



PUBLIC SERVICE PHONE NUMBERS

Call 911 for emergency services

Call 311 for non-emergency services

CHILDREN AND YOUTH SERVICES

FOOD ASSISTANCE

**My CHI. My Future.**

<https://explore.mychimymyfuture.org/>

My CHI. My Future. is a citywide initiative to connect every young person in the city to meaningful out-of-school opportunities. Explore the website and download the mobile app for more information.

**Healthy CPS Hotline**

773-553-5437

The Children and Family Benefits Unit (CFBU) provides families with social services support, including Medicaid and SNAP enrollment. CFBU can connect you to free and low-cost food, healthcare, and emergency resources to keep your family healthy and safe.

**Greater Chicago Food Depository Benefits Hotline**

773-843-5416

The Greater Chicago Food Depository benefits hotline helps people access SNAP, Medicaid, & other benefits programs.

**St. Thomas of Canterbury**

773-878-5507 | 4827 N. Kenmore Ave

Offers food pantry services on Monday and Thursday from 9:00 to 11:30 AM and 1:00 to 3:30 PM. Also operate a soup kitchen on Tuesday and Friday from 5:30 to 6:30 PM.

COMMUNITY SERVICE CENTERS

HEALTH AND WELLNESS

**North Area Community Service Center**

312-744-2580 | 845 W. Wilson Ave.

Community Service Centers help individuals and families in need access a wide range of resources from shelter, food and clothing to domestic violence assistance, job training/placement & services for the formerly incarcerated.

**Heartland Alliance – Uptown Health Center**

773-274-2586 | 1015 W. Lawrence Ave

Heartland Alliance Health Centers have 3 locations in Chicago that provide primary health care and supportive services for people experiencing homelessness.

**Planned Parenthood – Rogers Park Center**

773-942-7193 | 5725 N. Broadway

Planned Parenthood is one of the nation’s leading providers of high-quality, affordable health care.

DOMESTIC VIOLENCE SUPPORT

HOUSING AND SHELTERS

**Illinois Domestic Violence Hotline**

1-877-863-6338

24-hour, toll-free hotline that provides confidential connection to domestic violence and community-based services. Bilingual and bi-cultural Spanish speaking support, as well 240 other languages, is available.

*If you’re experiencing homelessness, you should call 311*

**Cornerstone Community Outreach**

773-271-8163 | 4628 N. Clifton Ave.

Cornerstone Community Outreach (CCO) is a Chicago homeless shelter and non-profit 501-c3 organization. We have a longstanding commitment to providing shelter and finding homes for Chicago families and individuals who are experiencing homelessness.

**Broadway Youth Center**

773-388-1600 | 1023 W. Irving Park Rd.

The Broadway Youth Center provides healthcare and social services to youth ages 12-24 who are LGBTQ+, underserved, and/or experiencing homelessness. For more information on youth shelters and services, visit <https://www.streetlightchicago.org>

## JOB TRAINING

### **The Chicago Cook Workforce Partnership**

800-720-2515

The Partnership operates the largest publicly-funded workforce development system in the nation, serving Chicago and Cook County. Through a network of more than 90 agencies, The Partnership helps people find the training and career opportunities they seek. All services are free.

### **JVS Career and Employment – Uptown**

855-275-5237 | 909 W. Wilson Ave

Offers assessment and advising, education and training, counseling, coaching, job placement, and retention assistance to individuals facing unemployment or underemployment.

## MENTAL HEALTH

***If you're experiencing a mental health crisis, call 988***

### **988**

988 is the new national hotline staffed 24/7 for individuals experiencing mental health distress. Phone and text support is available.

### **Thresholds**

773-572-5500 | [intake@thresholds.org](mailto:intake@thresholds.org)

Thresholds provides a comprehensive array of clinical services and supports for people with mental illness. Thresholds serves all clients regardless of ability to pay. If you or a loved one is in need of more information about Threshold's services, please contact their central intake line.

## SENIOR SERVICES

### **Chicago Senior Services Hotline**

213-744-4016

By placing a call to the Senior Services Hotline, an older person or caregiver can receive information about all of the support services offered by the Chicago Department of Family and Support Services.

### **Northeast (Levy) Senior Center**

312-744-0784 | 2019 West Lawrence Ave.

DFSS Satellite Senior Centers serve as community focal points that connect seniors to social, recreational, economic, and educational resources that enhance the quality of their lives..

## OTHER COMMUNITY RESOURCES

### **Bezazian Chicago Public Library**

312-744-0019 | 1226 W. Ainslie St.

### **20<sup>th</sup> District Police Station – Lincoln**

312-742-8803 | 5400 North Lincoln Ave