471$ | $57 \%$ | 519 |
| 1 | 416,049 | $20 \%$ | 122 |
| 2 | 279,804 | $13 \%$ | 92 |
| 3 | 139,942 | $7 \%$ | 39 |
| 4 | 47,700 | $2 \%$ | 14 |
| 5 or more | 32,898 | $2 \%$ | 7 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## GENERAL HEALTH STATUS

## Perception of Health

Would you say that in general your health is: [please read]

Frequency
Excellent/very good
Good/fair
1,155,446
889,096
91,632
Poor

促
Percent Unweighted Count54\%422
42\% ..... 338
4\% ..... 34

## Days Physical Health Not Good

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Frequency
Percent
62\%
Unweighted Count

| None | $1,319,961$ | $62 \%$ | 503 |
| :--- | ---: | ---: | ---: |
| $1-7$ days | 581,317 | $27 \%$ | 198 |
| $8-30$ days | 229,876 | $11 \%$ | 90 |

## Days Mental Health Not Good

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| None | $1,269,706$ | $60 \%$ | 472 |
| $1-7$ days | 595,559 | $28 \%$ | 211 |
| $8-30$ days | 254,199 | $12 \%$ | 104 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

Days Health Limited Usual Activities (people who answered at least one day of poor physical or mental health in past 30 days)
During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| None | 794,775 | $63 \%$ | 283 |
| $1-7$ days | 349,712 | $28 \%$ | 124 |
| $8-30$ days | 115,399 | $9 \%$ | 50 |

## Activities Limited in Any Way Due to Health Problems (A)

Are you limited in any way in any activities because of physical, mental or emotional problems?
Frequency
Yes 259,644
No
1,839,856
Percent
Unweighted Count
12\%
61
88\%
342

## Use Special Equipment Due to Health Problem (A)

Do you now have any health problem that requires you to use special equipment,such as a cane, a wheelchair, a special bed, or a special telephone?

> Frequency

| Yes | 128,393 | $6 \%$ | 25 |
| :--- | ---: | ---: | ---: |
| No | $1,971,107$ | $94 \%$ | 378 |

## Days Depressed (A)

During the past 30 days, for about how many days have you felt sad, blue, or depressed?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| None | $1,012,123$ | $49 \%$ | 193 |
| 1 or more | 449,299 | $22 \%$ | 86 |
| More than 2 | 599,725 | $29 \%$ | 119 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## HEALTH CARE ACCESS/INSURANCE

## Have Health Plan

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

Frequency
Percent Unweighted Count

| Yes | $1,770,240$ | $83 \%$ | 679 |
| :--- | ---: | :--- | :--- |
| No | 350,696 | $17 \%$ | 113 |

Type of Health Plan (people with health coverage excluding medicare)
What type of health care coverage do you use to pay for most of your medical care? Is it coverage through: [please read]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Your employer | 905,647 | $72 \%$ | 358 |
| Someone else's employer | 163,417 | $13 \%$ | 55 |
| Plan bought on your own | 92,300 | $7 \%$ | 38 |
| Medicaid or Medical Assistance | 42,878 | $3 \%$ | 20 |
| Military/CHAMPUS/TriCare/VA | 11,627 | $1 \%$ | 4 |
| Some other source | 50,551 | $4 \%$ | 15 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

Time During Last Year Without Coverage (people with health coverage, including Medicare) During the past 12 months, was there any time that you did not have any health insurance or coverage?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 150,798 | $9 \%$ | 52 |
| No | $1,619,442$ | $91 \%$ | 627 |

Why No Coverage Last 12 Months (people currently with health coverage including Medicare, that at some time in past 12 months did not have coverage) What was the main reason you were without health care coverage during the past 12 months?

Frequency

| Lost job/eligibility | 84,789 | $58 \%$ | 30 |
| :--- | ---: | ---: | ---: |
| Couldn't afford premiums | 11,447 | $8 \%$ | 4 |
| Other | 49,264 | $34 \%$ | 16 |

Why No Coverage (people with no health coverage) What is the main reason you are without health care coverage?

Frequency

| Lost job/eligibility | 163,604 | $48 \%$ | 41 |
| :--- | ---: | :--- | :--- |
| Employer doesn't offer | 43,584 | $13 \%$ | 13 |
| Couldn't afford premium | 76,249 | $22 \%$ | 29 |
| Other | 56,512 | $17 \%$ | 24 |

[^0]When last Had a Health Plan (people with no health coverage) About how long has it been since you had health care coverage?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 137,060 | $40 \%$ | 41 |
| 206,769 | $60 \%$ | 69 |

Medicare (people with health coverage)
Medicare is a coverage plan for people 65 or over and for certain disabled people. Do you have Medicare?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 414,662 | $25 \%$ | 163 |
| No | $1,263,912$ | $75 \%$ | 489 |

## Avoided Doctor Because of Cost

Was there a time during the last 12 months when you needed to see a doctor, but could not because of the cost?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 256,134 | $12 \%$ | 94 |
| No | $1,877,949$ | $88 \%$ | 699 |

## Avoided Dentist Because of Cost

Was there a time during the last 12 months when you needed to see a dentist, but could not because of the cost?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 407,811 | $19 \%$ | 146 |
| No | $1,728,364$ | $81 \%$ | 648 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## Avoided Prescription Because of Cost

Was there a time during the last 12 months when you needed to fill a prescription for medication, but could not because of the cost?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 300,133 | $14 \%$ | 111 |
| No | $1,836,042$ | $86 \%$ | 683 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

# HEALTH CARE UTILIZATION/SCREENING 

## A. General Health Care

## Last Routine Checkup

About how long has it been since you last visited a doctor for a routine checkup? [A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.]

Frequency
Within year
Within 2 years 244,154
> 2 years or never

1,643,178

231,491

Percent Unweighted Count
77\% 599

11\% 102
11\% 81

## Usual Place for Health Care

Is there one particular clinic, health center, doctor's office, or other place that you usually go to if you are sick or need advice about your health?

Frequency
Yes, one or more than one 1,748,406

No
384,146
Percent Unweighted Count
82\% 648

18\%
144

One Place More Often for Health Care (people who answered more than one place for primary health care)
Is there one of these places that you go to most often when you are sick or need advice about your health?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 26,358 | $39 \%$ | 14 |
| No | 41,309 | $61 \%$ | 15 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

Type of Place (people who have a usual place of health care) What kind of place is it? Would you say: [please read]

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 892,833 | $52 \%$ | 340 |
| 486,947 | $29 \%$ | 169 |
| 259,363 | $15 \%$ | 100 |
| 47,320 | $3 \%$ | 14 |
| 15,928 | $1 \%$ | 9 |

## Personal Doctor (people who have a usual place of health care)

 Do you have one person you think of as your personal doctor or health care provider?| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| $1,442,304$ | $83 \%$ | 542 |
| 301,396 | $17 \%$ | 105 |

## Seen a Health Professional (B)

In the past 12 months, have you seen a doctor, nurse, or other health professional to get any kind of care for yourself?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 623,238 | $68 \%$ | 122 |
| 299,941 | $32 \%$ | 147 |

## B. Blood Pressure

Told Blood Pressure High (A) (people who have had blood pressure taken) Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 429,138 | $20 \%$ | 94 |
| No | $1,707,024$ | $80 \%$ | 312 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

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## Taking medication for High Blood Pressure (A)

Are you currently taking medicine for your high blood pressure?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 320,787 | $75 \%$ | 69 |
| No | 108,351 | $25 \%$ | 25 |

## C. Cholesterol

## Had Cholesterol Check (A)

Blood cholesterol is a fatty substance found in the blood. Have you ever had your blood cholesterol checked?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | $1,600,901$ | $76 \%$ | 311 |
| No | 496,790 | $24 \%$ | 87 |

Last Cholesterol Check (A) (people who ever had blood cholesterol checked)
About how long has it been since you last had your blood cholesterol checked?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within year | $1,104,447$ | $69 \%$ | 217 |
| $>1$ year ago | 490,759 | $31 \%$ | 92 |

High Cholesterol (A) (people who ever had blood cholesterol checked) Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 339,418 | $21 \%$ | 72 |
| No | $1,246,577$ | $79 \%$ | 237 |

[^1]
## D. Vaccinations

## Flu Shot (A)

During the past 12 months, have you had a flu shot?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 528,839 | $25 \%$ | 105 |
| No | $1,597,421$ | $75 \%$ | 299 |

## Pneumonia Vaccination

Have you ever had a pneumonia vaccination? (This shot is usually given only once or twice in a person's lifetime and is different from the flu shot. It is also called the pneumococcal vaccine).

Frequency
441,645
22\%
74
No
1,605,511
78\%
317

## E. Colorectal Screening

Blood Stool Test (A) (people age 50+)
A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 202,997 | $35 \%$ | 41 |
| No | 379,784 | $65 \%$ | 86 |

## Last Blood Stool Test (A) (people age 50+ who have used home blood stool test)

When did you have your last blood stool test using a home kit?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within year | 94,670 | $47 \%$ | 18 |
| More than a year ago | 108,326 | $53 \%$ | 23 |

[^2]Had Sigmoidoscopy Exam (A) (people age 50+)
A sigmoidoscopy or colonoscopy is when a tube is inserted in the rectum to view the bowel for signs of cancer and other health problems. Have you ever had this exam?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 254,053 | $44 \%$ | 48 |
| No | 325,604 | $56 \%$ | 78 |

Last Sigmoidoscopy Exam (A) (people age 50+who had a sigmoidoscopy or colonoscopy) When did you have your last sigmoidoscopy or colonoscopy?

Frequency Percent Unweighted Count
Within past year
86,971
More than 1 year ago
167,082
$34 \%$
18
,
66\%
30

## F. Prostate Cancer Screening (A)

PSA Test (A) (men age 40+)
A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Have you ever had a PSA test?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 243,501 | $66 \%$ | 41 |
| No | 126,221 | $34 \%$ | 26 |

Last PSA Test (A) (men age 40+ who had a PSA test) How long has it been since you had your last PSA test?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 172,781 | $71 \%$ | 28 |
| 70,721 | $29 \%$ | 13 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

Digital Rectal Examination (A) (men age 40+)
A digital rectal exam is an exam in which a doctor, nurse or other health professionals places a gloved finger into the rectum to feel the size, shape and hardness of the prostate gland. Have you ever had a digital rectal exam?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 313,193 | $80 \%$ | 52 |
| No | 75,906 | $20 \%$ | 16 |

Last Rectal Examination (A) (men age 40+ who had a rectal exam) How long has it been since you had your last digital rectal exam?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within past year | 166,537 | $53 \%$ | 28 |
| More than 1 year | 146,656 | $47 \%$ | 24 |

Prostate Cancer (A) (men age 40+)
Have you ever been told by a doctor, nurse, or other health professional that you had prostate cancer?
Frequency Percent Unweighted Count

Yes
0
No
391,447
$100 \%$
69

## Prostate Cancer Among Relatives (A) (men age 40+)

Has you father, brother, son, or grandfather ever been told by a doctor, nurse, health professional that he had prostate cancer?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 26,381 | $7 \%$ | 4 |
| No | 353,331 | $93 \%$ | 62 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

BRFSS: Chicago Reference Tables 2001 Pg. 20

## G. Women's Health (A)

Pregnant (A) (women age 18-44)
To your knowledge, are you now pregnant?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 32,217 | $5 \%$ | 6 |
| 612,264 | $95 \%$ | 12 |

Now I have some questions about other health services you may have received.
Had Mammogram (B) (women age 40+)
A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 469,248 | $89 \%$ | 95 |
| No | 57,654 | $11 \%$ | 13 |

Last Mammogram (B) (women who have had a mammogram)
How long has it been since you had your last mammogram?

Frequency
Within past year
> 1 year or never

387,597
81,562

Percent
83\%
17\%

## Had Clinical Breast Exam (B) (women age 18+)

A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps. Have you ever had a clinical breast exam?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 835,695 | $81 \%$ | 176 |
| 197,335 | $19 \%$ | 34 |

[^3]| How long has it been since your last breast exam? |  |  |  |
| :---: | :---: | :---: | :---: |
|  | Frequency | Percent | Unweighted Count |
| Within past year | 756,631 | 91\% | 156 |
| 1 year | 76,198 | 9\% | 19 |

Had Pap Smear (B) (women age 18+)
A Pap smear is a test for cancer of the cervix. Have you ever had a Pap smear?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 971,491 | $94 \%$ | 200 |
| No | 64,407 | $6 \%$ | 11 |

Last Pap Smear (B) (women age 18+ who have had a Pap smear) How long has it been since you had your last Pap smear?

Frequency
Within past year
> 1 year

840,682
130,809

Percent
87\%
171
13\%29

## Osteoporosis (B)

Have you ever discussed osteoporosis with your physician or another health care professional?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 295,184 | $29 \%$ | 57 |
| No | 725,362 | $71 \%$ | 151 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

BRFSS: Chicago Reference Tables 2001 Pg. 22

## Osteoporosis Screening (B)

Have you ever had osteoporosis screening which may have included a scan of your foot, hand or entire body?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 125,373 | $12 \%$ | 26 |
| No | 890,196 | $88 \%$ | 180 |

## Have Osteoporosis (B)

Have you ever been told by a doctor or other health care professional that you have osteoporosis?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 62,686 | $6 \%$ | 13 |
| No | 962,764 | $94 \%$ | 195 |

## Hormone Replacement Treatment (B)

Are you currently taking hormone replacement pills, such as estrogen pills?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 88,231 | $9 \%$ | 20 |
| No | 942,953 | $91 \%$ | 190 |

## H. Oral Health

## Dentist Visit (B)

How long has it been since you last visited a dentist or a dental clinic for any reason?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within year | $1,363,384$ | $71 \%$ | 242 |
| Within 2 years | 277,778 | $14 \%$ | 50 |
| $>2$ years or never | 291,968 | $15 \%$ | 65 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## Permanent Teeth Lost (B)

How many of your permanent teeth have been removed because of tooth decay or gum disease?
Do not include teeth lost for other reasons such as injury or orthodontics.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| 1 to 5 | 584,428 | $31 \%$ | 108 |
| 6 or more | 241,300 | $13 \%$ | 42 |
| All | 66,655 | $3 \%$ | 17 |
| None | $1,019,225$ | $53 \%$ | 185 |

Teeth Cleaning (B) (those who had visited dentist and had teeth) How long has it been since you had your teeth cleaned by a dentist or dental hygienist?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within one year | $1,310,348$ | $69 \%$ | 231 |
| $1-2$ years | 253,868 | $13 \%$ | 47 |
| $>2$ years / never | 332,086 | $18 \%$ | 74 |

## Reason for Not Visiting Dentist (B) (those who did not visit dentist in past year) <br> What is the main reason you have not visited the dentist in the past year?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Fear/Apprehension | 51,274 | $10 \%$ | 10 |
| Cost | 150,670 | $28 \%$ | 34 |
| Other Reasons | 153,939 | $29 \%$ | 27 |
| No reason to go | 177,760 | $33 \%$ | 38 |

[^4]BRFSS: Chicago Reference Tables 2001 Pg. 24

## Dental Insurance (B)

Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMOs, or government plan such as Medicaid?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | $1,107,511$ | $58 \%$ | 208 |
| No | 806,278 | $42 \%$ | 143 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## CHRONIC DISEASE/IMPAIRMENT

## A. Diabetes

## Diabetic:

Have you ever been told by a doctor that you have diabetes? [If yes and female, ask "Was this only when you were pregnant]?"

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 142,063 | $7 \%$ | 54 |
| Yes, when pregnant | 36,280 | $2 \%$ | 12 |
| No | $1,957,831$ | $92 \%$ | 728 |

Age Told Diabetic (B) (people who are diabetic) How old were you when you were told you have diabetes?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Less than 50 years | 75,843 | $59 \%$ | 16 |
| 50 or older | 52,896 | $41 \%$ | 13 |

Insulin (B) (people who are diabetic)
Are you now taking insulin?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 33,527 | $26 \%$ | 8 |
| No | 95,212 | $74 \%$ | 21 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

BRFSS: Chicago Reference Tables 2001 Pg. 26
Blood Sugar (B) (people who are diabetic)
About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do not include times when checked by a health professional.

Frequency Percent Unweighted Count
Daily 16
Weekly 2
Less than weekly 4

Diabetes Self-Management Course (B) (people who are diabetic)
Have you ever taken a course or class in how to manage your diabetes yourself?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| YES | 77,655 | $60 \%$ | 15 |
| No | 51,084 | $40 \%$ | 14 |

## B. Asthma

## ASTHMA Symptoms (B)

Symptoms of asthma include cough, wheezing, shortness of breath, chest tightness and phlegm production when you don't have a cold or respiratory infection. During the past 30 days, how often did you have any symptoms of asthma?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | $1,689,544$ | $90 \%$ | 310 |
| No | 194,431 | $10 \%$ | 40 |

## Asthma Prevalence

Did a doctor ever tell you that you had asthma?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 289,957 | $14 \%$ | 100 |
| No | $1,846,218$ | $86 \%$ | 694 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

Current Asthma (people ever told they had asthma)
Do you still have asthma?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 210,433 | $73 \%$ | 69 |
| No | 79,524 | $27 \%$ | 31 |

Asthma Attack (B) (people who have asthma now)

| During the past 12 months, have you had an episode of asthma | or an asthma attack? |  |  |
| :--- | ---: | ---: | ---: | ---: |
|  | Frequency | Percent | Unweighted Count |
| Yes | 99,490 | $41 \%$ | 21 |
| No | 143,106 | $59 \%$ | 26 |

Emergency Room Visit for Asthma (B) (people who had asthma attack)
During the past 12 months, how many times did you visit an emergency room because of yourasthma?Frequency Percent Unweighted Count
Once ..... 4
Twice ..... 4
Never ..... 13
Visit to Health Clinic for Asthma (B) (people who visited ER for asthma)During the past 12 months, how many times did you see a doctor, nurse, or other healthprofessional for treatment of worsening asthma symptoms? (Not including ER visits)FrequencyPercent Unweighted Count
1-2 times ..... 4
3-6 times ..... 3
<6 times ..... 2
Never ..... 12

[^5]BRFSS: Chicago Reference Tables 2001 Pg. 28
Days Asthma Limited Usual Activities (B) (people who had asthma attack) During the past 12 months, how many days were you unable to work or carry out your usual activities because of your asthma?

Frequency Percent Unweighted Count

| None | 107,516 | $70 \%$ | 20 |
| :--- | ---: | ---: | ---: |
| $1-4$ days | 33,722 | $22 \%$ | 7 |
| $<4$ days | 11,680 | $8 \%$ | 4 |

## C. Arthritis

## Had Joint Pain (A)

During the past 12 months, have you had pain, aching, stiffness or swelling in or around a joint?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 843,585 | $39 \%$ | 168 |
| No | $1,292,577$ | $61 \%$ | 234 |

## Symptoms on Most Days (A) (people with joint pain in past 12 months)

 Were these symptoms present on most days for at least one month?|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 458,794 | $54 \%$ | 96 |
| No | 384,791 | $46 \%$ | 73 |

Joint Pain Limits Activities (A) (people with joint pain in past 12 months) Are you now limited in any way in any activities because of joint symptoms?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 265,354 | $31 \%$ | 58 |
| No | 578,230 | $69 \%$ | 111 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## Visited Health Clinic for Arthritis (A)

Have you ever seen a doctor, nurse or health professional for these joint symptoms?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 531,949 | $63 \%$ | 111 |
| No | 311,636 | $37 \%$ | 58 |

## Treated for Arthritis (A) (people with arthritis)

Are you currently being treated by a doctor for arthritis?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 238,874 | $51 \%$ | 49 |
| No | 229,965 | $49 \%$ | 50 |

## Told Arthritic (A)

Have you been told by a doctor that you have arthritis?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 468,839 | $22 \%$ | 99 |
| No | $1,661,302$ | $78 \%$ | 306 |

## Arthritis Diagnosis and/or Chronic Joint Symptoms

A calculated variable where either respondents have been told by a doctor they have arthritis or had joint symptoms present on most days for at least one month.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 667,829 | $31 \%$ | 140 |
| No | $1,468,333$ | $69 \%$ | 266 |

[^6]BRFSS: Chicago Reference Tables 2001 Pg. 30

## D. Disability/Impairment

## Activities Limited in Any Way Due to Health Problems (A)

Are you limited in any way in any activities because of physical, mental or emotional problems?
Frequency

| Yes | 259,644 | $12 \%$ | 61 |
| :--- | ---: | ---: | ---: |
| No | $1,839,856$ | $88 \%$ | 342 |

Use Special Equipment Due to Health Problem (A) Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 128,393 | $6 \%$ | 25 |
| $1,971,107$ | $94 \%$ | 378 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

MAjOR IMPairment (A) (people with limited activities due to any cause)
What is the major impairment or health problem that limits your activities?
Frequency Percent Unweighted Count
Arthritis/rheumatism ..... 12
Back or neck problem ..... 4
Fractures, bone/joint injury ..... 4
Walking problem ..... 6
Lung/breathing problem ..... 4
Eye/vision problem ..... 3
Heart problem ..... 4
Stroke problem ..... 2
High blood pressure ..... 1
Diabetes ..... 1
Depression ..... 4
Other Impairment ..... 22
Major Impairment (A) (people with limited activities)[Collapsed from above variable]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Bone/Joint/ Walking problem | 120,911 | $39 \%$ | 26 |
| Cardiovascular | 28,019 | $9 \%$ | 7 |
| Other Impairment | 162,544 | $52 \%$ | 34 |

[^7]BRFSS: Chicago Reference Tables 2001 Pg. 32
Need Help With Routine Care (A) (people with limited activities due to any cause)
Because of any impairment or health problem, do you need the help of other persons with your daily personal care or routine needs?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 63,209 | $20 \%$ | 16 |
| No | 248,265 | $80 \%$ | 51 |

Note: If an item is not marked with an (A) or (B), it was asked on both forms of the survey. If an item is followed with an (A) or (B), it was only on that particular form of the questionnaire. If a skip pattern is not mentioned following an item, it was asked to all participants.

## EXERCISE

The next questions are about exercise, recreation, or physical activities other than your regular job duties.

## Any Exercise

The past month, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | $1,567,951$ | $73 \%$ | 578 |
| No | 568,223 | $27 \%$ | 216 |

## Activity At Work (A) (people who are employed or self-employed)

When you are at work, which of the following best describes what you do?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 977,673 | $72 \%$ | 190 |
| 283,599 | $21 \%$ | 57 |
|  | $7 \%$ | 15 |

## Moderate Physical Exercise (A)

Do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes small increases in breathing or hearty rate?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | $1,581,914$ | $76 \%$ | 306 |
| No | 513,348 | $25 \%$ | 96 |

[^8]Moderate Exercise Frequency (A) (people who do moderate exercise weekly)
How many days per week do you do these moderate activities for at least 10 minutes at a time?

Frequency

| One day a week | 63,037 | $4 \%$ | 13 |
| :--- | ---: | ---: | ---: |
| $2-4$ days a week | 700,825 | $45 \%$ | 125 |
| $5-7$ days a week more | 808,360 | $51 \%$ | 166 |

Moderate Exercise Duration (A) (people who do moderate exercise weekly) On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

|  | Frequency | Percent | Unweighted Count |
| :---: | ---: | ---: | ---: |
| Less than 20 minutes | 258,730 | $17 \%$ | 50 |
| 20 minutes or more | $1,280,021$ | $83 \%$ | 405 |

## Moderate Exercise Criteria (A)

A calculated variable where the standard for moderate exercise is defined as participation in physical exercise for five or more days in a week for 30 or more minutes each time.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Met standard | 665,288 | $32 \%$ | 137 |
| Did not meet standard | $1,385,039$ | $68 \%$ | 255 |

## Vigorous Physical Exercise (A)

Do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or hearty rate?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 882,705 | $42 \%$ | 161 |
| No | $1,204,637$ | $58 \%$ | 240 |

[^9]Vigorous Exercise Frequency (A) (people who do vigorous exercise weekly) How many days per week do you do these vigorous activities for at least 10 minutes at a time?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One day a week | 74,982 | $8 \%$ | 17 |
| $2-4$ days a week | 585,676 | $66 \%$ | 104 |
| $5-7$ days a week | 222,048 | $25 \%$ | 40 |


| Vigorous ExERCISE DURATION (A) | (people who do vigorous exercise weekly) |  |  |
| :--- | ---: | ---: | ---: |
| When you do vigorous exercise for at least 10 minutes at a time, how much total time per day do |  |  |  |
| you spend doing these activities? | Frequency | Percent | Unweighted Count |
| Less than 20 minutes | 162,242 | $18 \%$ | 25 |
| 20 minutes or more | 857,142 | $82 \%$ | 136 |

## Vigorous Exercise Criteria (A)

Where the standard for vigorous exercise is defined as participation in physical exercise for three or more days in a week for 20 or more minutes each time.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Met standard | 622,143 | $30 \%$ | 107 |
| Did not meet standard | $1,465,199$ | $70 \%$ | 294 |

## Physical Activity Level (A)

Respondents who report moderate physical activity for 30 or more minutes per day, five or more days per week or vigorous physical activity for 20 or more minutes per day, three or more days per week.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Meets activity criteria | $1,029,851$ | $49 \%$ | 193 |
| Insufficient activity | 675,872 | $32 \%$ | 132 |
| Inactive | 389,539 | $19 \%$ | 77 |

[^10]
## WEIGHT/NUTRITION

## Lose/Maintain Weight (B)

Are you now trying to lose weight or maintain your current weight?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | $1,457,609$ | $75 \%$ | 267 |
| No | 473,534 | $25 \%$ | 89 |

## Obesity

Defined as a body mass index (BMI) of 30 or greater. Based on BMI calculated from height and weight.
About how much do you weigh without shoes? [round fractions up] About how tall are you without shoes? [round fractions down]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Obese | 437,622 | $22 \%$ | 160 |
| Not obese | $1,584,747$ | $78 \%$ | 582 |

[^11]
## Obesity Categories

Based on BMI Calculated from Height and Weight.
About how much do you weigh without shoes? [round fractions up] About how tall are you without shoes? [round fractions down]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Underweight < 18.5 | 41,654 | $2 \%$ | 16 |
| Normal 18.5-24.9 | 762,002 | $38 \%$ | 291 |
| Overweight 25-29.9 | 779,861 | $39 \%$ | 274 |
| Obese 30-39.9 | 375,457 | $19 \%$ | 139 |
| Morbid Obesity 40 + | 62,164 | $3 \%$ | 21 |

## Advised About Weight (B)

In the past 12 months, has a doctor, nurse, or other health professional given you advice about your weight?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes, lose weight | 241,996 | $12 \%$ | 48 |
| Yes, gain/maintain | 87,153 | $5 \%$ | 18 |
| No | $1,601,994$ | $83 \%$ | 290 |

## Advised About Weight (B)

[Collapsed from above variable]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 329,149 | $17 \%$ | 66 |
| No | $1,601,994$ | $83 \%$ | 290 |

[^12]BRFSS: Chicago Reference Tables 2001 Pg. 38
These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.

## Frequency of Drinking Juice (B)

How often do you drink juices such as orange, grapefruit, or tomato?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One or more per day | $1,002,132$ | $52 \%$ | 172 |
| Weekly but not daily | 678,874 | $35 \%$ | 128 |
| Less than weekly | 157,907 | $8 \%$ | 34 |
| Never | 88,802 | $5 \%$ | 21 |

## Frequency of Eating Fruit (B)

Not counting juice, how often do you eat fruit?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One or more per day | 915,168 | $48 \%$ | 165 |
| Weekly but not daily | 828,051 | $44 \%$ | 150 |
| Less than weekly | 139,931 | $7 \%$ | 31 |
| Never | 17,849 | $1 \%$ | 5 |

## Frequency of Eating Salad (B)

How often do you eat green salad?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One or more per day | 464,285 | $24 \%$ | 83 |
| Weekly but not daily | $1,178,536$ | $62 \%$ | 215 |
| Less than weekly | 158,775 | $8 \%$ | 35 |
| Never | 117,023 | $6 \%$ | 21 |

[^13]
## Frequency of Eating Potatoes (B)

How often do you eat potatoes not including french fries, fried potatoes, or potato chips?

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 122,525 | $6 \%$ | 21 |
| $1,142,183$ | $60 \%$ | 211 |
| 550,329 | $29 \%$ | 100 |
| 97,347 | $5 \%$ | 20 |

## Frequency of Eating Carrots (B)

## How often do you eat carrots?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One or more per day | 183,682 | $10 \%$ | 26 |
| Weekly but not daily | 949,060 | $49 \%$ | 183 |
| Less than weekly | 516,148 | $27 \%$ | 93 |
| Never | 268,023 | $14 \%$ | 51 |

## Frequency of Eating Other Vegetables (B)

Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat? [For example: A serving of vegetables at both lunch and dinner would be two servings.]

Frequency
Percent
Unweighted Count
65\% 226
One or more per day
1,249,684
587,686
69,451
22,130

30\% 106

4\%17
$1 \% \quad 6$

[^14]BRFSS: Chicago Reference Tables 2001 Pg. 40
Take Vitamins (B)
Do you currently take any vitamin pills or supplements? [include liquid supplements] Frequency Percent Unweighted Count

| Yes | 970,171 | $50 \%$ | 178 |
| :--- | :--- | :--- | :--- |

No 962,959 50\% 179

Take Vitamins With Folic Acid (B) (people who currently take vitamins)
Do any of the vitamin pills or supplements you take contain folic acid?

Frequency

| Yes | 549,232 | $69 \%$ | 104 |
| :--- | ---: | ---: | ---: |
| No | 245,840 | $31 \%$ | 42 |

Take Natural Supplements (B) (people who currently take vitamins) Are you currently taking or have you ever taken any natural supplements not prescribed by a doctor, such as herbal supplements, homeopathic remedies, or health store supplements?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 735,020 | $38 \%$ | 137 |
| No | $1,193,512$ | $62 \%$ | 219 |

[^15]
## SMOKING

## Smoked 100 Cigarettes

Have you smoked at least 100 cigarettes in your entire life? [5 packs=100 cigarettes]

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 917,671 | $43 \%$ | 348 |
| No | $1,217,099$ | $57 \%$ | 445 |

## Smoking Pattern (people who have smoked at least 100 cigarettes)

Do you now smoke cigarettes everyday, some days, or not at all?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Everyday | 337,587 | $37 \%$ | 124 |
| Some days | 181,460 | $20 \%$ | 70 |
| Not at all | 398,624 | $43 \%$ | 154 |

## Smoking Status

A calculated variable. A current smoker is defined as a respondent who reported smoking 100 cigarettes in lifetime and now smokes everyday or some days. A former smoker reported smoking 100 cigarettes in lifetime but currently does not smoke. A non-smoker is a respondent who reported never having smoked 100 cigarettes in lifetime.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Current smoker | 519,047 | $24 \%$ | 194 |
| Former smoker | 398,624 | $19 \%$ | 154 |
| Non-smoker | $1,217,099$ | $57 \%$ | 445 |

[^16]BRFSS: Chicago Reference Tables 2001 Pg. 42
Cigarettes Per Day (B) (people who currently smoke everyday)
On the average, about how many cigarettes a day do you now smoke?
Frequency Percent Unweighted Count

| 10 or less | 323,949 | $72 \%$ | 41 |
| :--- | ---: | ---: | ---: |
| 11 to 19 | 60,940 | $14 \%$ | 8 |
| 20 or more | 63,100 | $14 \%$ | 15 |

Quit Smoking (people who currently smoke everyday or some days)
During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 318,644 | $61 \%$ | 113 |
| No | 200,403 | $39 \%$ | 80 |

Last Smoked Regularly (B) (people who have smoked 100 cigarettes but currently do not smoke at all)
About how long has it been since you last smoked cigarettes regularly, that is, daily?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Within past year | 58,608 | $15 \%$ | 11 |
| More than 1 year | 324,689 | $85 \%$ | 68 |

Age Smoking Initiated (B) (people who have smoked 100 cigarettes) How old were you when you first started smoking cigarettes regularly?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| 10 to 17 years | 339,539 | $42 \%$ | 65 |
| 18 to 40 years | 464,686 | $58 \%$ | 85 |

[^17]Advised Against Smoking (B) (people who have smoked 100 cigarettes) In the past 12 months, has a doctor, nurse or other health professional advised you to quit smoking?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 152,779 | $50 \%$ | 29 |
| No | 151,165 | $50 \%$ | 23 |

## Smoking Policy At Home (B)

Which statement best describes the rules about smoking inside your home?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Not allowed | $1,177,185$ | $61 \%$ | 208 |
| In some places/some times | 246,632 | $13 \%$ | 52 |
| Allowed anywhere | 103,615 | $5 \%$ | 18 |
| No rules | 405,699 | $21 \%$ | 79 |

## Smoking Policy in Common Areas of Work Place (B) (people who are employed) <br> Which of the following best describes your place of work's official smoking policy for indoor public or common areas, such as lobbies, rest rooms and lunch rooms?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Not allowed in any public area | 904,455 | $66 \%$ | 176 |
| Allowed in some public areas | 360,972 | $26 \%$ | 55 |
| Allowed in all public places | 40,825 | $3 \%$ | 7 |
| No official policy | 64,733 | $5 \%$ | 19 |

[^18]
## Smoking Policy in Work Areas (B)

Which of the following best describes your place of work's official smoking policy for work areas?
Frequency Percent Unweighted Count

| Not allowed in any work area | $1,016,467$ | $75 \%$ | 194 |
| :--- | ---: | ---: | ---: |
| Allowed in some work areas | 221,087 | $16 \%$ | 36 |
| Allowed in all work areas | 32,712 | $2 \%$ | 7 |
| No official policy | 93,478 | $7 \%$ |  |

## Use Smokeless Tobacco (B)

Do you currently use any smokeless tobacco products such as chewing tobacco or snuff?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 15,966 | $1 \%$ | 3 |
| No | $1,917,164$ | $99 \%$ | 354 |

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## ALCOHOL

## Drink Any Alcohol

A drink of alcohol is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. During the past 30 days, how often have you had at least one drink of any alcoholic beverage?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | $1,265,586$ | $60 \%$ | 468 |
| No | 860,284 | $40 \%$ | 322 |

Frequency of Drinking (people who drank alcohol in past month)
Number of days in a week or month, alcohol was consumed-response to above question.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Weekly | 758,427 | $60 \%$ | 274 |
| Less than weekly | 507,158 | $40 \%$ | 194 |

Drinks Per Occasion (people who drank alcohol in past month)
On the days when you drank, about how many drinks did you drink on the average?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| One | 459,115 | $37 \%$ | 181 |
| Two | 358,517 | $29 \%$ | 139 |
| Three to four | 271,751 | $22 \%$ | 101 |
| Five or more | 163,715 | $13 \%$ | 44 |

[^19]BRFSS: Chicago Reference Tables 2001 Pg. 46
Times Drank More Than 5 Drinks (people who drank alcohol in past month) Considering all types of alcoholic beverages, how many times during the past month did you have 5 or more drinks on an occasion?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Never | 812,041 | $64 \%$ | 312 |
| One | 176,372 | $14 \%$ | 59 |
| Two | 85,857 | $7 \%$ | 29 |
| Three or more | 176,202 | $15 \%$ | 66 |

## Chronic Drinking Risk

A calculated variable. At risk is defined as respondents who reported that they have had on the average two or more drinks per day or 60 or more drinks a month in the past month (based on the total number of drinks per month).

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| At risk | 107,040 | $5 \%$ | 31 |
| Not at risk | $2,006,342$ | $95 \%$ | 756 |

## Binge Drinking Risk

A calculated variable. At risk is defined as respondents who reported that they have had alcoholic beverages in the past month and have had five or more alcoholic drinks on one or more occasions in the past month.

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 447,055 | $21 \%$ | 154 |
| $1,672,325$ | $79 \%$ | 634 |

[^20]
## Drinking \& Driving Risk

Calculated by labeling "at risk" anyone who answered they had driven when they had too much to drink in the past month.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| At risk | 30,325 | $4 \%$ | 6 |
| Not at risk | 682,078 | $96 \%$ | 270 |

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## INJURY PREVENTION

## Child’s Booster Seat (B)

A booster seat is a type of child safety seat recommended to be used in a car or other vehicle once a child has reached the age of 4 or a weight of 40 pounds. Does the youngest child in your household between the ages of 4 and 8 use a child booster seat when riding in a car or other vehicle?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 190,859 | $43 \%$ | 25 |
| No | 251,937 | $57 \%$ | 41 |

## Gun (A)

The next question is about firearms, including weapons such as pistols, shotguns, and rifles; but not BB guns, starter pistols, or guns that cannot fire. Are any firearms now kept in or around your home? Include those kept in a garage, outdoor storage area, car, truck, or other motor vehicle.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 192,953 | $9 \%$ | 29 |
| No | $1,932,199$ | $91 \%$ | 374 |

## Gunlock (A) (those with firearms in or around home)

Are all firearms in your home or vehicle stored in a locked place that can only be opened with a key or combination, or with a trigger lock that can only be opened with a key or combination?

Frequency
Percent Unweighted Count
Yes
150,719
78\% 22
No
42,234
22\%
7

[^21]
## HIV/AIDS

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

## A. Knowledge

Congenital Transmission (A) (people under age 65)
A pregnant woman with HIV can get treatment to help reduce the chances that she will pass the virus on to her baby.

Frequency Percent Unweighted Count
True $\quad 1,155,877 \quad 215$
False $300,887 \quad 21 \% \quad 56$

Medical Treatments (A) (people under age 65)
There are medical treatments available that are intended to help a person who is infected with HIV to live longer.

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| $1,650,941$ | $98 \%$ | 313 |
| 35,869 | $2 \%$ | 7 |

[^22]BRFSS: Chicago Reference Tables 2001 Pg. 50
Treatment Efficacy (A) (people under age 65)
How effective do you think these treatments are helping persons who have HIV to live longer? Would you say:

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Very effective | 462,153 | $31 \%$ | 88 |
| Somewhat effective | 979,077 | $67 \%$ | 185 |
| Not at all effective | 29,150 | $2 \%$ | 6 |

## HIV Status (A) (people under age 65)

How important do you think it is for people to know their HIV status by getting tested? Would you say:

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Very important | $1,583,82$ | $90 \%$ | 302 |
| Somewhat important | 172,674 | $10 \%$ | 25 |
| Not at all important | 9,964 | $1 \%$ | 2 |

## B. Testing

Tested for HiV Not Including Blood Donation (A) (people under age 65)

As far as you know, have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation.

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 959,515 | $54 \%$ | 186 |
| No | 803,724 | $46 \%$ | 142 |

[^23]
## Reason for HIV Test (A) (excluding blood donation)

What was the main reason you had your last test for HIV?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Referra/to find out/at risk | 390,280 | $43 \%$ | 72 |
| Mandatory | 169,393 | $19 \%$ | 31 |
| Hospitalization/lllness | 66,271 | $7 \%$ | 14 |
| Pregnancy | 71,141 | $8 \%$ | 16 |
| Routine checkup | 157,879 | $17 \%$ | 34 |
| Occupational exposure | 13,575 | $2 \%$ | 4 |
| Other | 36,760 | $4 \%$ | 7 |

Reason for HIV Test (people under age 65 who have been tested for HIV) [Collapsed from above variable].

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Routine | 797,233 | $86 \%$ | 153 |
| A problem/other | 131,595 | $14 \%$ | 28 |

Where AIDS Test (A) (people under age 65 who have been tested for HIV) Where did you have your last test for HIV?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Private doctor | 328,460 | $35 \%$ | 68 |
| Public clinic | 287,825 | $30 \%$ | 56 |
| Mandatory site | 85,976 | $7 \%$ | 17 |
| Hospital | 183,181 | $19 \%$ | 36 |
| Home test/other | 63,397 | $7 \%$ | 10 |

[^24]BRFSS: Chicago Reference Tables 2001 Pg. 52
Where AIDS Test (A) (people under age 65 who have been tested for HIV) Collapsed from variable above.

| Frequency | Percent | Unweighted Count |
| ---: | ---: | ---: |
| 315,345 | $34 \%$ | 66 |
| 540,147 | $59 \%$ | 104 |
| 66,357 | $7 \%$ | 11 |

## Risk of AIDS (A) (people under age 65)

I am going to read you a list. When I'm done, please tell me if any of the situations apply to you. You don't need to tell me which one.
-You have used intravenous drugs in the past 12 months.
-You have been treated for a sexually transmitted or venereal disease in the past 12 months.
-You tested positive for having HIV, the virus that causes AIDS.
-You had anal sex without a condom in the past 12 months.
Do any of these situations apply to you?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 112,432 | $6 \%$ | 18 |
| No | $1,647,875$ | $94 \%$ | 310 |

## C. Sexually Transmitted Diseases Other Than HIV

## Human Papilloma Virus (HPV) (A)

Were you ever told by a doctor or other health professional that you had genital warts, also called Human Papilloma Virus or HPV?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 46,726 | $3 \%$ | 13 |
| No | $1,717,127$ | $97 \%$ | 316 |

[^25]BRFSS: Chicago Reference Tables 2001 Pg. 53
Sexually Transmitted Diseases Treatment (A) (people under age 65)
In the past five years have you been treated for a sexually transmitted or venereal disease?

Frequency
Yes
No
92,709
1,670,719
Percent Unweighted Count
5\%
13
95\%


Where Treated for STD (A) (those that have been treated in the past 5 years) Were you treated at a health department STD clinic?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 38,912 | $42 \%$ | 6 |
| No | 53,797 | $58 \%$ | 7 |

## D. Sexual Behavior

## Prevention of Sexually Transmitted Diseases Through Condom Use

(A) (people under age 65)

In the past 12 months has a doctor, nurse or other health professional talked to you about preventing sexually transmitted diseases through condom use?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 383,029 | $22 \%$ | 76 |
| No | $1,394,054$ | $78 \%$ | 256 |

Number of Sexual Partners (A) (people under age 65)
During the past twelve months, with how many people have you had sexual intercourse?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Single Partner | $1,141,843$ | $84 \%$ | 206 |
| Multiple Partners | 221,207 | $16 \%$ | 41 |

[^26]BRFSS: Chicago Reference Tables 2001 Pg. 54
Condom Use (A) (people under age 65)
During the past twelve months, how often did you use a condom during sexual activity?

|  | Frequency | Percent | Unweighted <br> Count |
| :--- | ---: | ---: | ---: |
| Always | 378,929 | $27 \%$ | 67 |
| Most of the time | 138,607 | $10 \%$ | 27 |
| Sometimes | 161,790 | $12 \%$ | 34 |
| Never | 700,747 | $51 \%$ | 123 |

Reason for Condom use (A) (people under age 65)
The last time you had sexual intercourse, was the condom used to ...

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Prevent pregnancy | 241,434 | $41 \%$ | 39 |
| Prevent disease | 49,176 | $8 \%$ | 13 |
| For both these reasons | 246,625 | $42 \%$ | 51 |
| Some other reasons | 50,418 | $9 \%$ | 8 |

## Effectiveness of Condoms (A) (people under age 65)

Some people use condoms to keep from getting infected with HIV through sexual activity. How effective do you think a properly used condom is for this purpose? Would you say:

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | :---: | ---: |
| Very effective | 964,085 | $56 \%$ | 185 |
| Somewhat effective | 639,057 | $37 \%$ | 121 |
| Not at all effective | 68,957 | $4 \%$ | 11 |
| Don't know | 47,929 | $3 \%$ | 8 |

[^27]
## Change in Sexual Behavior (A) (people under age 65)

Due to what you know about HIV, have you changed your sexual behavior in the past 12 months?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 347,157 | $20 \%$ | 63 |
| No | $1,413,184$ | $80 \%$ | 265 |

Make Sexual Behavior Change (A) (people with changed sexual behavior)
Did you make any of the following changes in the past 12 months: Did you decrease the number of your sexual partners, become abstinent or have sexual intercourse with only the same partner?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Yes | 281,144 | $84 \%$ | 54 |
| No | 52,597 | $16 \%$ | 7 |

Source of Information (A) (people under age 65)
During the past 12 months, what was your main source for information about preventing or reducing your risk of infection with HIV or other sexually transmitted diseases?

|  | Frequency | Percent | Unweighted Count |
| :--- | ---: | ---: | ---: |
| Broadcast media | 438,941 | $26 \%$ | 84 |
| Medical/Health Professional | 283,335 | $17 \%$ | 56 |
| None | 307,997 | $18 \%$ | 55 |
| Other Source | 646,729 | $39 \%$ | 120 |

[^28]

City of Chicago
Richard M. Daley
Mayor

Department of Public Health
John L. Wilhelm, MD, M.P.H.
Commissioner


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