



Ask Dr. Arwady

March 7, 2023

Guests: Ayesha Jaco, Executive Director, West Side United

Theodore Crawford, Executive Director, Garfield Park Rite to Wellness



Our local risk based on CDC COVID-19 Community Levels is:

Low

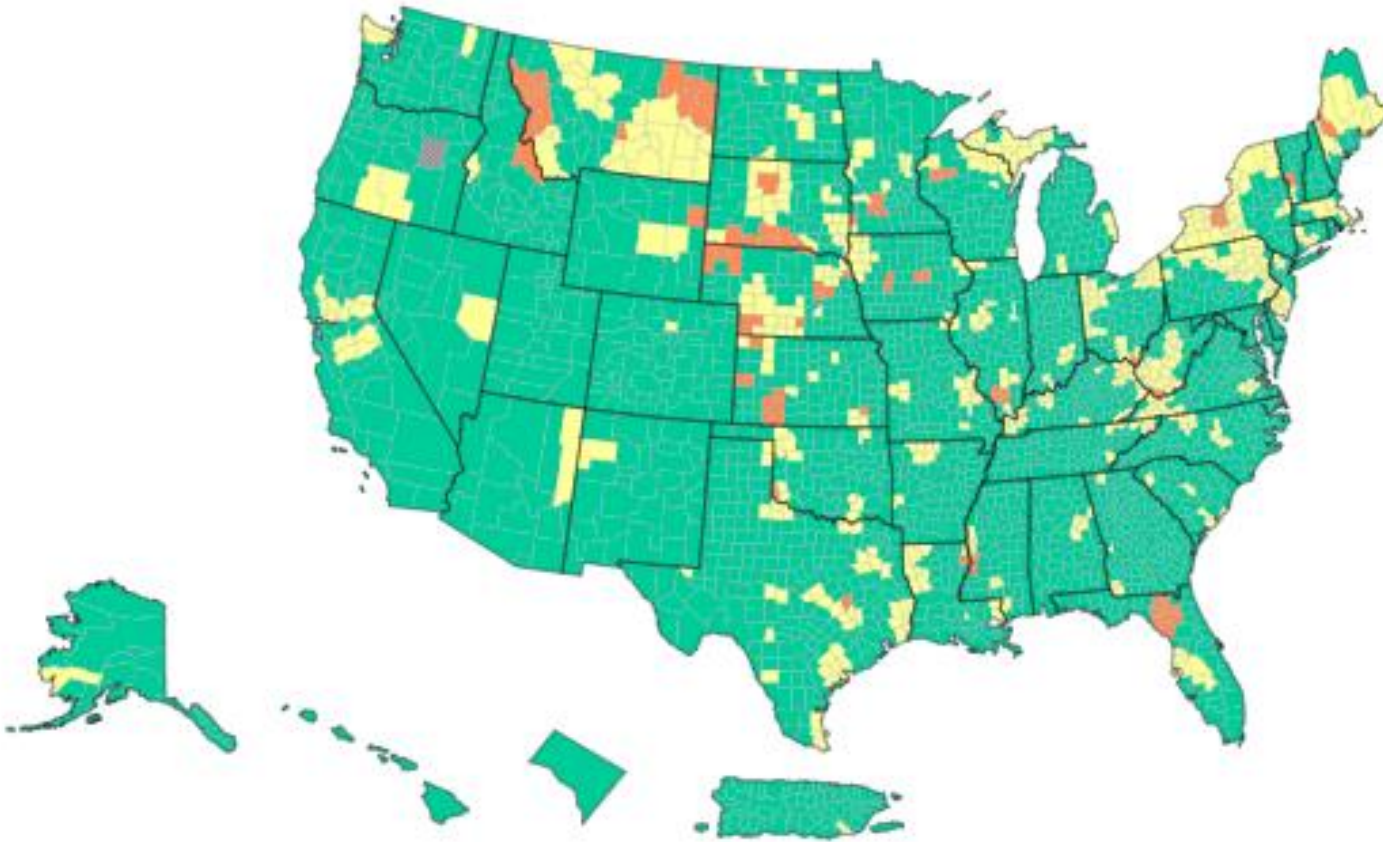
	New cases per 100,000 population (last 7 days) <i>[Goal is <200]</i>	New admissions per 100,000 population (last 7 days) <i>[Goal is <10]</i>	Percent of staffed inpatient beds occupied by COVID-19 patients (last 7 days) <i>[Goal is <10%]</i>
City of Chicago	85	6.2	3.1%
Cook County (including City of Chicago)	89	8.4	3.3%

*Chicago metrics are calculated based on Chicago-level data.
Cook County metrics are calculated by the CDC and posted on the [CDC Community Levels website](https://www.cdc.gov/communitylevels/).
Data current as of 3/1/2023.*

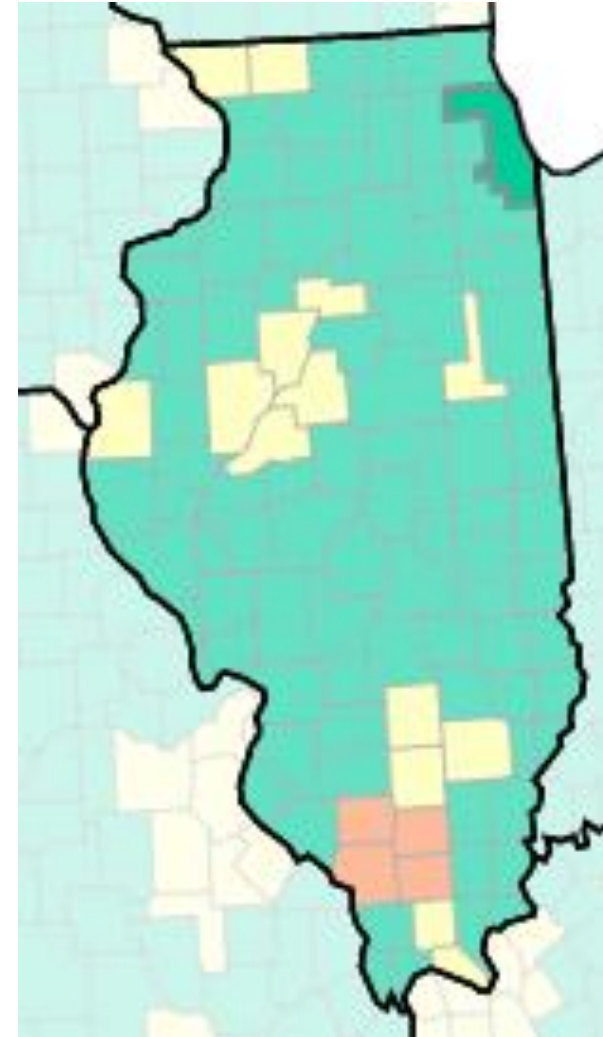
Last week, **2.5%** of U.S. Counties reported **High** COVID Community Level and **16%** reported **Medium** Level.



Low Medium High

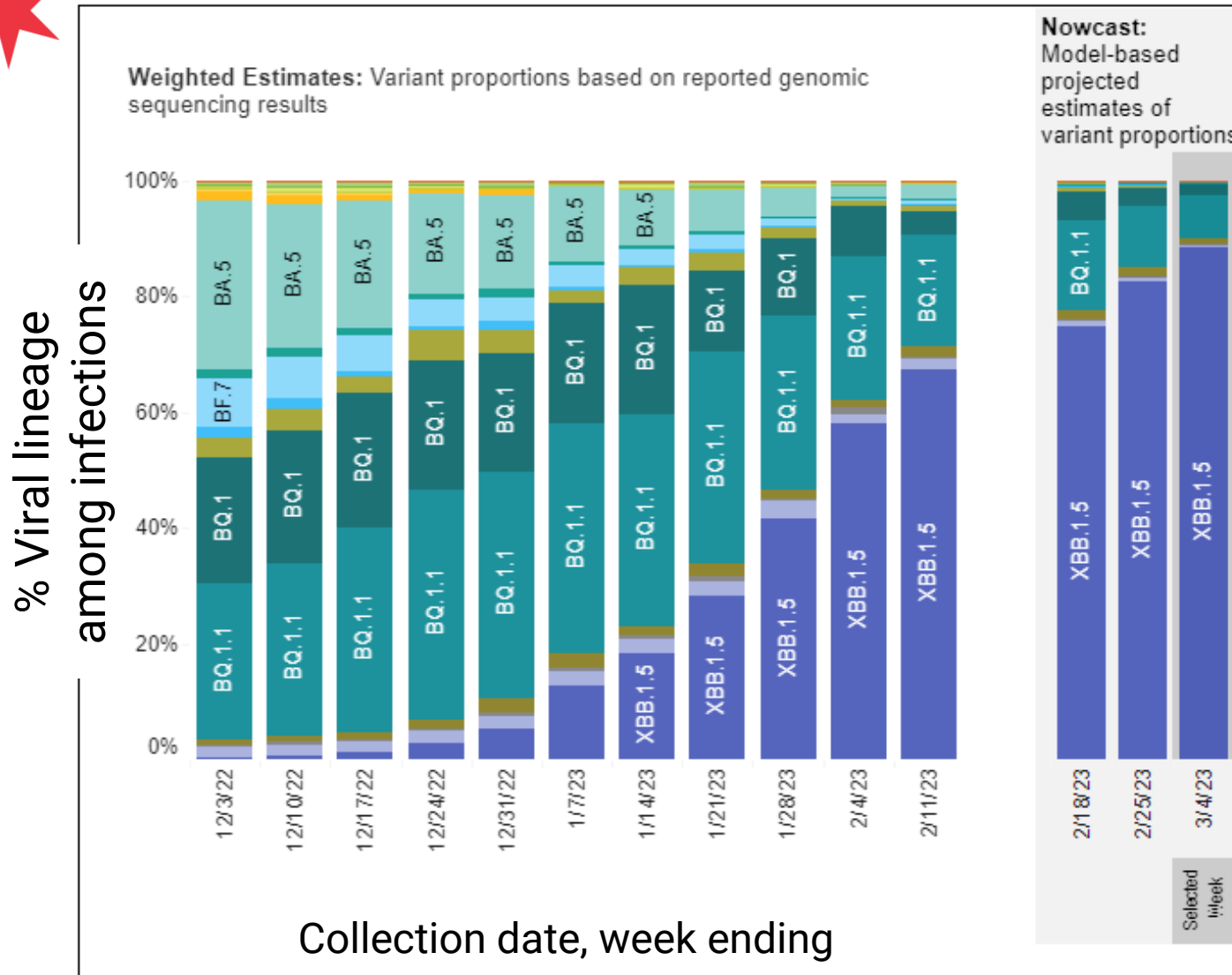


GU AS MP VI



Variant Surveillance, Midwest Region

Weighted and Nowcast Estimates for Weeks of 11/27/22 – 3/4/23

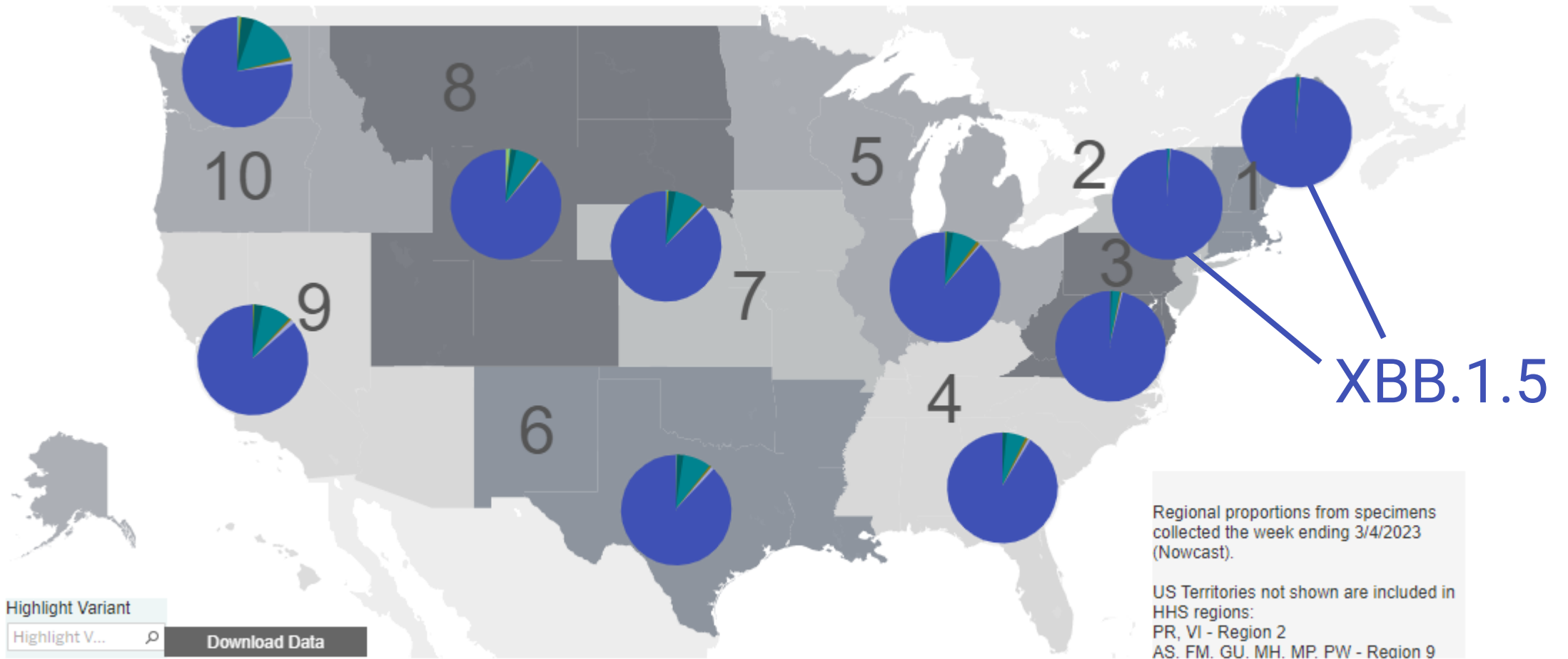


XBB.1.5	88.5%	
BQ.1.1	7.3%	
BQ.1	2.0%	
CH.1.1	1.1%	
XBB	0.5%	
BN.1	0.3%	
BA.5	0.1%	
BF.7	0.1%	
BA.2	0.1%	

Variant Surveillance, United States

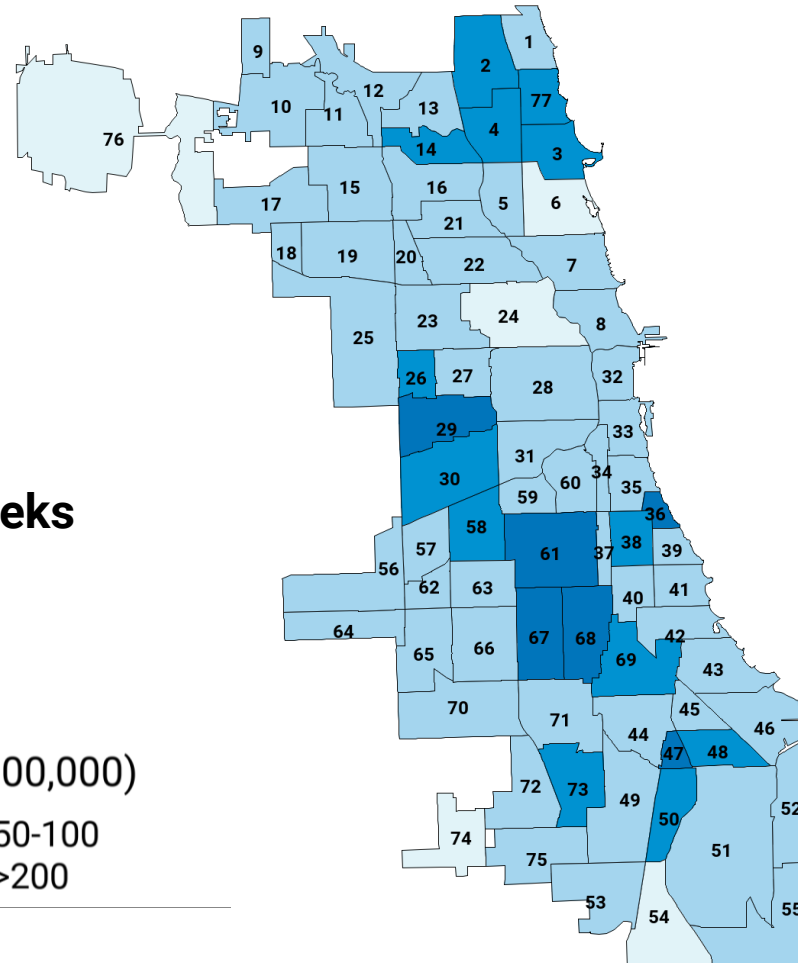


Nowcast Estimates in for 2/26/2023 – 3/4/2023 by HHS Region



Source: CDC Data Tracker

Monitoring community level COVID case rates



Average weekly case rate for the past 2 weeks

Weekly Case Rate (per 100,000)



Community Area	Previous Case Rate	Current Case Rate	Percent Change
Burnside (47)	76	152	100%
North Lawndale (29)	90	156	73%
Uptown (3)	82	131	60%
Edgewater (77)	70	109	56%
Hermosa (20)	49	75	53%
North Park (13)	64	98	53%
West Elsdon (62)	62	95	53%
West Englewood (67)	100	153	53%
West Garfield Park (26)	90	136	51%
Clearing (64)	63	94	49%
Hegewisch (55)	66	98	48%
Washington Heights (73)	77	113	47%
Avalon Park (45)	57	83	46%
Rogers Park (1)	62	92	46%
New City (61)	107	152	42%
Near South Side (33)	59	83	41%
Albany Park (14)	82	109	33%
Englewood (68)	131	174	33%
Calumet Heights (48)	90	117	30%
Loop (32)	51	65	27%
McKinley Park (59)	48	61	27%
Chatham (44)	78	98	26%
Lower West Side (31)	77	97	26%

Source:

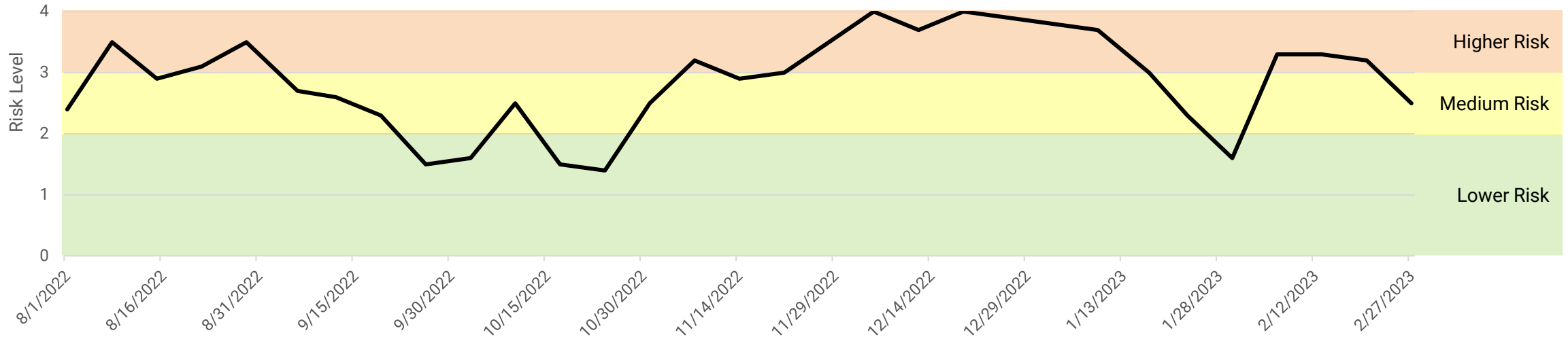
Includes cases among Chicago residents reported into the Illinois Electronic Disease Surveillance System (I-NEDSS) with date of specimen collection up to 2/18/2023.

SARS-CoV-2 wastewater metric, Chicago

★ Current level citywide is **MEDIUM** and **LOWER** than previous week

No major spike; ongoing community transmission

Wastewater SARS-CoV-2 Risk Trend for All of Chicago

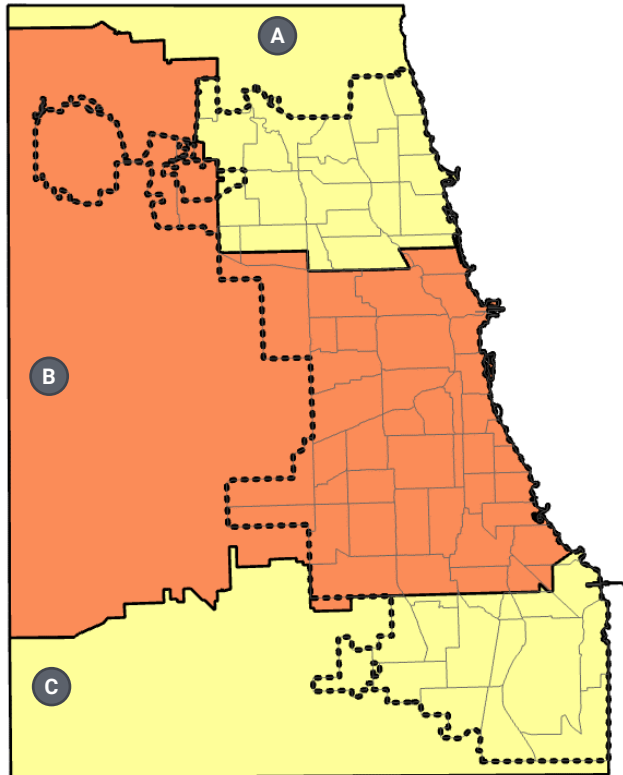




HIGHER risk SARS-CoV-2 wastewater levels were detected from the Stickney (central) treatment plant and 2 community sewer sites (Chicago Lawn & Roseland)

Wastewater Treatment Plants

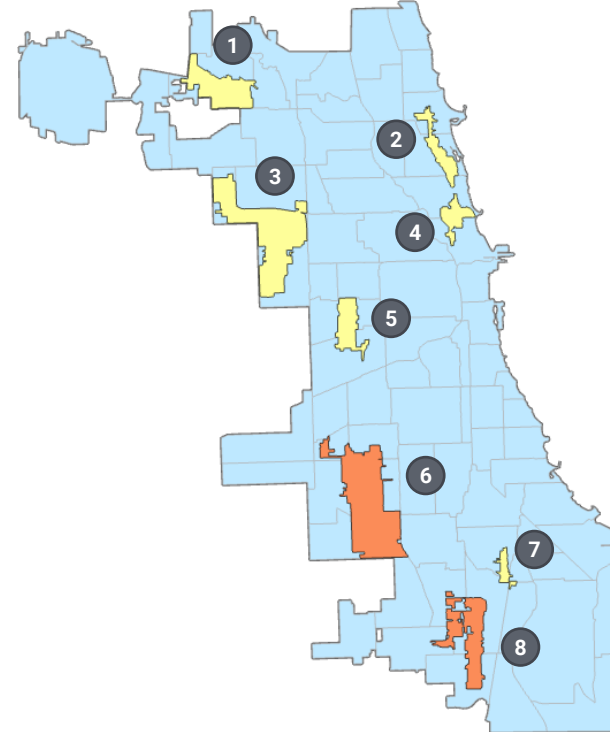
#	Catchment
A	Terrence J. O'Brien
B	Stickney
C	Calumet



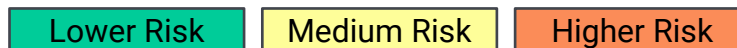
Wastewater treatment plant catchment areas exceed Chicago city borders (dashed boundaries) and cover also other Cook county municipalities.

The actual coverage areas are wider but trimmed in this figure.

Sewer sites



#	Catchment
1	Norwood Park - Jefferson Park
2	Lakeview - Uptown
3	Austin - Montecclare
4	Lincoln Park - Near North Side
5	Little Village
6	Chicago Lawn - Ashburn
7	Chatham
8	Roseland - West Pullman

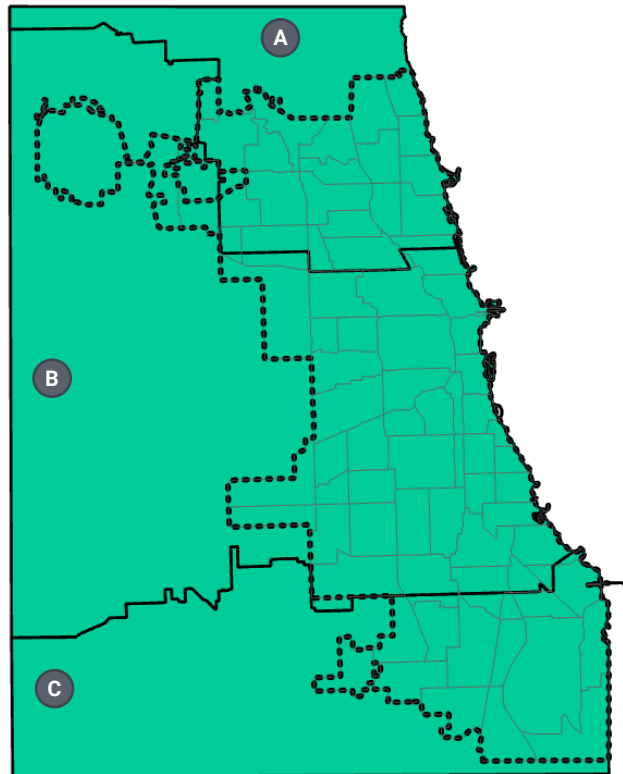




All treatment plants and community sewer sites currently have **LOW** Influenza A&B risk

Wastewater Treatment Plants

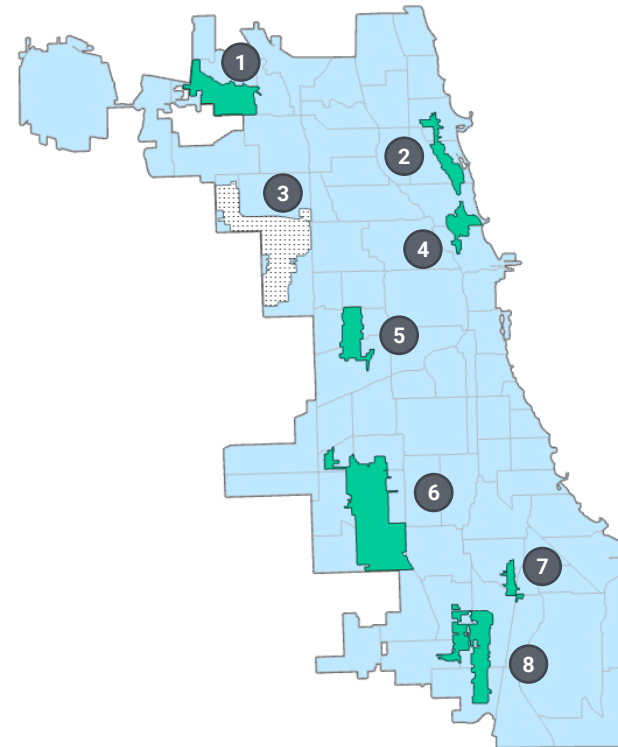
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3 No-color area means non-detect for Austin-Montecclare, which shows no detectable virus was found in the samples

Lower Risk Medium Risk Higher Risk

★ Recent Chicago COVID-19 Deaths Compared to Peak

Deaths from Latest 6 Weeks Compared to Peak

Peak MMWR, 2020-18 & 19	651
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2023-Week 2 & 3	24
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2023-Week 4 & 5	14
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2023-Week 6 & 7	10
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Long-Term Care Deaths for Latest 6 Weeks Compared to Peak

Peak MMWR, 2020-18 & 19	340
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2023-Week 2 & 3	2
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2023-Week 4 & 5	0
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2023-Week 6 & 7	0
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TAKE ACTION IF YOU TEST POSITIVE FOR COVID-19



DAY 1-5

Stay home:

- Everyone - *regardless of vaccination status* - should stay home and away from others (isolate).

People at high risk for severe illness:
Talk to your doctor about treatment

DAY 6 OR LATER

End isolation:

- If you never had symptoms OR symptoms are improving and are fever-free for 24 hours.

DAY 6-10

Wear a mask:

- If you take 2 antigen tests 48 hours apart and both are negative, you may remove your mask sooner
- Avoid people at high risk of getting very sick



VAX & PAX lovid



If you're at high risk for severe illness, vaccines are your best protection against COVID-19. But if you do test positive, **TREATMENTS ARE AVAILABLE.**

PAXLOVID, for example, is an oral antiviral therapy for the treatment of mild to moderate COVID-19.



Individuals ages 12 and up who are at high risk of developing severe illness, are eligible.

Ask a healthcare provider if medications to treat COVID-19 are right for you.



Higher Updated Booster Coverage among Chicagoans than Nationwide Estimates. Over 579,000 doses have been administered to Chicagoans since authorization.

People with an Updated (Bivalent) Booster Dose	Percent of US Population	Percent of Chicago Population
Population ≥ 5 years	17.2%	22.6%
Population ≥ 12 years	18.5%	23.9%
Population ≥ 18 years	19.6%	24.8%
Population ≥ 65 years	41.4%	40.6%

National data as of 3/2/2023.
Chicago data reported to I-CARE as of 3/1/2023.



Continues to operate
**Saturday, Sunday and
Monday, 8am-6:30pm**

GET YOUR UPDATED

COVID BOOSTER & FLU SHOT AT HOME



In-home vaccination is available to all Chicago households at no cost. Up to 10 people can be vaccinated, so invite your family, friends, or neighbors to get vaccinated together.



TO REGISTER FOR AN APPOINTMENT
CALL **312.746.4835** OR VISIT OR **CHICAGO.GOV/ATHOME**

★ Vaccines for Children (VFC) Program

- VFC is a national program that offers vaccines at no cost for eligible children through doctors enrolled in the program
- CDPH works with hundreds of local providers to provide VFC vaccines every year
- Who is eligible?
 - Any child that is younger than 19 years of age and meets one of the following requirements:
 - Medicaid-eligible
 - Uninsured
 - American Indian or Alaska Native
 - Underinsured*

Vaccines for Children


Protecting America's children every day

The Vaccines for Children (VFC) program helps ensure that all children have a better chance of getting their recommended vaccines. VFC has helped prevent disease and save lives.

CDC estimates that vaccination of children born between 1994 and 2018 will:

- prevent **419 million** illnesses
(26.8 million hospitalizations) → more than the current population of the entire U.S.A.
- help avoid **936,000** deaths → greater than the population of Seattle, WA
- save nearly **\$1.9 trillion** in total societal costs
(that includes \$406 billion in direct costs) → more than \$5,000 for each American

Updated 2018 analysis using methods from "Benefits from Immunization during the Vaccines for Children Program Era—United States, 1994-2011"

 U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

www.cdc.gov/features/vfcprogram

NCHDg/12 | 6/26/18

★ As the Public Health Emergency Ends



VFA?

Vaccines For Adults (VFA)
Program



Need help and don't know where to turn?



211MetroChicago.org





Need a vaccine or a booster?
Have questions?

visit

CHI.GOV/COVIDVAX

or call

312-746-4835



★ Today's Guests:



WEST SIDE UNITED

Ayesha Jaco, Executive Director



Theodore Crawford,
Executive Director



WEST SIDE UNITED

Our Impact

Healthy Chicago Equity Zones: West Region

March 7, 2023

Our mission, vision, and goals are bold and forward-thinking

MISSION

To build **community health and economic wellness** on Chicago's West Side and build **healthy, vibrant neighborhoods**

VISION

To **improve neighborhood health by addressing inequities** in healthcare, education, economic vitality, and the physical environment using a cross-sector, place-based strategy
Partners will include other healthcare providers, education providers, the faith community, business, government, and residents that **work together to coordinate investments and share outcomes**

GOAL

To reduce the life expectancy gap between The Loop and West Side neighborhoods by **50%** by 2030



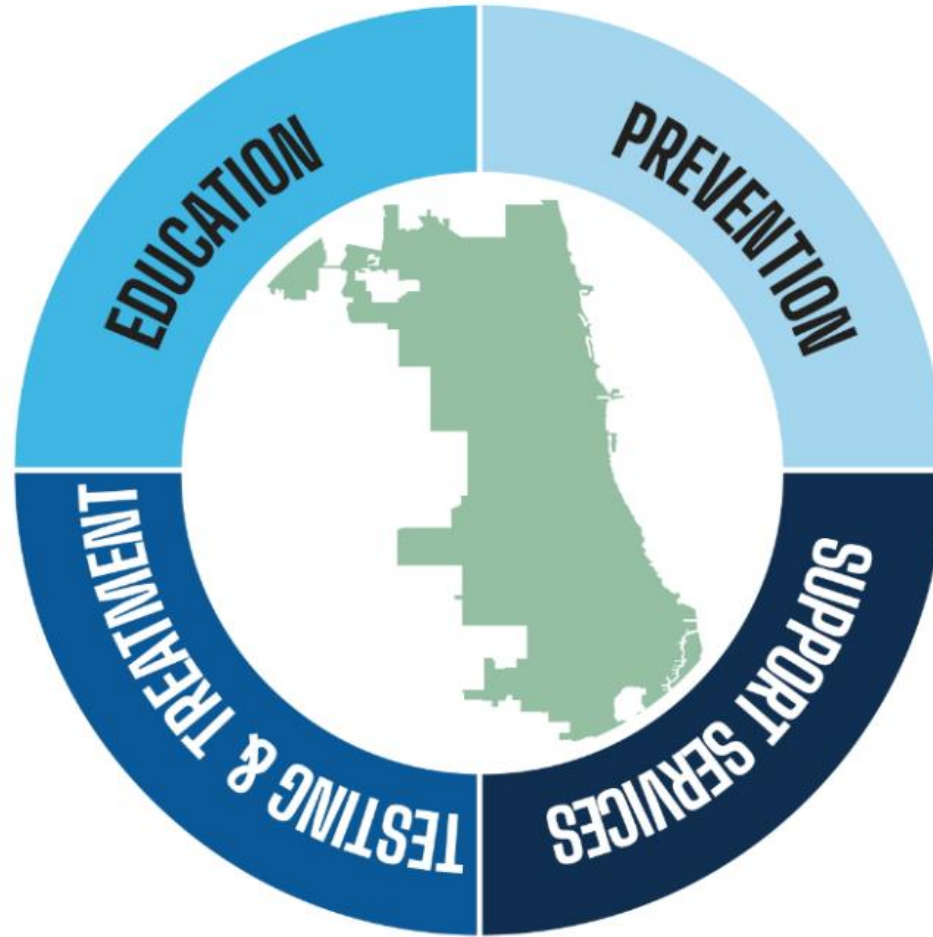
An ambitious, lofty, and aspirational goal is useful to mobilize around – but in this strategy, we need to be realistic about what our near-term goals are and what resources we can put against those goals

Six anchor hospitals founded West Side United to reduce the life-expectancy gap by 50% by 2030.



~6,000 Annual Hires*	
	~\$2.8 B in Supply /Service Expenses
43,800 Employees	
	\$5.4 B** in Employee Spending Potential
\$4 Billion in Salaries/Wages	
	2,190*** Hospital Beds
89,117*** Annual Admissions	
	7,125*** Hospital Births

RAPID RESPONSE FRAMEWORK



The West Region

9 Community Areas, 8 Community Leads



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COMMUNITY PARTNERS ENGAGED

**December 2021 – June
2022**

Vaccine Equity Phase

Main Goals

- Implement vaccine equity strategies in the West Region community areas with higher COVID-19 vulnerability

27,792

**RESIDENTS
ENGAGED**

4,436

**DOSES
GIVEN**

412

**OUTREACH
& VAX
EVENTS**

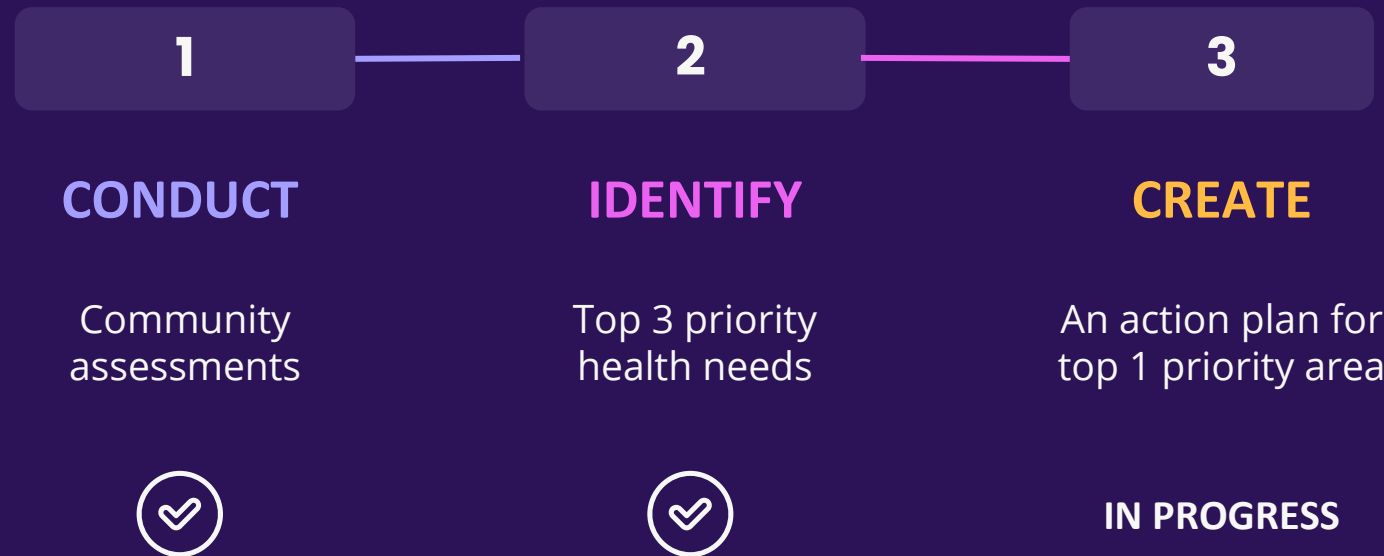
Our Impact

During this period, the vaccination rates increased by 8.5% on average in our region, higher than the City average of 6%.

**July 2022 – May
2023**
Health & Racial Equity Phase

Main Goals

- Identify top health/racial equity priorities for the region & each community area
- Develop full action plan for future implementation



July 2022 – May
2023
Health & Racial Equity Phase

Priority Indicators

Required metrics
Chicago Health Atlas

Quantitative



Additional Indicators

Supplemental metrics for
community-specific issues



Community Input Survey

Designed and disseminated
by the West Region

WEST SIDE UNITED



AHE Data

Survey & focus group data
collected by Alliance for
Health Equity

Qualitative



The Sankofa Wellness Village

Looking Back to Move
West Garfield Park
Forward

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garfield park rite to wellness collaborative

The Garfield Park Rite To Wellness Collaborative (GPRWC) is a group of residents, faith based and health care institutions, nonprofits and other partners that work and live in Garfield Park.

Our mission is to cultivate Black Culture Wellness by addressing the spiritual, socioeconomic, political and physical needs of Garfield Park through engaged and cooperative community participation.



OUR BOARD

- Bethel New Life
- Bobby E. Wright CBHC
- The Community Builders
- Garfield Park Community Council
- Habilitative Systems, Inc.
- The Institute for Nonviolence
- The Leaders Network
- MAAFA Redemption Project
- Nation Builders Construction Group
- New Mount Pilgrim Missionary Baptist Church
- Project Forward
- Rush University Medical Center
- United For A Better Living
- West Side United



GPRWC's Five (5) Focus Areas

- Quality of Life Plan
- Madison/Pulaski Corridor Plan
- Rite to Wellness Behavior Change Marketing Campaign
- Neighborhood Activation
- The Sankofa Wellness Village



THE CHALLENGE

Due to decades of community disinvestment, West Garfield Park residents have a life span that is 13 years shorter than people who live in Chicago's Loop.

LIFE EXPECTANCY BY NEIGHBORHOOD:





WEST GARFIELD PARK

Population

- 25% population decline since 2000
- 51% of households make less than \$25K per year (vs. City at 24%)
- 48% of children live in poverty

Housing

- Over 25% of the homes are vacant
- Less than 1% of housing was developed in the last 20 years
- Homeownership rate less than half of the region's
- 1/3 of the households do not have access to the internet

Healthcare

- 57% of residents have a primary care doctor, 16% lower than the Chicago average
- High rates of preventable hospitalizations, ED visits, and dental emergencies



THE SOLUTION

- Community-driven initiative led by the Garfield Park Rite to Wellness Collaborative.
- Vision to advance the economic, physical, psychological and spiritual health of West Garfield Park residents.
- Addressing the root causes of health disparities and the life expectancy gap.
- Utilizing the tenets of Sankofa: to move forward, we must first go back and recover the valuable things we lost.

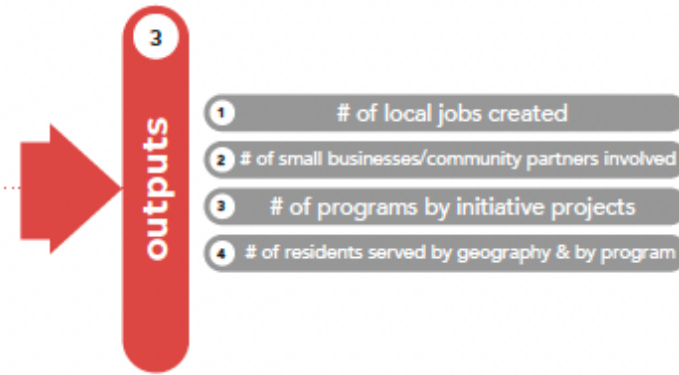
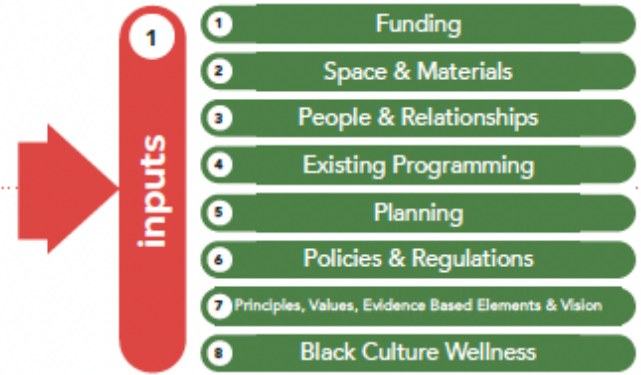
SANKOFA Wellness VILLAGE

- The Sankofa Wellness Center: a comprehensive health and wellness space with a full-service clinic, fitness center, gym, early childhood program, and credit union.
- The MAAFA Center for Arts & Activism (The MAC): an intergenerational community arts hub and the heart of the MAAFA Redemption Project
- The K Entrepreneurship Development Hub, a business incubator and real estate accelerator.
- The Community Grocer Initiative, a community-led effort to bring new grocers and healthy food to the community.

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Sankofa: Black Culture Wellness Theory of Change



LONG - TERM (8 - 10 YRS)

- Creation of a network of trusted community resources
- Established Sankofa Village as a "third place"
- Improved community pride and belongingness

MID - TERM (4 - 7 YRS)

- Strengthen community connectivity and networks
- Increased buy-in to SBCW values and principles
- Strengthen coordination among community providers and resources

SHORT TERM (1 - 3 YRS)

- Increased access to creative space
- Increased intergenerational engagement in community programming
- Increased community buy in and trust of Sankofa Village initiative

- Increased individual and community wealth
- Increased capital provision by businesses

- Increased access to greater amounts of capital
- Improved local hiring and workforce development aligned with SBCW
- Improved financial wellness

- Increased community-driven job creation and career pathways
- Increased access to financial services
- Increased access to capital and equitable real estate development

- Improved health outcomes
- Decreased food insecurity
- Decreased community violence

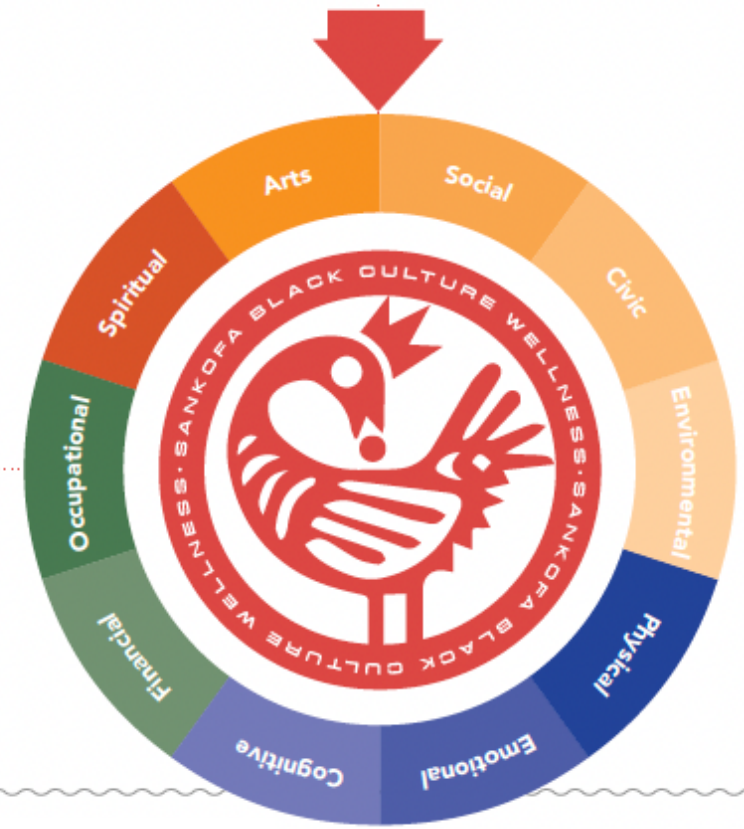
- Improved nutrition
- Improved preventive health behaviors and disease management
- Improved patient engagement and retention

- Increased access to health and wellness providers
- Increased access to healthy foods
- Increased motivation self-efficacy and resilience
- Increased access to clean, green and safe spaces

- 4 outcomes**
- 1 Spiritual
 - 2 Arts
 - 3 Social
 - 4 Civic
 - 5 Environmental

- 6 Occupational
- 7 Financial

- 8 Physical
- 9 Emotional
- 10 Cognitive



SANKOFA VILLAGE WELLNESS CENTER

- Holistic wellness & healthcare for all ages
- Early childhood & youth programming
- Recreation and fitness center
- Workforce development
- Credit Union

The logo for RUSH, featuring a green circular icon with a white cross-like symbol inside, followed by the word "RUSH" in a black, serif font.The logo for WEST SIDE UNITED, consisting of the words "WEST SIDE UNITED" in a blue, sans-serif font, with a horizontal grey bar underneath.The logo for erie Family Health Centers, with "erie" in a teal, lowercase sans-serif font and "Family Health Centers" in a smaller, purple, lowercase sans-serif font below it.The logo for the YMCA, featuring the word "the" in a blue, lowercase sans-serif font, followed by a large, stylized "Y" in blue and purple, with "YMCA" in a smaller, blue, uppercase sans-serif font below it.The logo for LEADERS NETWORK, with "LEADERS" in a large, black, uppercase sans-serif font and "NETWORK" in a smaller, black, uppercase sans-serif font below it, with a stylized black and white graphic above the text.

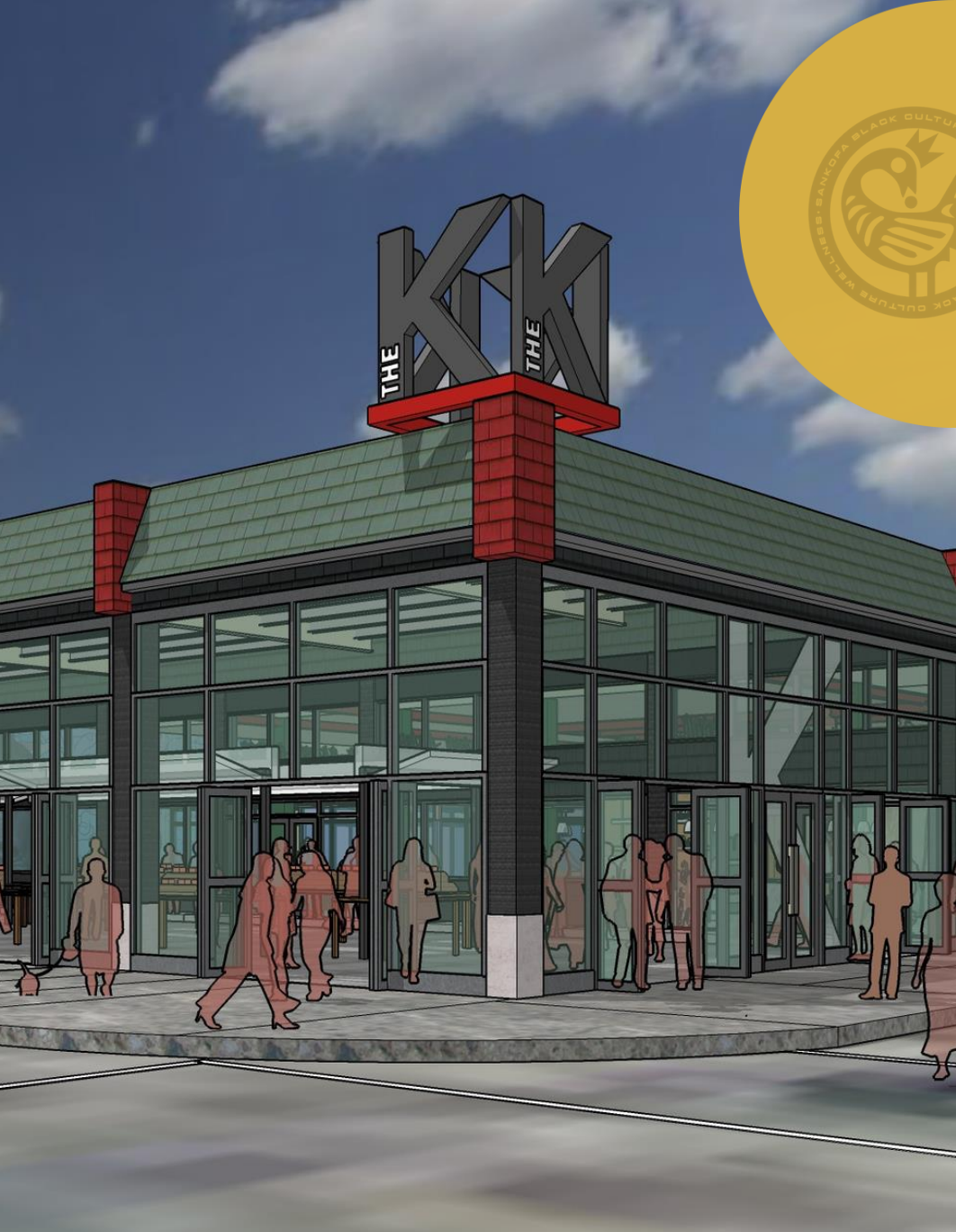


THE MAC

(MAAFA and New Mount Pilgrim Church)

- Headquarters for the MAAFA Redemption Project, a residential leadership and career development program for Black and Brown young men.
- A regional arts development and performance center.





The K

- Social innovation hub that supports the revitalization & financial well-being of West Garfield Park.
- Supports resident-owned businesses wanting to develop, own, and occupy real estate along the Madison-Pulaski Commercial Corridors.
- Connects community members with like-minded entrepreneurs and facilitating networking and skill-sharing.
- HR, legal, technology, and marketing support

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LEVEN FOOD
S - GROCERY - FRU



Community grocer initiative (CGI)



- Convening of a community advisory committee, representatives from Yellow Banana (Save-A-Lot), the City of Chicago's Department of Planning (former Aldi site), the Alderman's office, and pop-up grocery providers
- Identifies solutions to the affordable, high-value food and nutrition gap in West Garfield Park.

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RUSH

WEST SIDE UNITED



THE K

THE MAC

MADISON STREET

FORMER ALDI SITE

SANKOFA VILLAGE
WELLNESS CENTER

PULASKI ROAD

SAVE A LOT SITE



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MADISON STREET TODAY



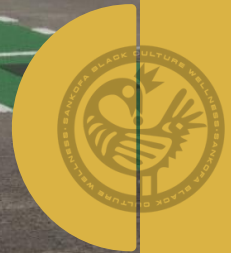
CREDIT UNIO

CAFE

RUSH

The K

2025 + BEYOND



Initiative timeline



Save-A-Lot ribbon cutting and grand re-opening
April 2023

Groundbreaking for Wellness Center
October 2023

Ribbon cutting and grand opening for the MAC
June 2024

Groundbreaking for MAC
May 2023

Soft opening for Phase 1 of The K
October 2023

Ribbon cutting and grand opening for the Sankofa Village Wellness Center
February 2025

the impact



Access to health + wellness providers, including substance use treatment



Parent engagement + connection to resources



Access to + engagement in community programming



Access to creative, nurturing, artistic, green, clean + safe spaces



Access to lending + capital



Access to kindergarten-readiness programs



Increased financial literacy



Increased digital literacy



1-3
years

the impact



Increase in culturally-competent care + respect from providers



Increased emphasis on whole-person life cycle



Provision of medical homes



Improved patient engagement + retention



Increased community safety



Improved financial wellness



Decreased predatory lending



Increased credit scores



Improved local hiring + workforce development aligned with Sankofa



Increased kindergarten-readiness

3-7 years



the impact



Improved health outcomes



Decreased community violence



Reduction in emergency urgent care



Financial wealth for legacy and new residents



Increased employment rates



Residents earning family-sustaining wages



Decrease in adverse childhood experiences



Decreased incarceration + recidivism



Increased community ownership



Increased graduation rates



Network of trusted community resources



Serve as a scalable model



and
beyond

Questions?



[Chicago.gov/Health](https://www.chicago.gov/Health)



HealthyChicago@cityofchicago.org



[@ChicagoPublicHealth](https://www.facebook.com/ChicagoPublicHealth)



[@ChiPublicHealth](https://twitter.com/ChiPublicHealth)