



PUBLIC SERVICE PHONE NUMBERS

Call 911 for emergency services

Call 311 for non-emergency services

CHILDREN AND YOUTH SERVICES

FOOD ASSISTANCE

My CHI. My Future.

<https://explore.mychimymyfuture.org/>

My CHI. My Future. is a citywide initiative to connect every young person in the city to meaningful out-of-school opportunities. Explore the website and download the mobile app for more information.

Healthy CPS Hotline

773-553-5437

The Children and Family Benefits Unit (CFBU) provides families with social services support, including Medicaid and SNAP enrollment. CFBU can connect you to free and low-cost food, healthcare, and emergency resources to keep your family healthy and safe.

Greater Chicago Food Depository Benefits Hotline

773-843-5416

The Greater Chicago Food Depository benefits hotline helps people access SNAP, Medicaid, & other benefits programs.

Casa Catalina

773-376-9425 | 4537 S Ashland Ave

Casa Catalina, a Catholic Charities basic needs center and food pantry, is open Monday through Friday: from 9:30 AM to 11:30 AM and from 1:30PM to 3:00PM.

COMMUNITY SERVICE CENTERS

HEALTH AND WELLNESS

Dr. Martin Luther King Jr. Community Service Center

312-747-2300 | 4314 South Cottage Grove

Community Service Centers help individuals and families in need access a wide range of resources from shelter, food and clothing to domestic violence assistance, job training/placement & services for the formerly incarcerated.

Heartland Alliance Health Center- Englewood

773-275-2586 | 5501 S Halsted St

Heartland Alliance Health Centers have 3 locations in Chicago that provide primary health care and supportive services for people experiencing homelessness.

Planned Parenthood – Englewood

773-434-3700 | 6059 S. Ashland

Planned Parenthood is one of the nation’s leading providers of high-quality, affordable health care.

DOMESTIC VIOLENCE SUPPORT

HOUSING AND SHELTERS

Illinois Domestic Violence Hotline

1-877-863-6338

24-hour, toll-free hotline that provides confidential connection to domestic violence and community-based services. Bilingual and bi-cultural Spanish speaking support, as well 240 other languages, is available.

If you’re experiencing homelessness, you should call 311

La Casa Norte – Casa Corazon South Youth Drop-In Center

773-246-4900 | 1736 W. 47th St.

La Casa Norte provides youth and families confronting homelessness with access to housing and comprehensive support services. For more information on youth shelters and services, visit <https://www.streetlightchicago.org>

JOB TRAINING

The Chicago Cook Workforce Partnership

800-720-2515

The Partnership operates the largest publicly-funded workforce development system in the nation, serving Chicago and Cook County. Through a network of more than 90 agencies, The Partnership helps people find the training and career opportunities they seek. All services are free.

Precious Blood Ministry of Reconciliation

773-952-6643 | 5114 S. Elizabeth St.

Pair job readiness programs and jobs with social enterprises with trauma-informed practices and mentoring to teach transferable skills that can be utilized to succeed on the job.

MENTAL HEALTH

If you're experiencing a mental health crisis, call 988

988

988 is the new national hotline staffed 24/7 for individuals experiencing mental health distress. Phone and text support is available.

Thresholds

773-572-5500 | intake@thresholds.org

Thresholds provides a comprehensive array of clinical services and supports for people with mental illness. Thresholds serves all clients regardless of ability to pay. If you or a loved one is in need of more information about Threshold's services, please contact their central intake line.

SENIOR SERVICES

Chicago Senior Services Hotline

213-744-4016

By placing a call to the Senior Services Hotline, an older person or caregiver can receive information about all of the support services offered by the Chicago Department of Family and Support Services.

Pilsen Satellite Senior Center

312-743-0493 | 2021 South Morgan

DFSS Satellite Senior Centers serve as community focal points that connect seniors to social, recreational, economic, and educational resources that enhance the quality of their lives.

OTHER COMMUNITY RESOURCES

Back of the Yards Branch- Chicago Public Library

312-747-9595 | 2111 W 47th St

9th District Police Station – Deering

312-747-8227 | 3120 S. Halsted St.