



Ask Dr. Arwady

July 12, 2022



- In 2020, the U.S. had one death by suicide every 11 minutes

NATIONWIDE NUMBER launching for mental health crises

On **July 16, 2022 (THIS Saturday)** the State of Illinois is activating 988, *strengthening and expanding the existing National Suicide Prevention Lifeline*--where compassionate, accessible care and support are available for anyone experiencing mental health--related distress.

- 988 is the new three-digit number for calls, available in multiple languages.
- People can dial 988 if they are having thoughts of suicide, mental health or substance use crises, or any other kind of emotional distress.
- People can also dial 988 if they are worried about a loved one who may need crisis support.
- This will continue to grow and evolve over the next few years.



ABORTION RESOURCES IN CHICAGO



Abortion is STILL legal in Illinois.

We are committed to providing support for anyone in or out of Chicago who may need access to safe abortion care and resources.

CHICAGO.GOV/ABORTIONCARE

While the overall risk of MPV remains low, see a healthcare provider if you develop symptoms



- As of 7/11, a total of **105** Chicagoans have been diagnosed with monkeypox virus (MPV)
 - Most, but not all, have been in gay, bisexual, or men who have sex with men (MSM)
 - Spread occurs through tight-knit social networks

If you have a new or unexplained rash:

- Visit a healthcare provider or call 312-746-4835 to get connected to care
- Remind your provider that MPV is in the community
- Avoid sex or being intimate with anyone until you've been checked out



★ MPV doesn't spread easily without close contact

- Viral infection
- Symptoms typically include flu-like illness and a rash that can look like pimples or blisters; some people only have a rash
- Spread can occur from person to person by:
 - Skin-to-skin contact with a rash, sores, or body fluids
 - Respiratory secretions during *prolonged* face-to-face or intimate contact, such as kissing, cuddling, or sex
 - Touching items such as clothing or linens that previously touched a rash or body fluids
- Anyone can be infected with MPV

★ We have effective **treatment** and **vaccines** against MPV

- FDA-approved antiviral medication (tecovirimat - TPOXX)
 - recommended for people who are more likely to get severely ill
- Effective vaccines against MPV to protect individuals who:
 - have been exposed to someone with MPV, OR
 - are likely to be exposed to MPV



hhs.gov

HHS Orders 2.5 Million More Doses of JYNNEOS V...
HHS today ordered an additional 2.5 million doses of Bavarian Nordic's JYNNEOS.

★ In Chicago we :

- Facilitate **testing** to identify those with MPV and provide treatment when needed
- Identify close or intimate **contacts** for monitoring and vaccination when indicated
- Engage with community and summer **event organizers** to share information about staying healthy while celebrating.
- Deliver **vaccines** directly to high-risk communities
 - **Vaccination is not currently recommended for the general public**



GET THE FACTS ON
MONKEYPOX, STIs, HIV,
& STAY HEALTHY.



chicago.gov/STI-HIV

HIVhub.org ■ 844.482.4040

findahealthcenter.hrsa.gov



Get vaccinated for MPV in Chicago, if you either:



1

Had close physical contact with someone or an intimate partner who was diagnosed with MPV

OR

2

Are a gay, bisexual or other (cis or trans) man who has sex with men

AND

Has intimate or sexual contact with other men in a social or sexual venue

OR

Has intimate or sexual contact with multiple or anonymous partners

OR

Has given or received money or other goods/services in exchange for sex

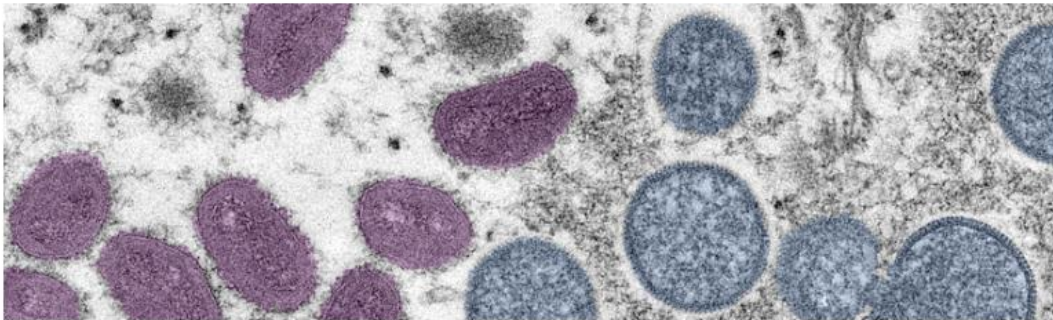
*At this time, MPV vaccine is **not** recommended for the general public (including men who have sex with men, without other risk factors). As vaccine supply increases, guidance may evolve.*



Public Health

Healthy Chicago

Get the Facts: Monkeypox



[Chicago.gov/monkeypox](https://chicago.gov/monkeypox)

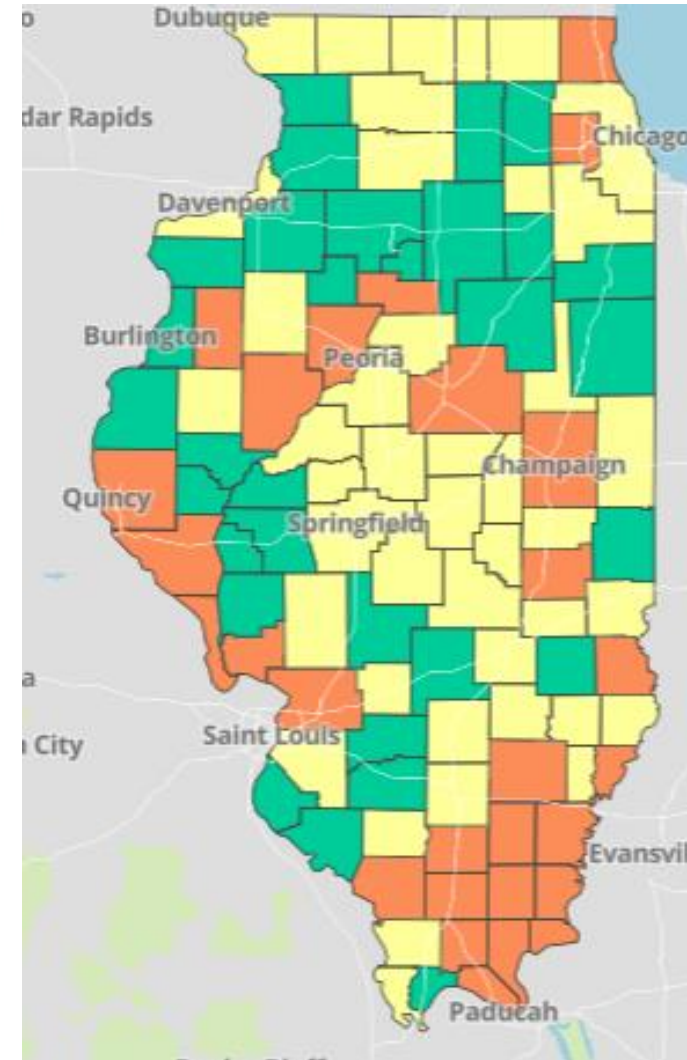
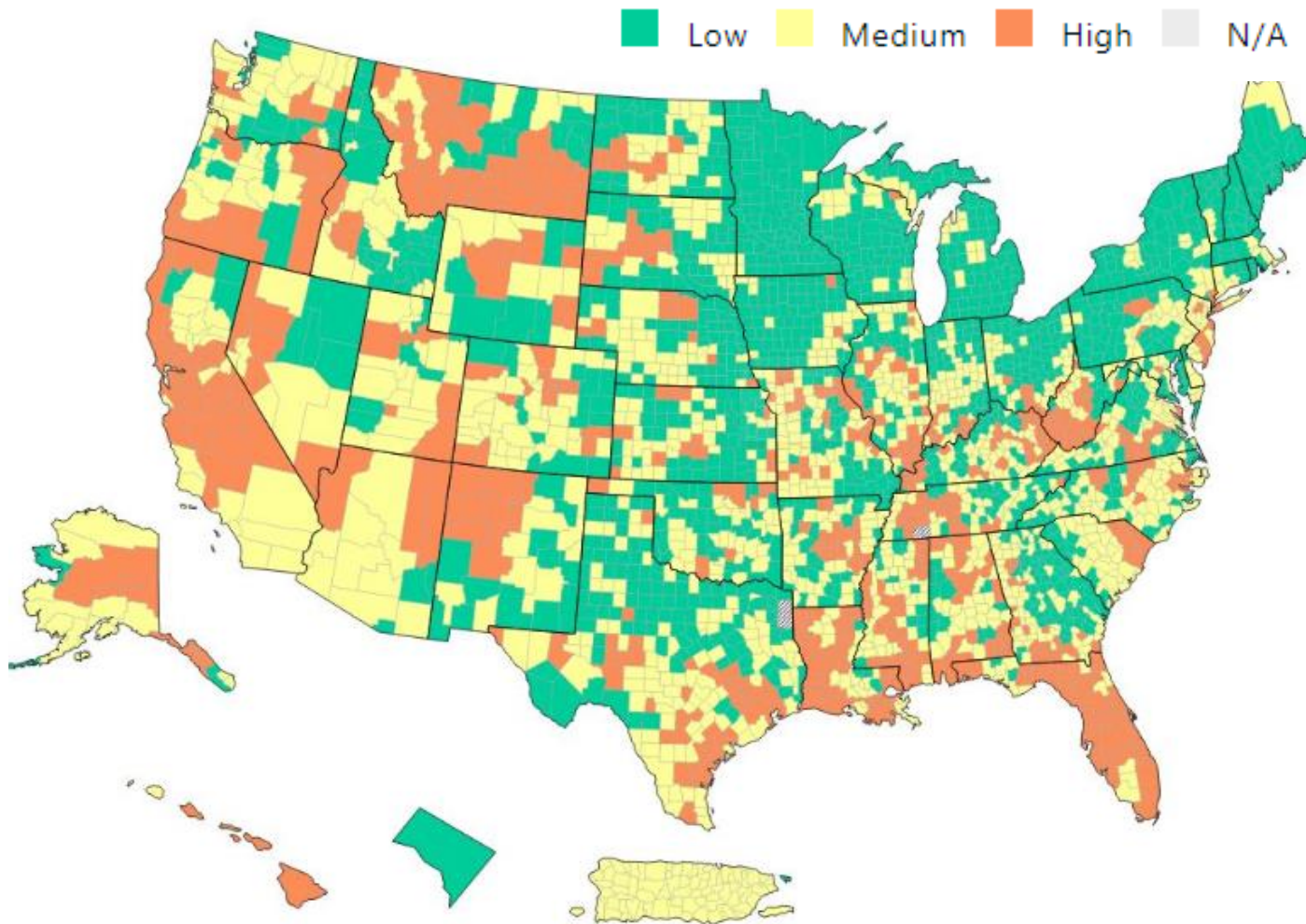
STAY COOL, STAY HEALTHY, KEEP YOUR COMMUNITY SAFE



WHAT IS MONKEYPOX?	Monkeypox (MPV) is a viral infection, with symptoms like a painful and uncomfortable rash or sores, often accompanied with a flu-like illness.
HOW IS MPV SPREAD?	Through close contact, including kissing, sex or other skin-to-skin contact with someone who has the MPV virus.
WHAT ARE THE SYMPTOMS?	A rash or sores may appear anywhere on the body, including genitals. Sores may look like pimples or blisters. Flu-like symptoms, such as fever, chills, headaches or muscle aches, may occur before a rash or sores.
WHO IS AT RISK?	Anyone can get MPV. But according to early data, gay, bisexual and other men who have sex with men (MSM) have made up a high number of cases.
WHAT SHOULD I DO?	<ul style="list-style-type: none">• If you or your sex partners feel sick or have a rash or sores, do not have sex or other close physical contact (such as kissing, cuddling, massaging and touching), and do not kiss or touch each other's bodies while you are sick.• Do not share things like towels, fetish gear, sex toys, and toothbrushes.• Wash your hands, fetish gear, sex toys and any fabrics (bedding, towels, clothing) after having sex.• Call your health care provider right away if you have symptoms. If you don't have a doctor or insurance, call the HIV/STI Resource Hub at 1-844-482-4040 - hivhub.org or go to FindaHealthCenter.hrsa.gov to get free or low-cost health care.

English and Spanish

This week, 59% of U.S. Counties report High or Medium COVID Community Level. Cook County moved back to Medium level as of 7/7 CDC update.





Our local risk based on CDC COVID-19 Community Levels is:

Medium

	New cases per 100,000 population (last 7 days) [Goal is <200]	New admissions per 100,000 population (last 7 days) [Goal is <10]	Percent of staffed inpatient beds occupied by COVID-19 patients (last 7 days) [Goal is <10%]
City of Chicago	195	4.5	3.7%
Cook County (including City of Chicago)	193	11.4	3.9%

*Chicago metrics are calculated based on Chicago-level data.
Cook County metrics are calculated by the CDC and posted on the [CDC Community Levels website](#).
Data current as of 7/8/2022.*





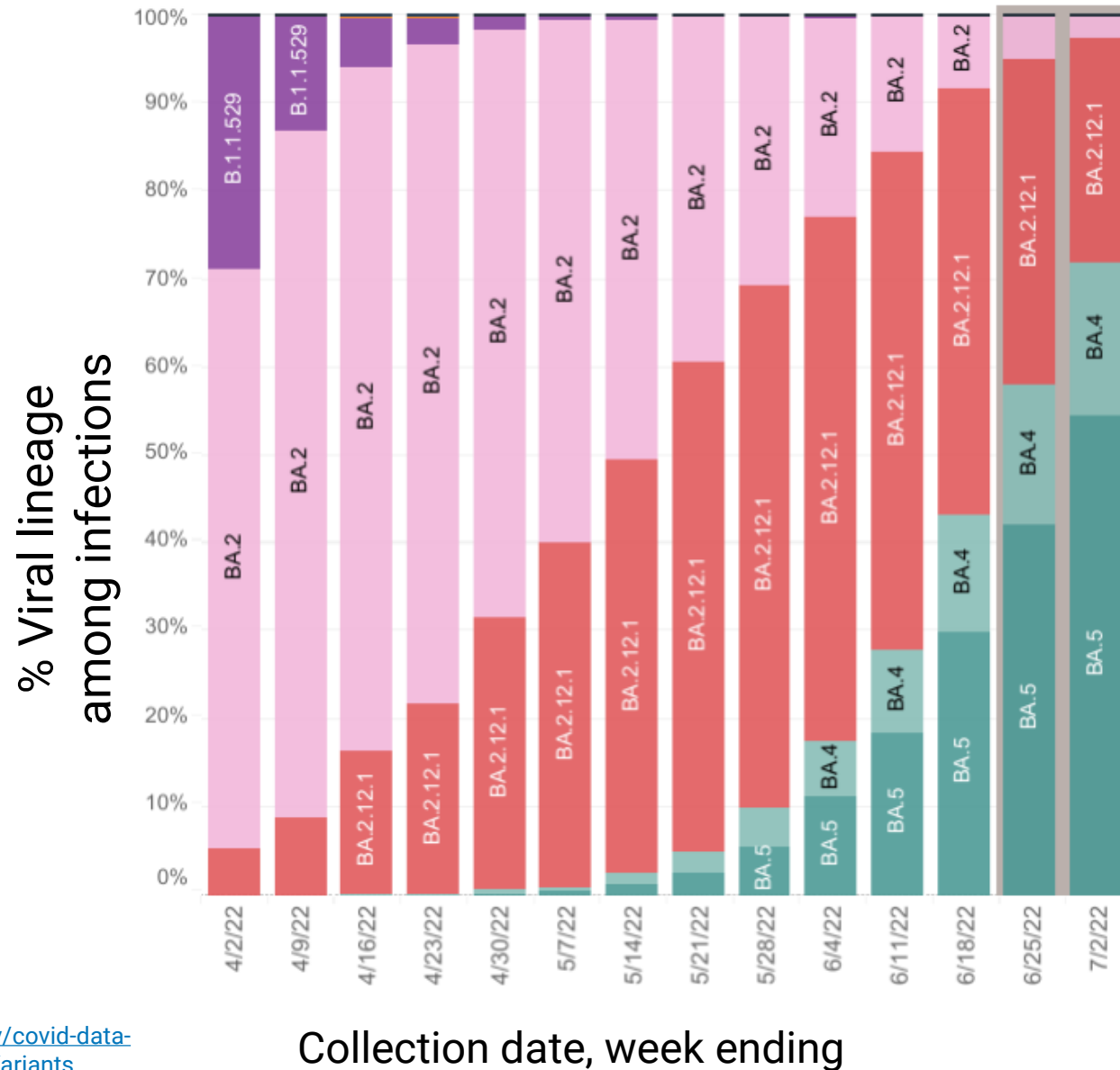
MEDIUM

In “Medium” risk, the Chicago Department of Public Health recommends individuals:

- Stay up to date* with **COVID-19 vaccines**
- Wear a face mask in indoor public settings where vaccine status is not known
- Get **tested** if you have symptoms
- Follow all isolation and quarantine guidance, including wearing a face mask
- If you are at high risk for severe illness, talk to your healthcare provider about whether you need to wear a mask and take other precautions

Variant Surveillance, Midwest Region

Continued evolution of more infectious Omicron subvariants; increased BA4/5



***It's ALL OMICRON
(and now mostly BA4/5)***

BA.2 (2.6%)

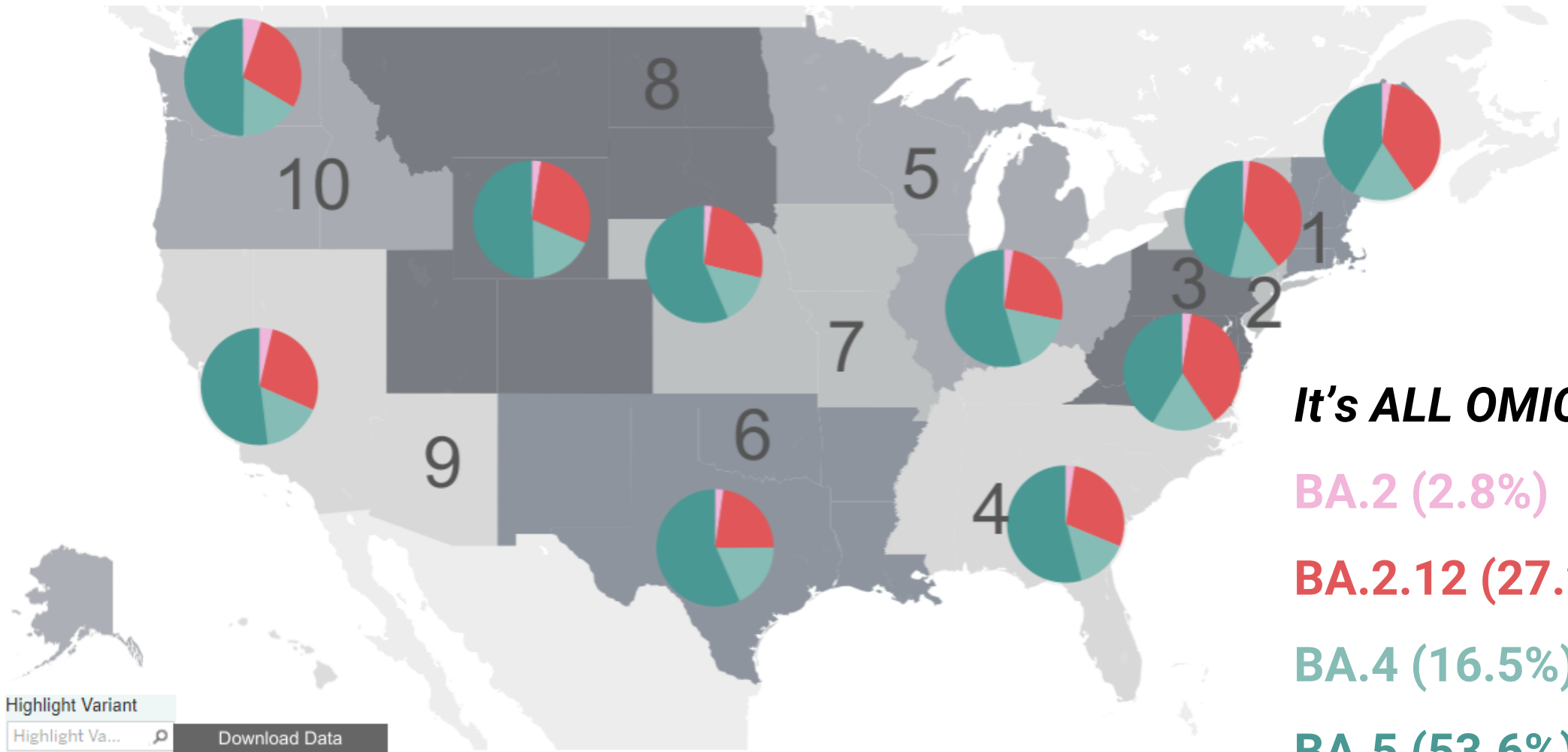
BA.2.12.1 (25.7%)

BA.4 (17.3%)

BA.5 (54.5%)

SARS-CoV-2 Variant Surveillance, United States

United States: 6/26/2022 – 7/2/2022 NOWCAST



It's ALL OMICRON

BA.2 (2.8%)

BA.2.12 (27.2%)

BA.4 (16.5%)

BA.5 (53.6%)



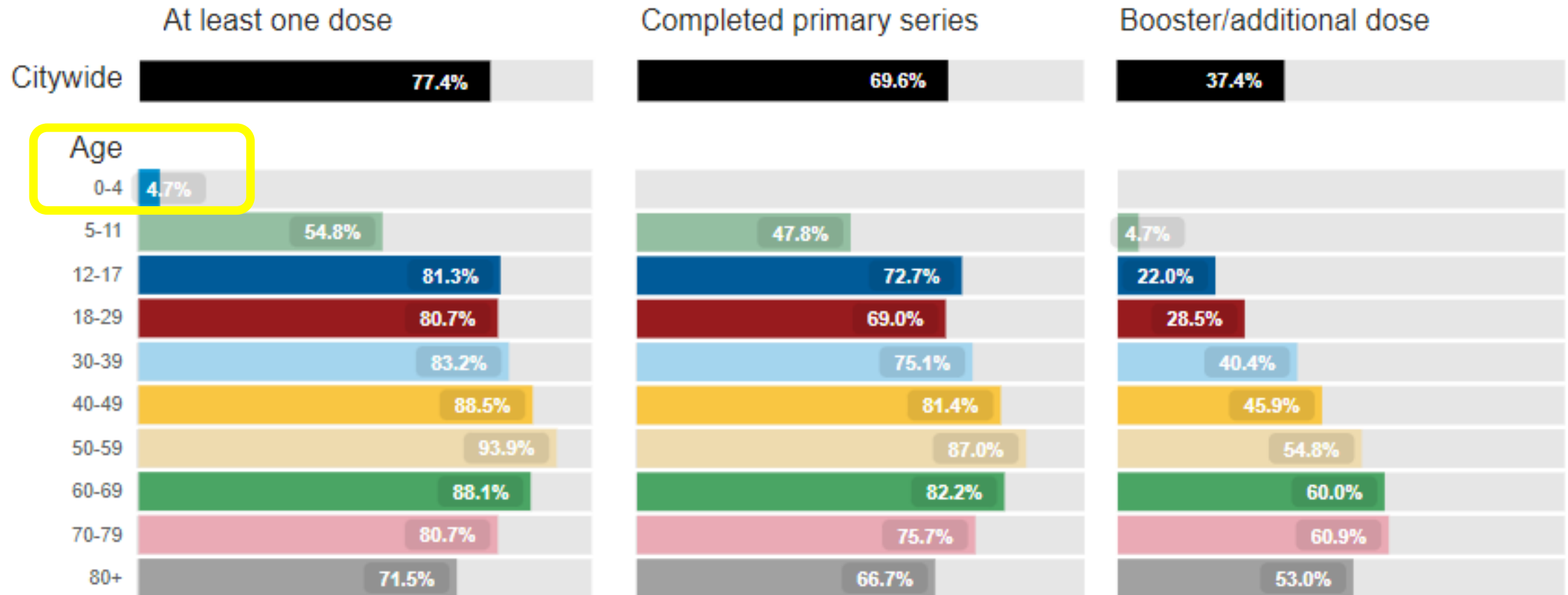
**5 MILLION DOSES OF THE COVID-19 VACCINE
HAVE BEEN GIVEN TO CHICAGOANS**
AS OF JULY 1ST!



GET YOUR FAMILY 6 MONTHS+ VAXED & BOOSTED
[CHI.GOV/COVIDVAX](https://chi.gov/covidvax)

Chicago: COVID-19 Vaccine Coverage

4.7% (roughly 7,700) of Chicagoans under 5 have received one dose of COVID vaccine. National estimates are below 2%



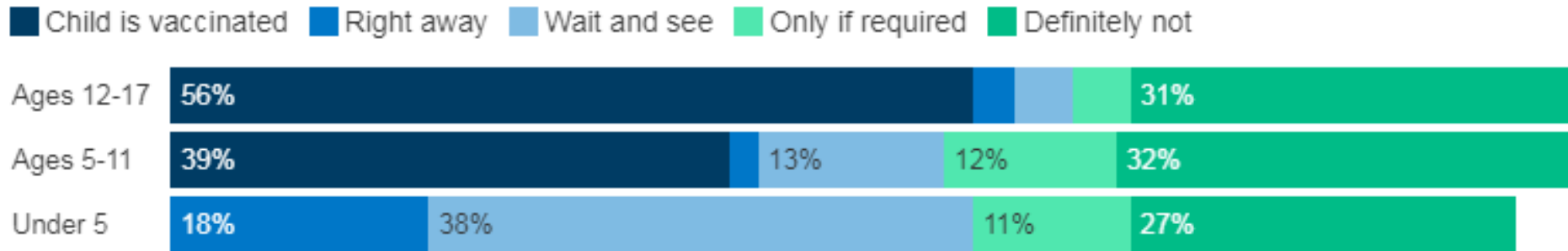


A slow uptake is not a surprise. In an April national survey, only 18% of parents of children under 5 planned to vaccinate their young child right away.

Figure 1

One In Five Parents Of Children Under 5 Want To Vaccinate Their Child For COVID-19 Right Away When Authorized, But Four In Ten Want To Wait And See

Thinking about your child between the ages of...have they received at least one dose of a COVID-19 vaccine, or not? If not, do you think you will get them vaccinated...?



NOTE: Asked of parents or guardians of children under 18. For parents of children under 5, question was worded "Thinking about your child under the age of 5, once there is a COVID-19 vaccine authorized and available for your child's age group, do you think you will...?" See topline for full question wording.

SOURCE: KFF COVID-19 Vaccine Monitor (April 13-26, 2022) • PNG

KFF COVID-19
Vaccine Monitor



Did you get vaccinated for COVID-19 in 2021, but **haven't gotten a booster yet?**



IT'S TIME!



Everyone 5 or over should have a vaccine booster at least **5 MONTHS** after completing their initial vaccine series.

Individuals ages 5-17 should receive a Pfizer booster. For individuals 18+, Pfizer and Moderna are preferred over J&J for booster doses.



WHEN SHOULD I GET MY **FIRST BOOSTER DOSE?**

FDA and CDC
authorized
boosters for 5-
11y/o

- Anyone **5y+** should get boosted:
 - 5 months after your initial Pfizer (12+) or Moderna (18+) series
 - 2 months after your initial J&J (18+) vaccination

WHEN SHOULD I GET MY **SECOND BOOSTER DOSE?**

- The following groups **should get a second mRNA booster** 4 months after their first booster dose:
 - Any adult 50+
 - Individuals 12+ who are moderately or severely immunocompromised

FAMILY COVID VACCINE CLINICS

ADULT / PEDIATRIC VACCINE DOSES & BOOSTERS AVAILABLE

SATURDAYS • 9AM - 2PM

KENNEDY-KING COLLEGE

6301 S Halsted St

June 25 / July 23 / August 20

WILBUR WRIGHT COLLEGE

4300 N Narragansett Ave

July 2 / July 30 / August 27

RICHARD J. DALEY COLLEGE

7500 S Pulaski Rd

July 2 / July 30 / August 27

TRUMAN COLLEGE

1145 W. Wilson Ave

July 9 / August 6 / September 3

MALCOLM X COLLEGE

1900 W Jackson Blvd

July 9 / August 6 / September 3

**Open to all Chicagoans 6M+. Registration recommended.
Walk-ins accommodated as space allows.**

Pfizer and Moderna vaccines offered for children age 6 months through 4 years,



REGISTER: CHICAGO.GOV/UNDER5VAX
(312) 746-4835



Second round of
**FREE Saturday
Family Vaccine
Clinics starts July
23 at Kennedy
King.**

Clinics run
Saturdays through
September 3.

GET VAXXED AT HOME!

- Anyone age 6 months and older can get a COVID-19 vaccine at home Moderna (age 6 months through 5 years) and Pfizer (age 6 months and older) will be offered. Those eligible for a booster can also request a booster dose of Pfizer vaccine.
- Up to 10 people can get vaccinated at the same time
- Appointments: Saturday-Tuesday, 8:00 am to 6:30 pm



Kids under 5 eligible for vaccine through the At Home program!

Through July 31, 2022

Chicago residents of certain zip codes are eligible to receive a **\$50 gift card** for each dose of primary vaccine administered. *(1st and 2nd dose only for ages 5+)*

ELIGIBLE CHICAGO ZIP CODES

60608, 60612, 60617, 60619, 60620, 60621, 60624, 60628, 60633, 60636, 60637, 60644, 60649, 60651, 60653, 60707, 60827

FOR APPOINTMENTS: [CHICAGO.GOV/ATHOME](https://chicago.gov/athome) • 312-746-4835



Coronavirus (COVID-19) Update: FDA Authorizes Pharmacists to Prescribe Paxlovid with Certain Limitations

New Prescribing Authority Could Improve Access for Some Patients at High Risk for Severe COVID-19

- Paxlovid authorized for treatment of mild-to-moderate COVID in adults and older pediatric patients (12y and older and at least 40kg/88lb) who are at **high risk for progression to severe COVID**.
- Must be taken **within 5 days** after symptoms begin.
- **No requirement to repeat positive result** from home test.

Limitations:

Pharmacist needs to be able to **assess for liver or kidney problems**. (Patients can bring blood test results from the last year electronically or on paper, or pharmacist can check with provider.)

Pharmacist needs to be able to **assess for drug-drug interactions**. (Patients can bring list of meds or access.)

Need a vaccine or a booster? Have questions?

visit **CHI.GOV/COVIDVAX**

or call **312-746-4835**



**PROTECT
CHICAGO** *